

# COUNSELING POSTERS

Beautiful + Functional  
Office Decor

**YOU CAN BE...**



Cooperative  
Kind Honest Hard-Working  
TRUE TO YOURSELF FUNNY  
ENCOURAGING PATIENT CARING  
GREAT FRIEND RESPONSIBLE  
Drama-free PEACEFUL Athletic  
Brave HELPFUL Organized  
POSITIVE Outgoing GRATEFUL

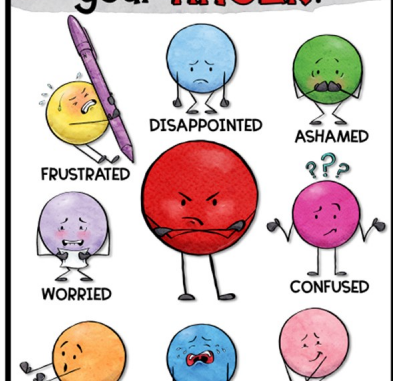
**T** Is it **TRUE**?

**H** Is it **HELPFUL**?

**I** Is it **INSPIRING**?


**Before You Speak**

What's **hiding** under your **ANGER**?



FRUSTRATED DISAPPOINTED ASHAMED  
WORRIED CONFUSED

**Group Expectations**



Think before you speak. Be kind.

Only one person talks at a time. Listen to them!

Try your best.

Keep your hands and feet to yourself.

Have fun!

Tell Them to Stop

Make a Deal

Share and Take Turns

Talk it Out

Go to Another Place

Ignore

Wait and Cool Off

Walk Away

I'm sorry

**You can be a PROBLEM SOLVER!**

**What you say in here is private.**

I won't tell anyone what you say **UNLESS**:

- A kid is in **DANGER**.
- You give me permission.





**What you say in here is private.**

I won't tell anyone what you say UNLESS:

- A kid is in danger.
- You give me permission.

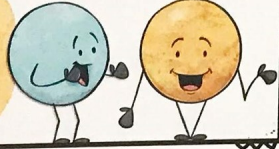


©The Responsive Counselor

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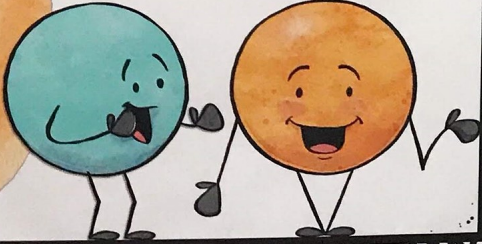


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©The Responsive Counselor

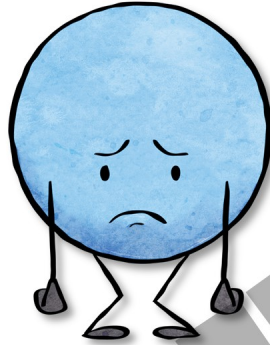
All posters included as 8.5"x11", 8.5"x14", and 18"x24"



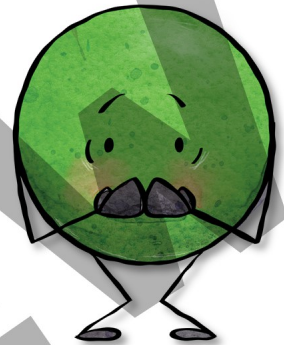
# What's hiding under your **ANGER**?



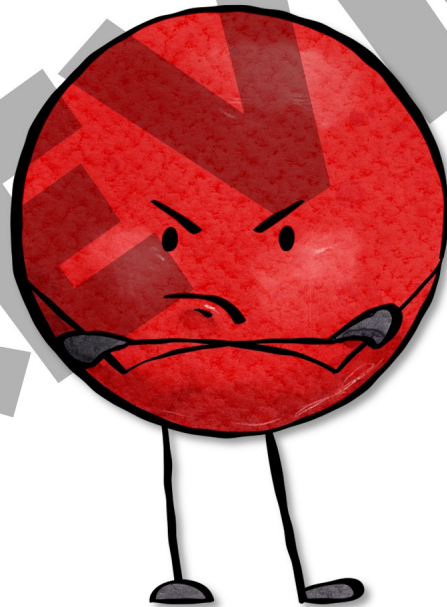
**FRUSTRATED**



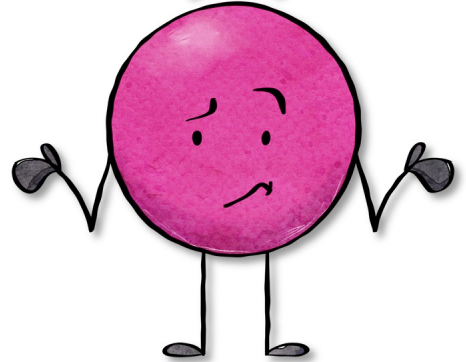
**DISAPPOINTED**



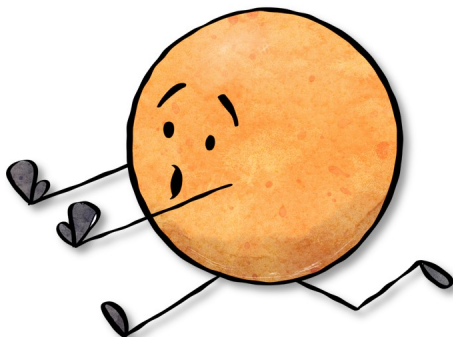
**ASHAMED**



**WORRIED**



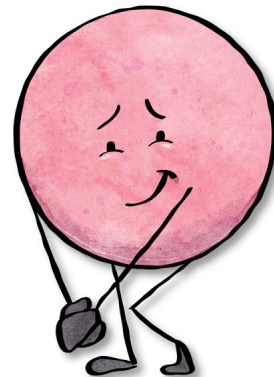
**CONFUSED**



**SCARED**



**SAD/HURT**



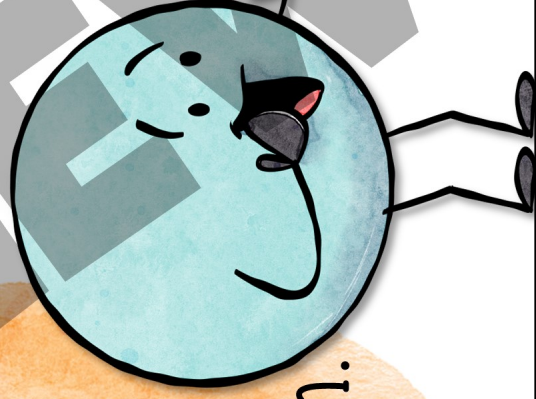
**EMBARRASSED**



# What you say in here is private.

I won't tell anyone  
what you say UNLESS:

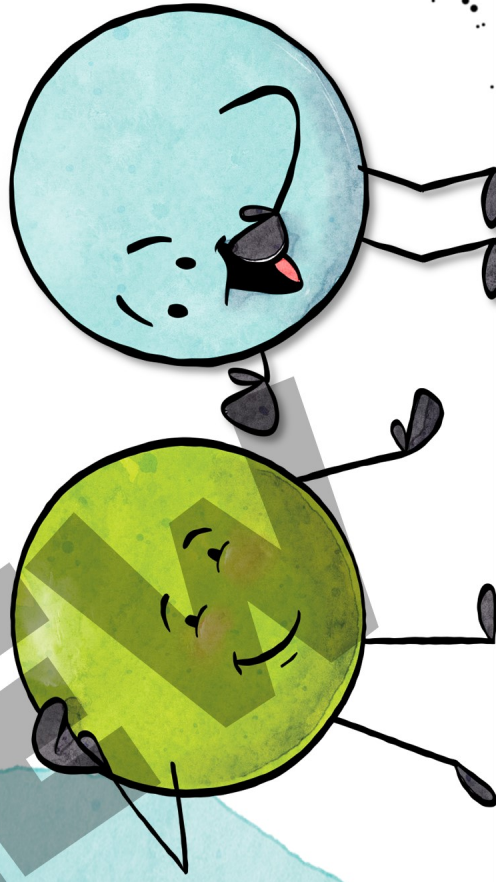
- A kid is in danger.
- You give me permission.





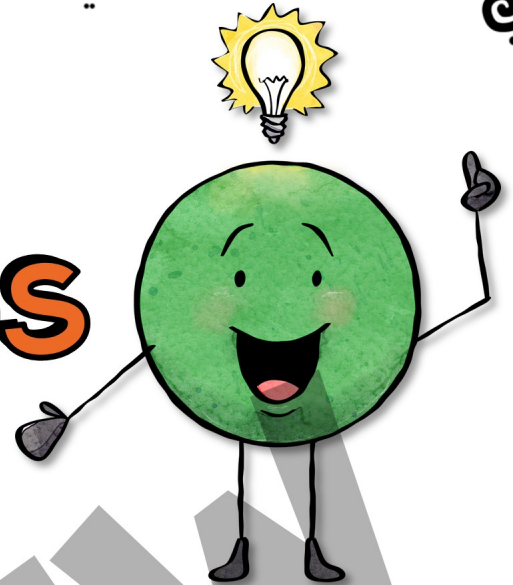
# What you say in here is private.

- I won't tell anyone  
what you say UNLESS:
- A kid is in DANGER.
  - You give me permission.

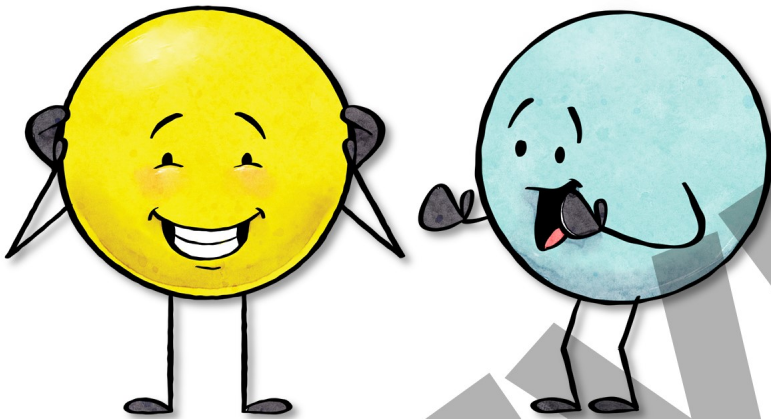




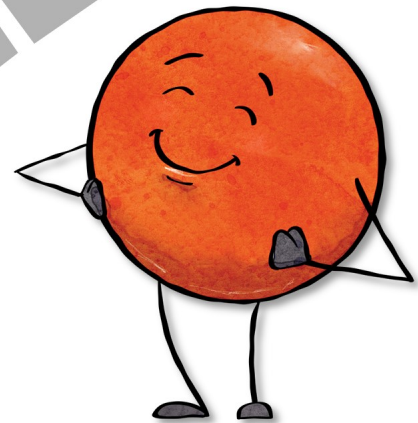
# Group Expectations



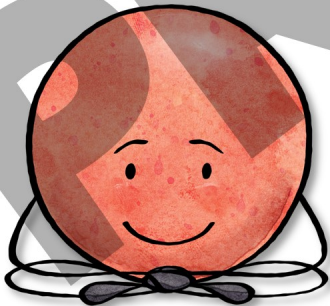
Think before you speak. Be kind.



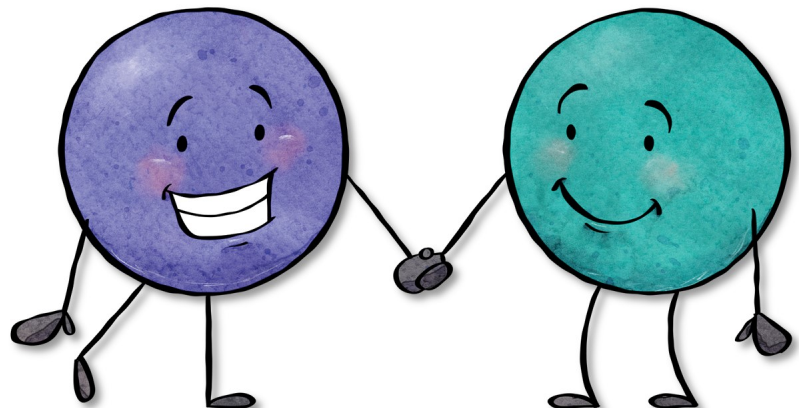
Only one person talks at a time. Listen to them!



Try your best.



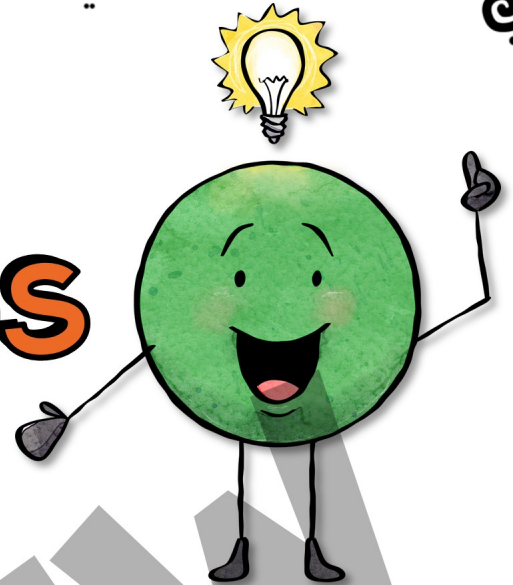
Keep your hands and feet to yourself.



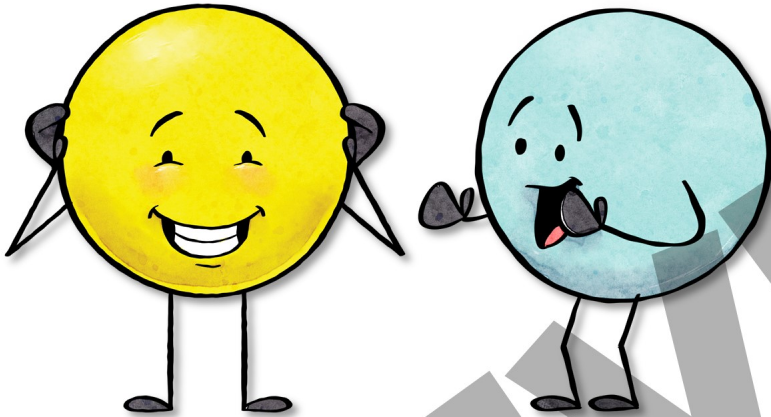
Have fun!



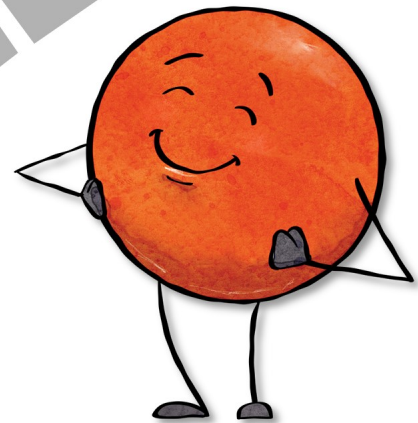
# Group Expectations



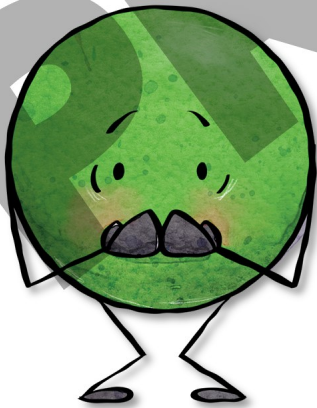
Think before you speak. Be kind.



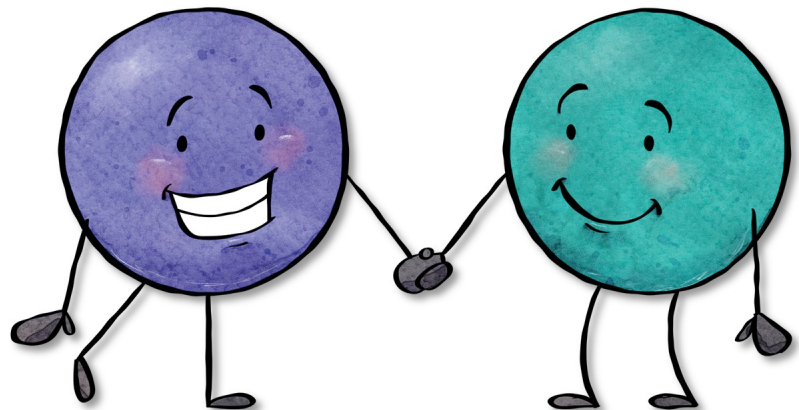
Only one person talks at a time. Listen to them!



Try your best.



What we say in here, stays in here.



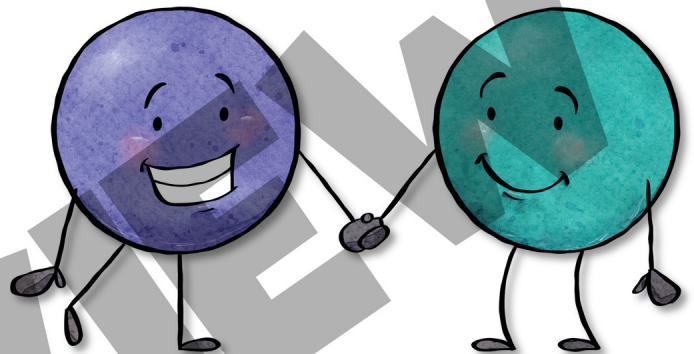
Have fun!



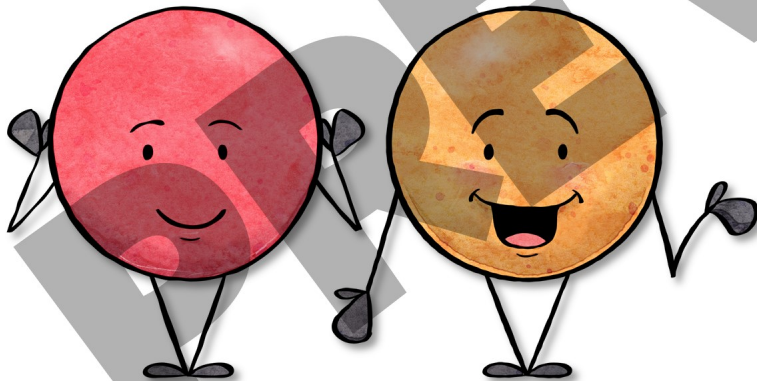
# WHAT'S YOUR CHOICE?



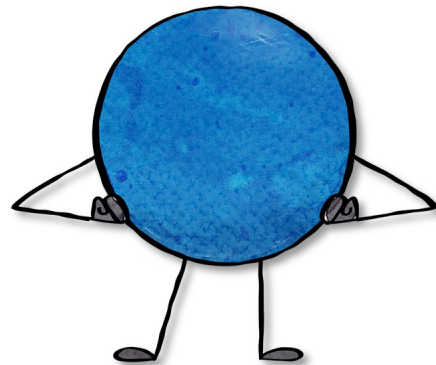
Go Somewhere Else



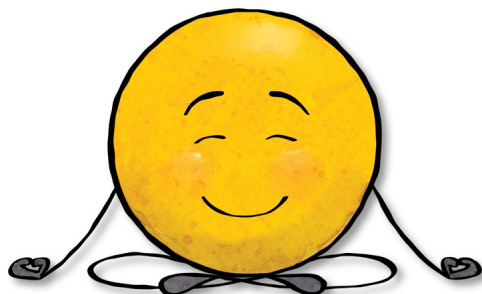
Make a Deal



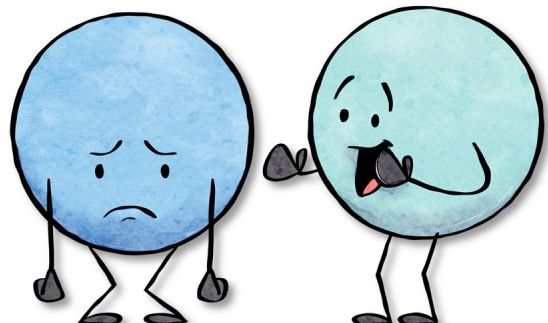
Talk it Out



Ignore



Wait and Cool Off



Apologize





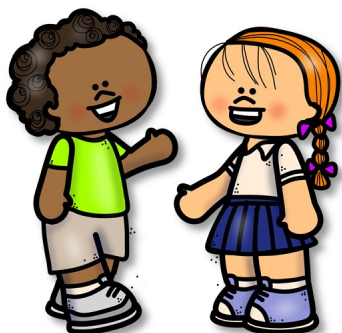
Tell Them to Stop



Make a Deal



Share and Take Turns



Talk it Out



Go to Another Place



Ignore



Wait and Cool Off



Walk Away



Apologize

You can be a  
**PROBLEM SOLVER!**



When someone is bothering you...

# WHAT CAN YOU DO?



Tell Them to Stop



Make a Deal



Share and Take Turns



Talk it Out



Go to Another Place



Ignore



Wait and Cool Off

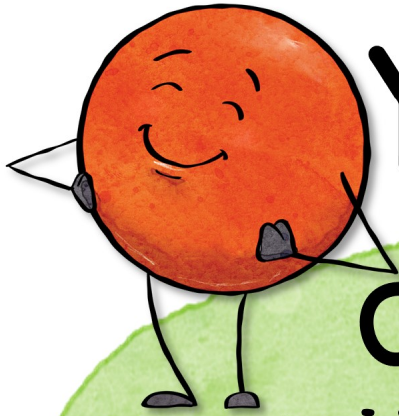


Walk Away



Apologize





# YOU CAN BE...

**Cooperative**

**Kind** Honest Hard-Working

TRUE TO YOURSELF **FUNNY**

ENCOURAGING PATIENT **CARING**

GREAT FRIEND **RESPONSIBLE**

Drama-free **PEACEFUL** Athletic

**Brave** HELPFUL **Organized**

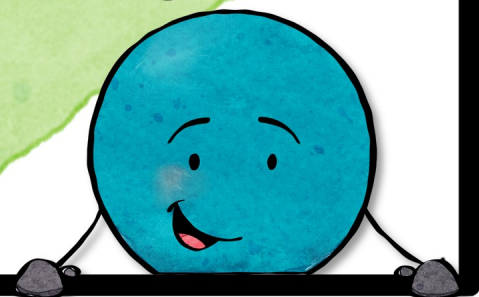
POSITIVE **Outgoing** GRATEFUL

Forgiving **Goal-Setting**

Peace-Making **STRONG**

**Perseverant**

ARTISTIC





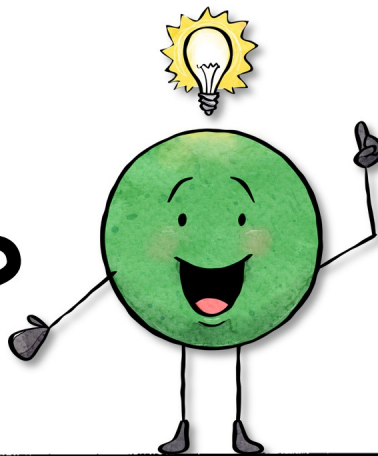
**T** Is it **TRUE**?

**H** Is it **HELPFUL**?

**I** Is it **INSPIRING**?

**N** Is it **NECESSARY**?

**K** Is it **KIND**?



Before You Speak



# THE Responsive COUNSELOR



## Education

B.A. from Michigan State University  
Psychology and Anthropology

M.S. from Vanderbilt University  
Community, Research, and Action

M.Ed. From Vanderbilt University  
Human Development Counseling:  
School Counseling and  
Clinical Mental Health

## Experience

I started my post-grad career as a school-based therapist before becoming an elementary school counselor. Social and emotional learning in youth is my passion, whether through large group prevention, individual intervention, or parent and teacher education! I have been an elementary school counselor since 2012, providing a comprehensive school counseling program to a diverse population.

## Philosophy

- I only sell resources that I create for my own students and use first with them!
- All of my work is rooted in evidence-based instructional, SEL, and/or therapeutic practices.
- My aim is to make things **effective** and **engaging** for wiggly learners and use wording accessible to underserved and EL populations.

## Connect With Me!

