

THE BAD SEED

social emotional
activities

PRINTABLE
+ DIGITAL
COMPANION



- interactive
- engaging
- created for 2nd-5th

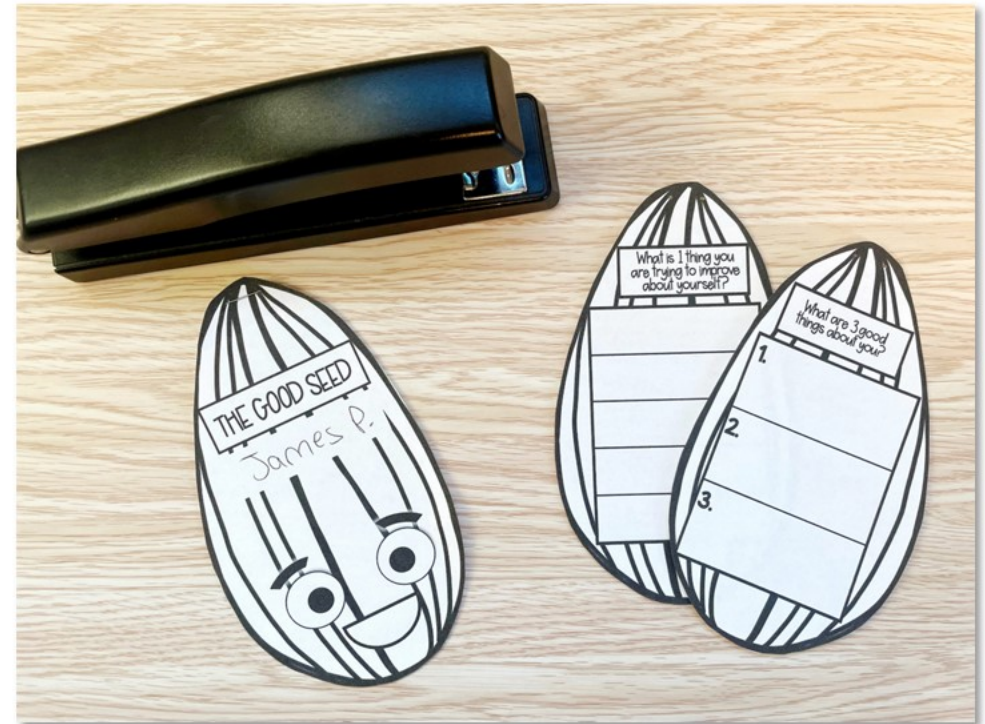
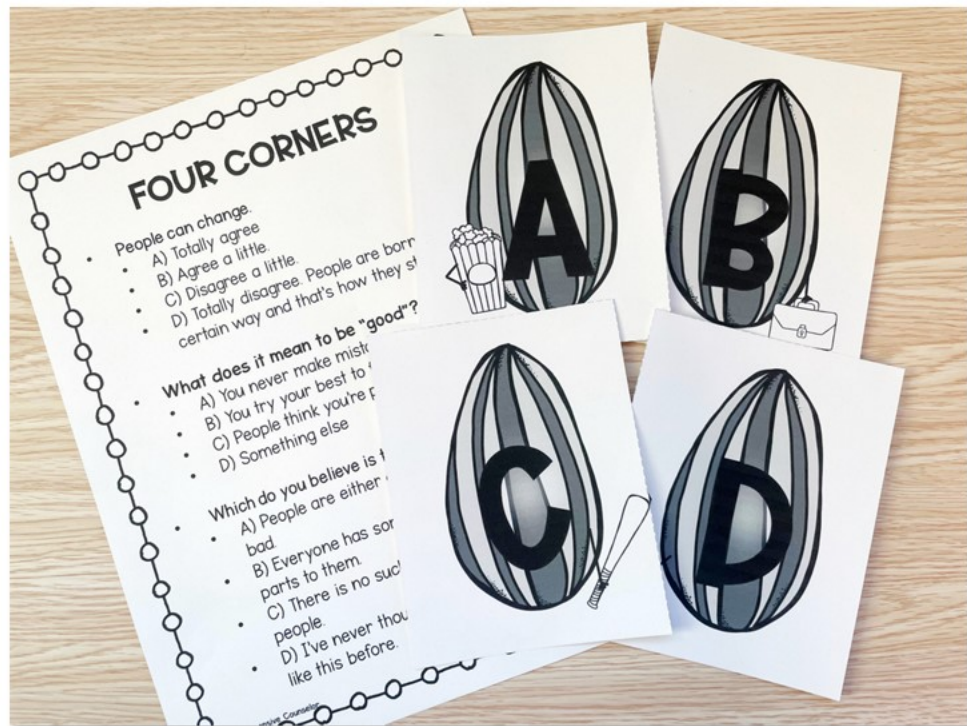
notes to the counselor/teacher

- This 30-45 minute lesson on seeing how others can change and there's good in everything can be used separately or as part of a unit using other books in the food group series by Jory John
- It was created using these SEL research-based best practices:
 - Opportunity to apply/practice the skill
 - Cooperative learning
 - Self-reflection



engaging + interactive

Opening hook to get students moving, activate their brains to the main ideas in the story, and begin connecting it to themselves



Mini-book seed craftivity to express their own ideas and beliefs as they relate to the story

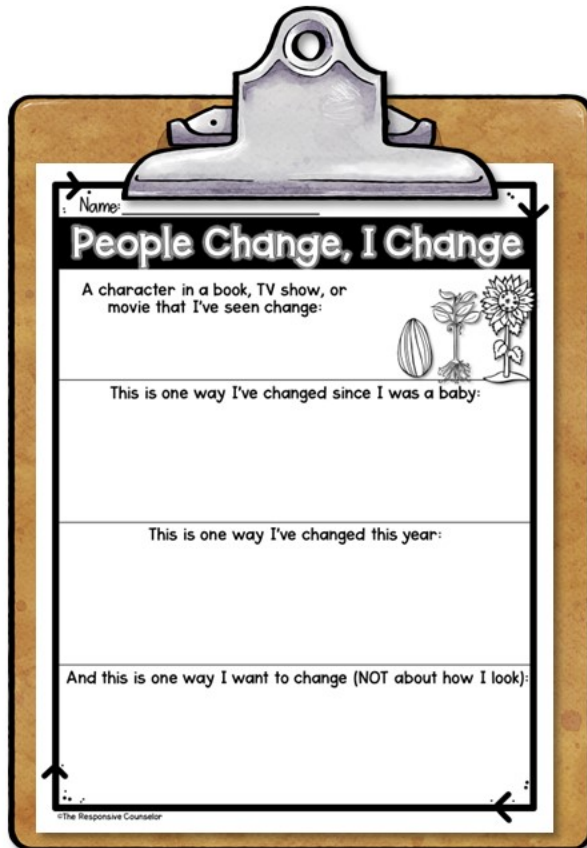
practice activity

- 8 question cards to process the book, self-reflect, and practice or apply the book's messages
- Use in whole group or small group (activity directions included for both)



independent reflection


4 worksheets for students to more independently express themselves and practice identifying how people change and how there is good in everyone (and everything)



Name: _____

People Change, I Change

A character in a book, TV show, or movie that I've seen change:

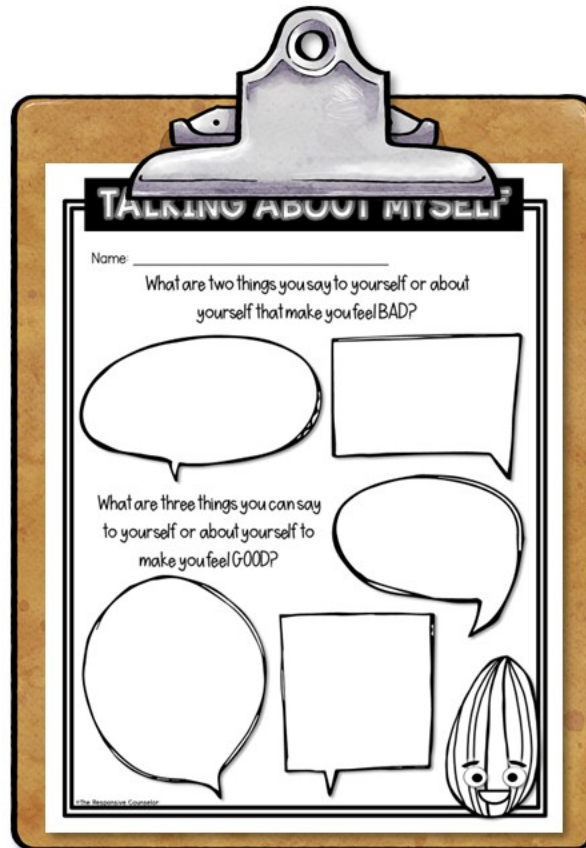


This is one way I've changed since I was a baby:

This is one way I've changed this year:

And this is one way I want to change (NOT about how I look):

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Name: _____


TALKING ABOUT MYSELF

What are two things you say to yourself or about yourself that make you feel BAD?

What are three things you can say to yourself or about yourself to make you feel GOOD?





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Name: _____

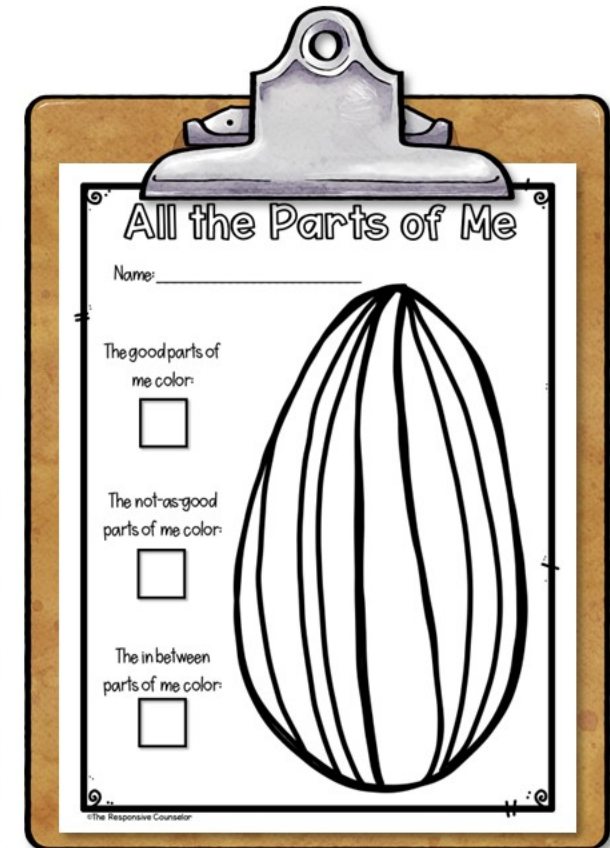
Find the Good in Everything

There is good in everything, even stuff that seems bad at first! Write one good thing about each of the ideas below, then add your own at the end.

 DENTIST APPOINTMENT	
 BUMBLEBEE	
 HOMEWORK	
 HAVING A COLD	



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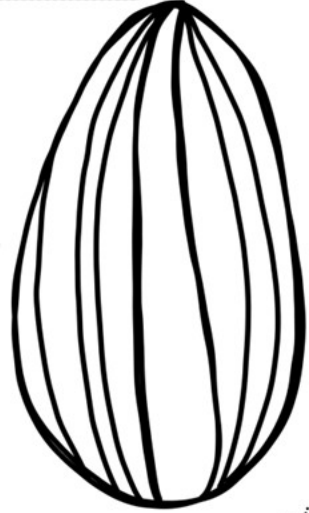
Name: _____

All the Parts of Me

The good parts of me color: ☐

The not-as-good parts of me color: ☐

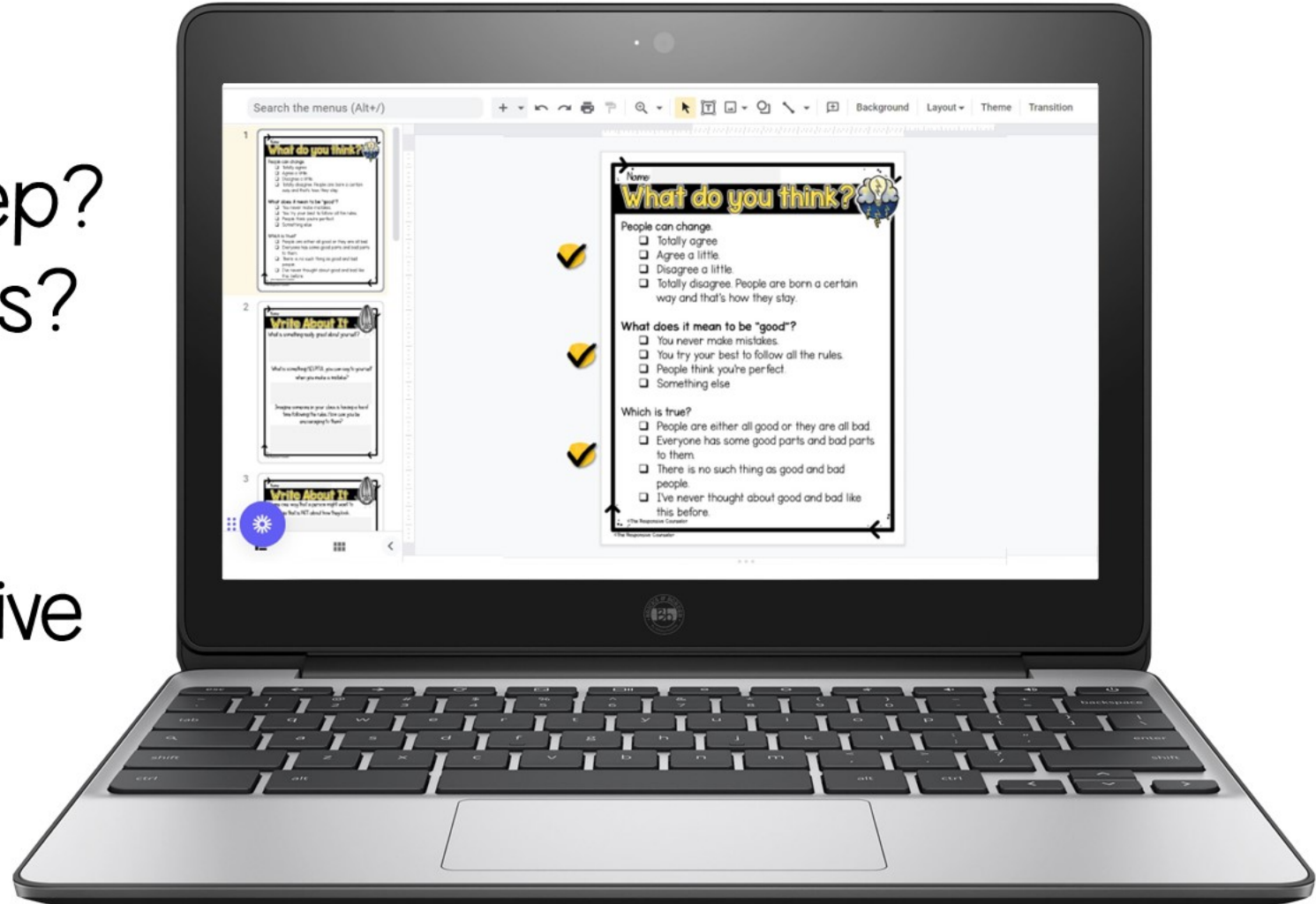
The in-between parts of me color: ☐



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google slides™

- Want to go zero-prep?
Into digital resources?
- Most activities are
included as interactive
Google Slides!



written lesson plan

ASCA standards and CASEL competencies aligned

Comprehensive lesson plan including objectives, pre and post story discussion questions, and activity directions

THE BAD SEED

OBJECTIVE(S): Students will identify and discuss: the ability for a person to change, the importance of how we talk about each other and ourselves, and finding the good in things that seem bad.

CASEL DOMAINS: Self-Awareness; Social-Awareness

OUTLINE:

- Intro: Four Corners
 - Ask students the following questions for each of the four corners as you read the story. Students represent their answer by moving to the corner that represents their answer for the next question. Explain the next one. Explain the next one.
 - See attached page for questions.
- Read and discuss *The Bad Seed* (reading):
 - This story is about a boy who is even himself, that he is "bad"? What does it mean to be "bad"?
 - How do you think the boy is feeling?
 - How do you think the other children are feeling?

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OUTLINE (CONTINUED):

- Read and discuss *The Bad Seed* (continued):
 - Do you think all of these behaviors are bad? Why or why not?
 - How could the other seeds around him be different when he misbehaved?
 - How do you think the seed felt when he was in the bag? When he was out?
 - If almost seems like after the seed decided he was bad and should be bad.
 - Why do you think he decided to be bad?
- Students complete craftivity. "Easy as pie." After cutting, assemble the craftivity.
- Students complete one or more of the following activities:
 - In small groups, students further discuss the story and complete an activity called Fan-N-Pick. (directions on page 3)
 - (for emerging readers or for if students need more support):
 - discussion/task cards whole group
 - draw the cards to be read and discuss
 - your students need movement
 - the cards randomly on the floor
 - chant "There's no such thing as a bad seed"
 - another core message from the story
 - around the circle then every student is standing at that point
 - reads it themselves or has a partner
 - Repeat chant again and card answered.

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PICK-A-CARD

Directions

- Place students in groups of 4. If a group of 3 is needed, combine the 'fan' and 'respond' jobs.
- Students sit in a square with a job board placed between them.
- Students complete their jobs in order:
 - Person A fans the cards out and directs "Pick a card, any card!"
 - Person B picks a card and reads it aloud.
 - Person C answers the question.
 - Person D responds to Person C's answer with "I agree because..." or "I disagree because..." or they can add on to Person C's answer.
- Put used question card in a discard pile.
- Rotate the jobs board (so everyone has a new job) and continue until all questions have been answered.

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Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are *effective* (using research-based best practices) and *engaging* (through collaborative learning and relevant scenarios) for all types of learners and populations.

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling & Mental Health

Experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



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counselor

Let's Connect:

