

FACULTY

Escape Room



**Find the Antidote
Before It's Too Late!**

Hints and Tips

- This is designed to take approximately 45 minutes total to allow for every group to complete. You could also do it in 10-15 minute chunks over 4 sessions (faculty meetings!). It was created to be done in groups of 4-6.
- While the goal is for every group to finish within that time, a little competition between teams can add to the fun.
- You can make one envelope for each group for each challenge – but that's A LOT to manage and prep. I recommend one envelope/folder for each group for the first challenge (opening the envelope adds to the engagement!) but using one file folder for everyone for the other three challenges. As groups finish, you open the folder for the next challenge and hand them a packet (with the ingredient they earned from the previous challenge and the next challenge's directions and materials).
- Consider having an empty box or tub to put materials in once groups are done with them. The more organized you can be, the better everything will flow.

What do I need to have for this escape room?

- Four file folders
- File sized (9x12) envelopes (however many groups you have)
- Binder clips or paperclips (3 times the number of groups you have)
- Binder clips or baggies (however many groups you have)
- Coloring supplies
- Optional: color paper or cardstock
- Optional: drinks, 4x6 frame

Questions? Email me!

TheResponsiveCounselor@gmail.com

QUICK OUTLINE

Introduce the premise to the faculty (they can read along with the premise letters):
A zombie teacher plague has hit your school. You're the mad scientist with the
antidote – but your faculty must complete 4 challenges in order to get the
ingredients from you!

As groups finish each challenge, you give them the next ingredient to the antidote.

Challenge #1 Thinking About Thinking: Groups are given 32 "teacher thoughts" and a clue that the first ingredient is two words, each with eight letters.

- The "correct" way to solve is to sort the thoughts into helpful/positive vs. unhelpful/negative, then look at the letters in the bottom right corners of the helpful cards to spell out "POSITIVE".
- Some groups will recognize the clue and will be able to guess the first ingredient.
- After groups show you the first ingredient, the card also reading "Positive Attitude" is the antidote.

PREP and SETUP

- Determine how many groups you will have. I recommend 4-6 faculty members per group.
- Create groupings ahead of time. If not doing it by team/grade level, you can tape names on the included grouping cards.
- Print enough premise letters for each group to have their own.
- Print and cut 1 set of antidote ingredients for each group.
- Print and cut 1 set of teacher thought cards for each group. Shuffle the cards and clip with a binder clip or put in a baggie (snack or sandwich sized).
- Print enough copies of the Challenge 1 directions for each group to have 1 letter or place those on top of/next to the envelopes on the tables.
- Optional: Print copies for each group to have an "ingredient tracking list" and put these in the envelope as well.
- **Challenge 2:**
 - Print and cut challenge 2 directions for each group.
 - Print laugh task pages (1 double sided page or 2 single sided) for each group.
 - Clip together (using binder clips or paperclips) group sets of the following: directions, laugh task pages, and "positive attitude" ingredient cards.
- **Challenge 3:**
 - Print and cut challenge 3 directions for each group.
 - Print blank frame pages OR get sheets of chart paper OR just plain sheets of paper.
 - Clip together (using binder clips or paperclips) group sets of the following: directions, frame or blank pages (unless you have a different idea), and ingredient cards.
- **Challenge 4:**
 - Print and cut challenge 4 directions for each group.
 - Print blank frame pages OR get sheets of chart paper OR just plain sheets of paper.
 - Clip together (using binder clips or paperclips) group sets of the following: directions, frame or blank pages (unless you have a different idea), and ingredient cards.

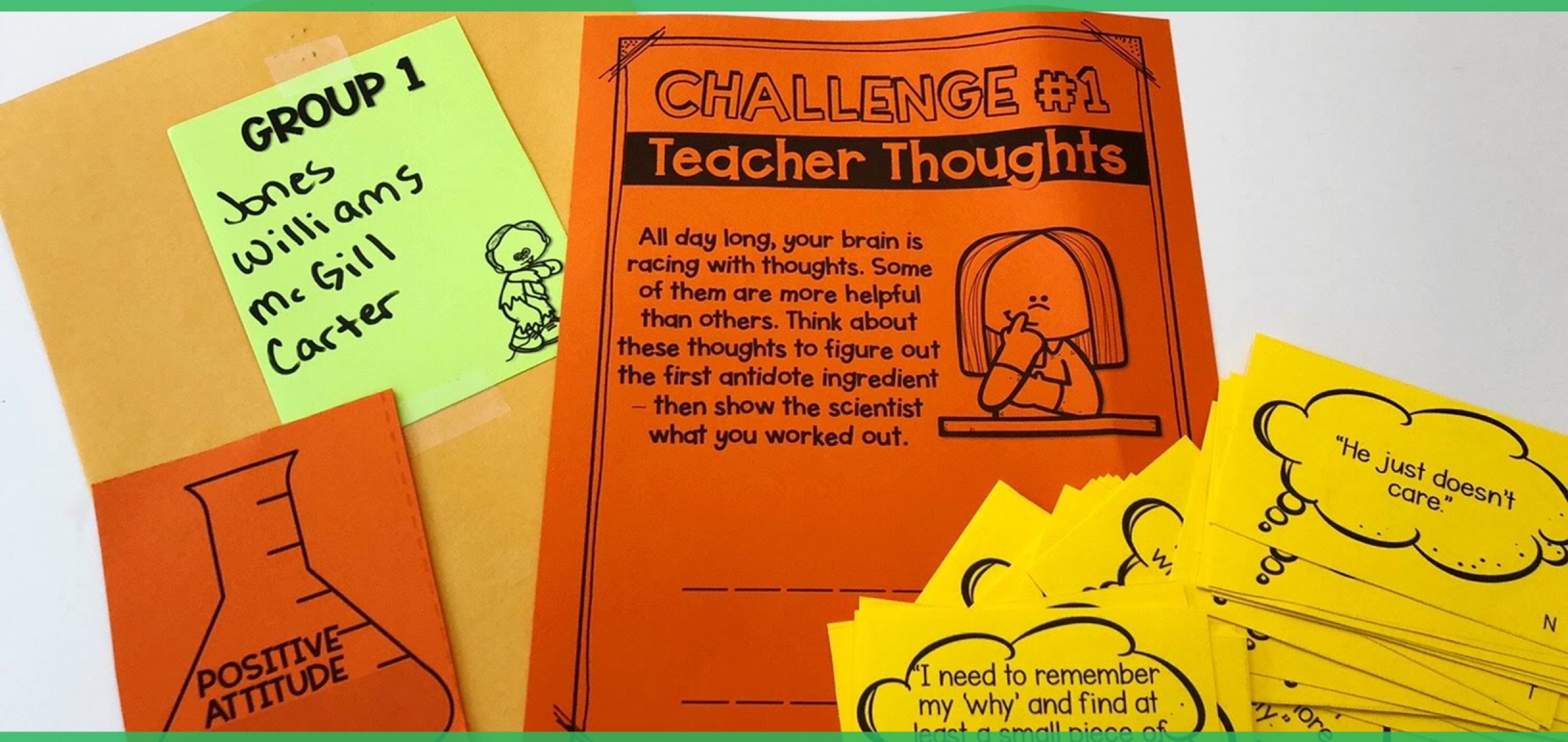
It's that time of year, when the teachers are stressed— **VERY** stressed. It's gotten so extreme that it appears faculty have been infected with a rare virus. A zombie virus.

You're all becoming **ZOMBIE TEACHERS!**

The *good news* is that a mad scientist has an antidote. The *bad news* is that she's holding it hostage. Complete the four challenges she has created for you to get the four antidote ingredients. Get the antidote in time to escape the **zombie plague** - before it becomes **PERMANENT** and our students are stuck with zombie teachers for the rest of the year!



Challenge #1: Faculty sort through 32 teacher thoughts to identify and order letters that spell out the first antidote ingredient.



Challenge #2: Faculty complete two laugh tasks – creating their own teaching meme and casting eight faculty members in a made up movie about the school. Completion earns the next ingredient.

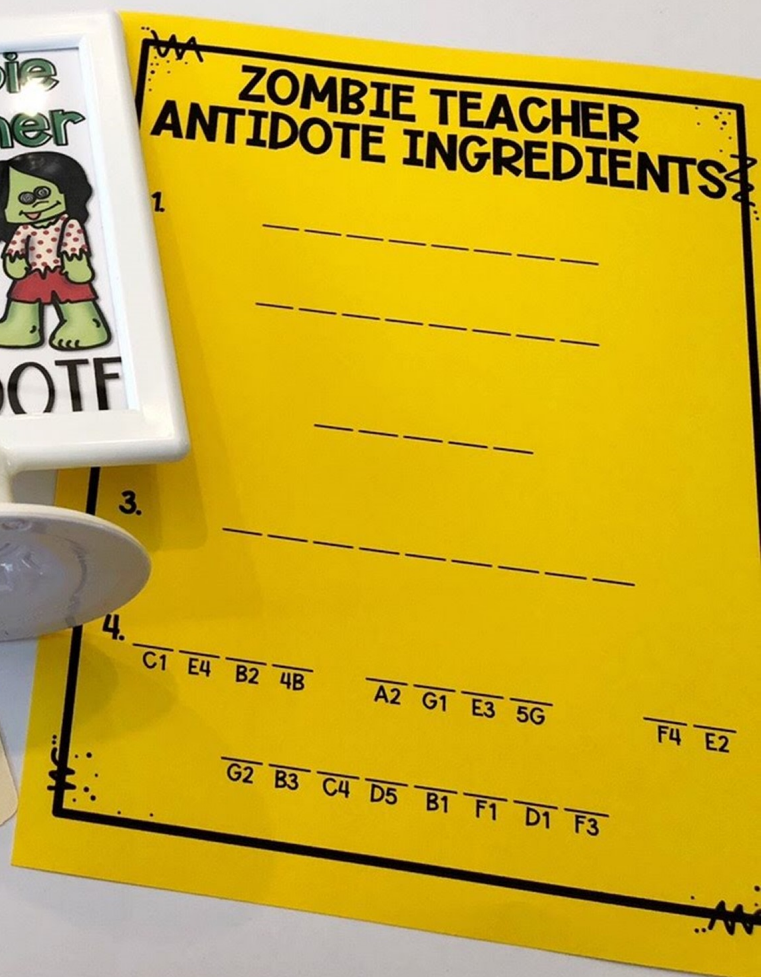
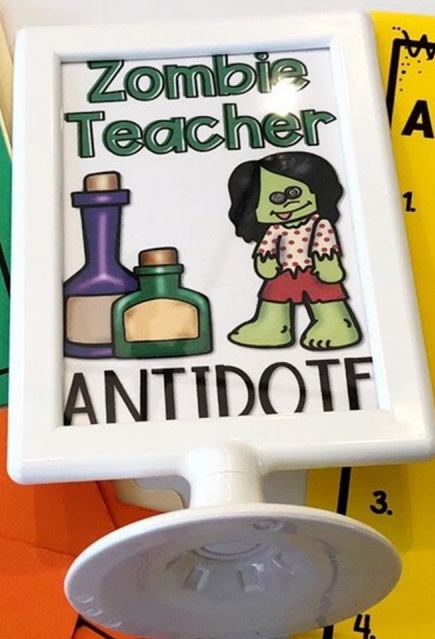


Challenge #3: Faculty members depict two different elements of community through song, picture, scenario, or faux email. Showing their depiction to the scientist earns them the next ingredient.



Challenge #4: Faculty put together a puzzle, then use the grid and code to spell out a phrase. Correctly identifying the phrase earns each group the final ingredient!





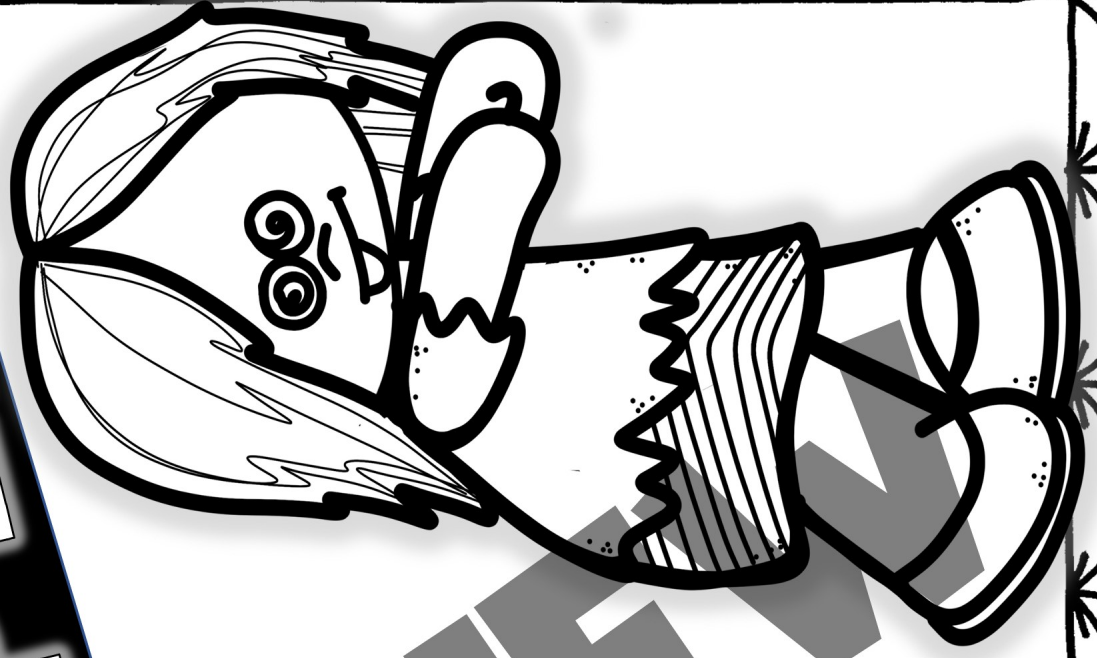
The teacher zombie plague almost got us, but
with a positive attitude, humor,
community, and
self-care...

WE ESCAPED!



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the RESPONSIVE counselor



Hey y'all! I'm Sara. I create resources for elementary students, counselors, and teachers that improve social emotional learning and classroom culture. My focus is making things that are *effective* and *engaging* for WIGGLY + CHATTY learners and that utilize wording and scenarios accessible to underserved and ELL populations.

Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling and
Clinical Mental Health

Experience

I started my post-grad career as a school-based therapist before becoming an elementary school counselor. Social and emotional learning in youth is my passion, whether through large group prevention, individual intervention, or parent and teacher education! I have been an elementary school counselor since 2012, providing a comprehensive school counseling program to a diverse population.

Let's
Connect:

