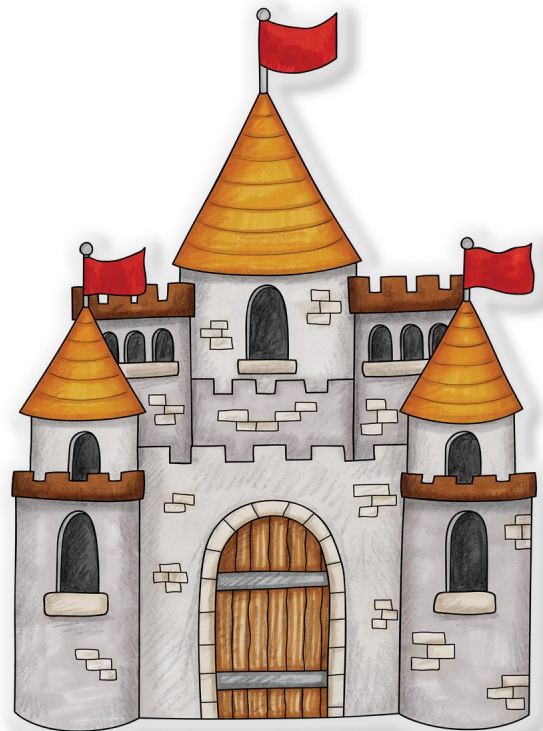




Some
Secrets
Should Never
Be Kept



Body Safety
Book Companion

**Some
Secrets
Should
Never
Be Kept**



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You already know
what your sister is
getting for her
birthday.

**Is this a good
secret to keep?**



Your aunt is
coming into town
to surprise your
mom.

**Is this a good
secret to keep?**



All your friends
love video games
but you hate
them.

**Is this a good
secret to keep?**



You don't know how
to swim but you
don't want your
friends to know.

**Is this a good
secret to keep?**



No one knows the
password to your
computer
accounts.

**Is this a good
secret to keep?**



Your friend's mom is
going to have a baby
but she doesn't
want everyone to
know yet.

**Is this a good
secret to keep?**



**Is this a good
secret to keep?**



**Is this a good
secret to keep?**



**Is this a good
secret to keep?**



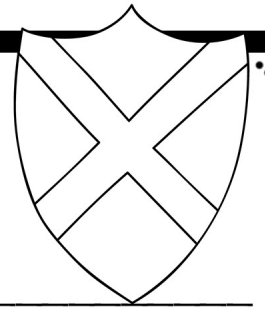
**Is this a good
secret to keep?**



Four discussion questions with sexual abuse facts inside. Fan cards, let a student select and read one. They call on another student to answer. Then you open the card to read and discuss the fact with them.



Some Secrets...



Name: _____

Good Secrets Feel:

1.

2.

3.

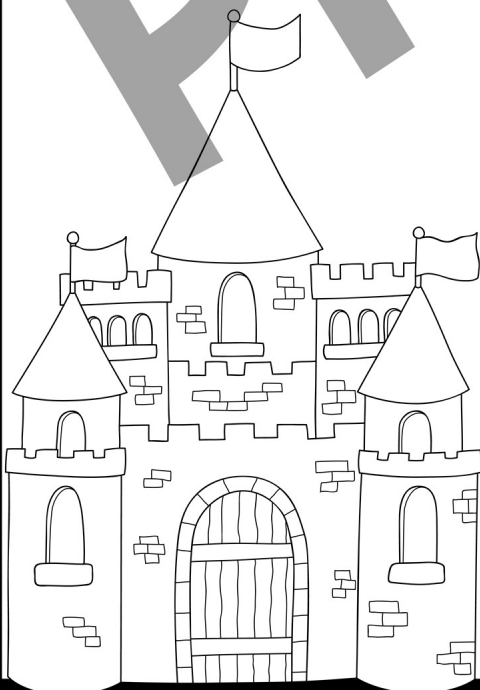
Bad Secrets Feel:

1.

2.

3.

4 Safe Adults I Can Tell if I Have a Bad Secret



If someone touches me and it makes me feel uncomfortable, I can say:



the RESPONSIVE counselor



Hey y'all! I'm Sara. I create resources for elementary students, counselors, and teachers that improve social emotional learning and classroom culture. My focus is making things that are *effective* and *engaging* for WIGGLY + CHATTY learners and that utilize wording and scenarios accessible to underserved and ELL populations.

Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling and
Clinical Mental Health

Experience

I started my post-grad career as a school-based therapist before becoming an elementary school counselor. Social and emotional learning in youth is my passion, whether through large group prevention, individual intervention, or parent and teacher education! I have been an elementary school counselor since 2012, providing a comprehensive school counseling program to a diverse population.

Let's
Connect:

