

GETTING TO KNOW YOU

Tell about 1 person in your family.



What is 1 thing you would change about school?



I felt super happy when...



Who is the nicest person you know?



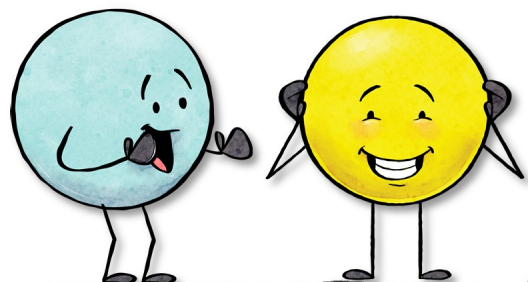
What is 1 way you'd like to make the world better?



What is one rule you wish we had at school?



67 Non-Threatening and Fun Questions For Elementary Students



GET TO KNOW YOU QUESTIONS

- Use any time during group counseling, but especially helpful for the first session!
- Non-threatening or overly personal, so students feel comfortable answering them with peers
- Ways to use:
 - Write on JENGA blocks.
 - Cut, fold, and put inside “Don’t Break the Ice” blocks.
 - Pair with any game (answer a Q each turn or every other turn)
- Also awesome for back to school class lessons using “ask-ask-trade”

ASK-ASK-TRADE

Ask-ask-trade is a great cooperative learning activity that includes movement. Give each student a question card, then ask everyone to stand up and find a partner.

- Partners each take a turn reading their question aloud and letting their partner answer. Then they switch cards and go find new partners.
- Continue for as much time as you have - I usually do 10 to 15 minutes.
- If this is the first time using this activity/structure, consider modeling the following skills: how to find a partner/"hand up, pair up", voice volume, turn taking, etc..
- For classes that need more structure, use a chime or other signal to indicate when it's time to switch cards and find a new partner (this is also helpful when you have kiddos that are too verbose or that are rushing).

"Get to Know You" Questions

What is your favorite holiday and why?

What TV show or movie do you wish you could be part of?

If you could be any animal, what would you be?

What food could you eat every day and never get sick of?

Who is someone you look up to? Who is your role model?

If you could travel anywhere in the world, where would you go?

What would you buy if someone gave you \$100?

If you were stranded on a deserted island, what 3 things would you take with you?

If you found a magic lamp and genie, what is the first thing you would wish for?

If you could have any super power, what would it be?

If you had a pet elephant, what would you name it?

What is your favorite memory?

What is the best thing about being part of a family?

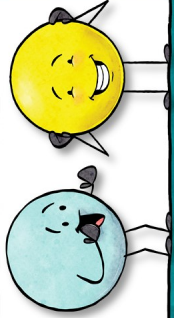
Name something or someone that makes you laugh.

Name one thing you like learning about.

What is something you're really good at?

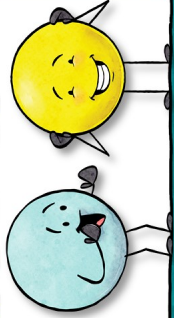
**Resource
includes 67
questions!**

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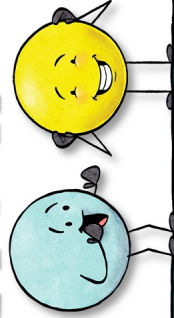
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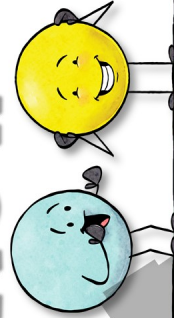
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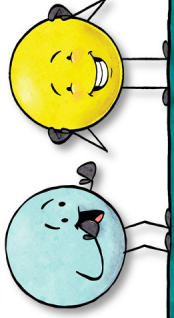
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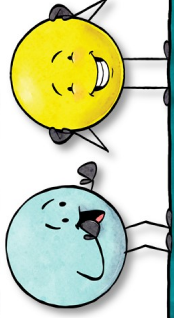


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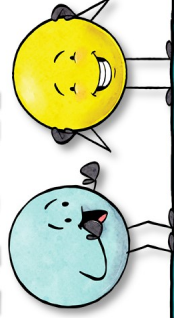
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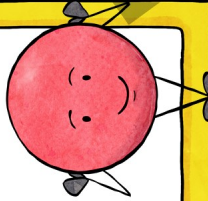
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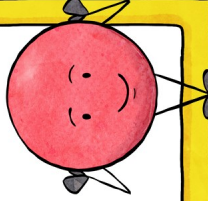
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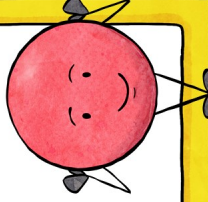
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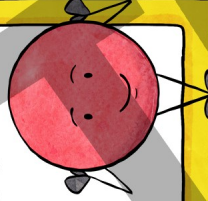
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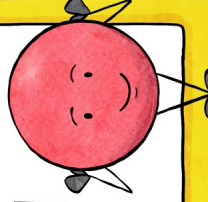
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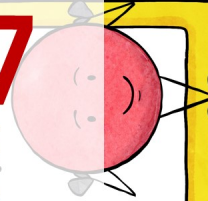
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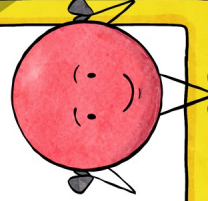
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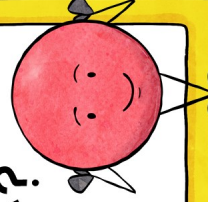
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Resource includes 67 questions!

the RESPONSIVE counselor



Hey y'all! I'm Sara. I create resources for elementary students, counselors, and teachers that improve social emotional learning and classroom culture. My focus is making things that are *effective and engaging* for WIGGLY + CHATTY learners and that utilize wording and scenarios accessible to underserved and ELL populations.

Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling and
Clinical Mental Health

Experience

I started my post-grad career as a school-based therapist before becoming an elementary school counselor. Social and emotional learning in youth is my passion, whether through large group prevention, individual intervention, or parent and teacher education! I have been an elementary school counselor since 2012, providing a comprehensive school counseling program to a diverse population.

Let's
Connect:

