

# **This PD focuses on:**



Identifying key mindsets in restorative practices



Relationship building



Repairing harm



Perspective taking and empathy



Circles



Conferencing

# Restorative Practices

- Mindset
- Set of Strategies
- Rooted in repair and relationship
- Student empowerment

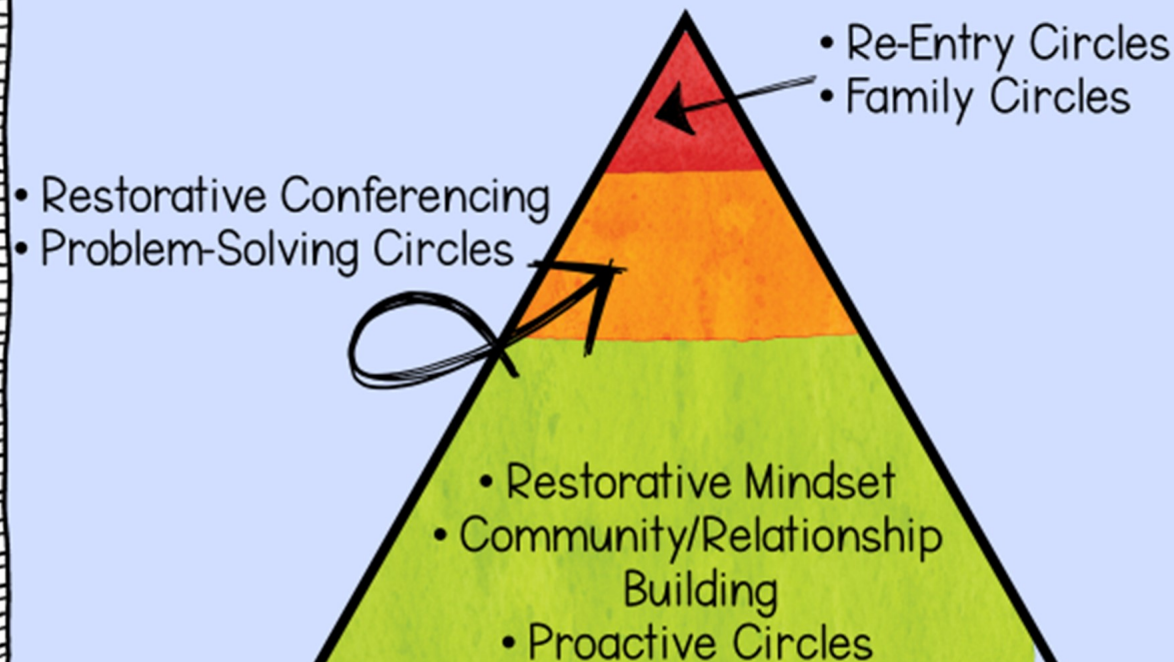
## Traditional Discipline

"I found this pair of headphones that were broken. Someone

## Restorative Practices

"This pair of headphones was broken. Now not as many people can use our listening center. I need to talk to the person who did it so we can try to make this better."

## RP in MTSS/RTI



(examples of slides included, not all 37 slides are shown)



## Relationships

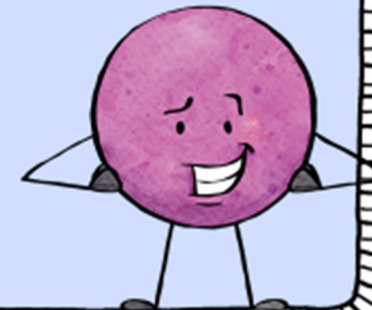
- Knowing students' interests and lives outside of school
- Share genuinely about yourself
- Being consistent
- Public praise, private feedback

## I-Statements

- I feel...
- When you...
- I need you to...

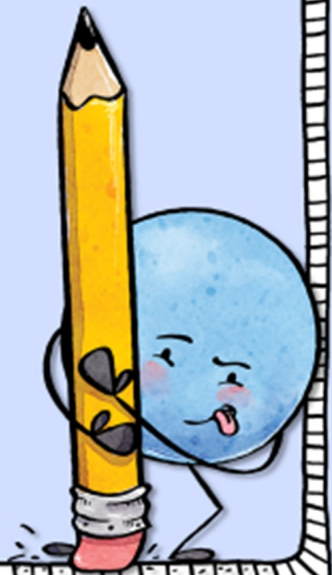
OR

- Could you please...?



## Repairing Harm

- WHO or WHAT was harmed/wronged?
- Apologies
- Cleaning up
- Providing help
- Giving positive/kind words
- Redo the action/behavior correctly



(examples of slides included, not all 37 slides are shown)

## Proactive

- Community building
- Social emotional skill development
- Practice being circles

## Informal Conferencing

- Minor misbehavior

## Restorative Questions

- What happened?
- What were you feeling?
- What was your brain saying?
- Who else do you think was affected by what happened?
- What do you think you need to do to make this better?



on



(examples of slides included, not all 37 slides are shown)



# Printable Handout Included

## Restorative Practices

Respect  
Relationships  
Responsibility  
Repair  
Reintegrate  
**RESTORE**

Based off of the International  
Institute for Restorative Practices  
"Social Discipline Window"

Control (Limit-Setting, Discipline)	TO punitive	WITH restorative
	NOT neglectful	FOR permissive
	Support (Encouragement, Nurture)	

### Repairing Harm

- WHO or WHAT was harmed/wronged?
- Apologies
- Cleaning up
- Providing help
- Giving positive/kind words
- Redo the action/behavior correctly

*Notes:*

#### RTI/MTSS

- Restorative Conferencing
- Problem-Solving Circles

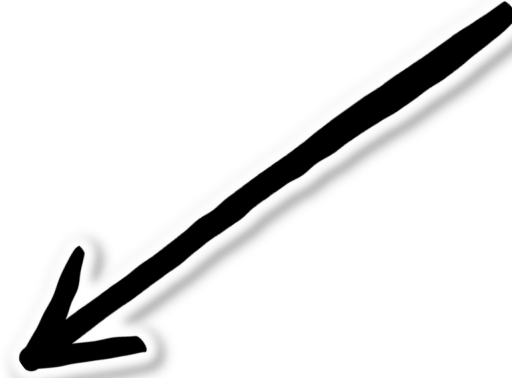
Equality - Shared Responsibility - Ownership - Connections - Safety and Trust

CIRCLES  
ARE  
POWERFUL

*Notes:*

### CIRCLES

- Sequential
- Non-sequen
- Fishbowl



## Informal Conferencing

Wrong Doing

- What happened?
- What were you feeling?
- What was your brain saying?
- Who else do you think was affected by what happened?
- What do you think you need to do to make this better?

Harmed

- What happened?
- How did that make you feel?
- What was your brain saying?
- What was the hardest part for you?
- What do you need for this to be better?

*Notes:*

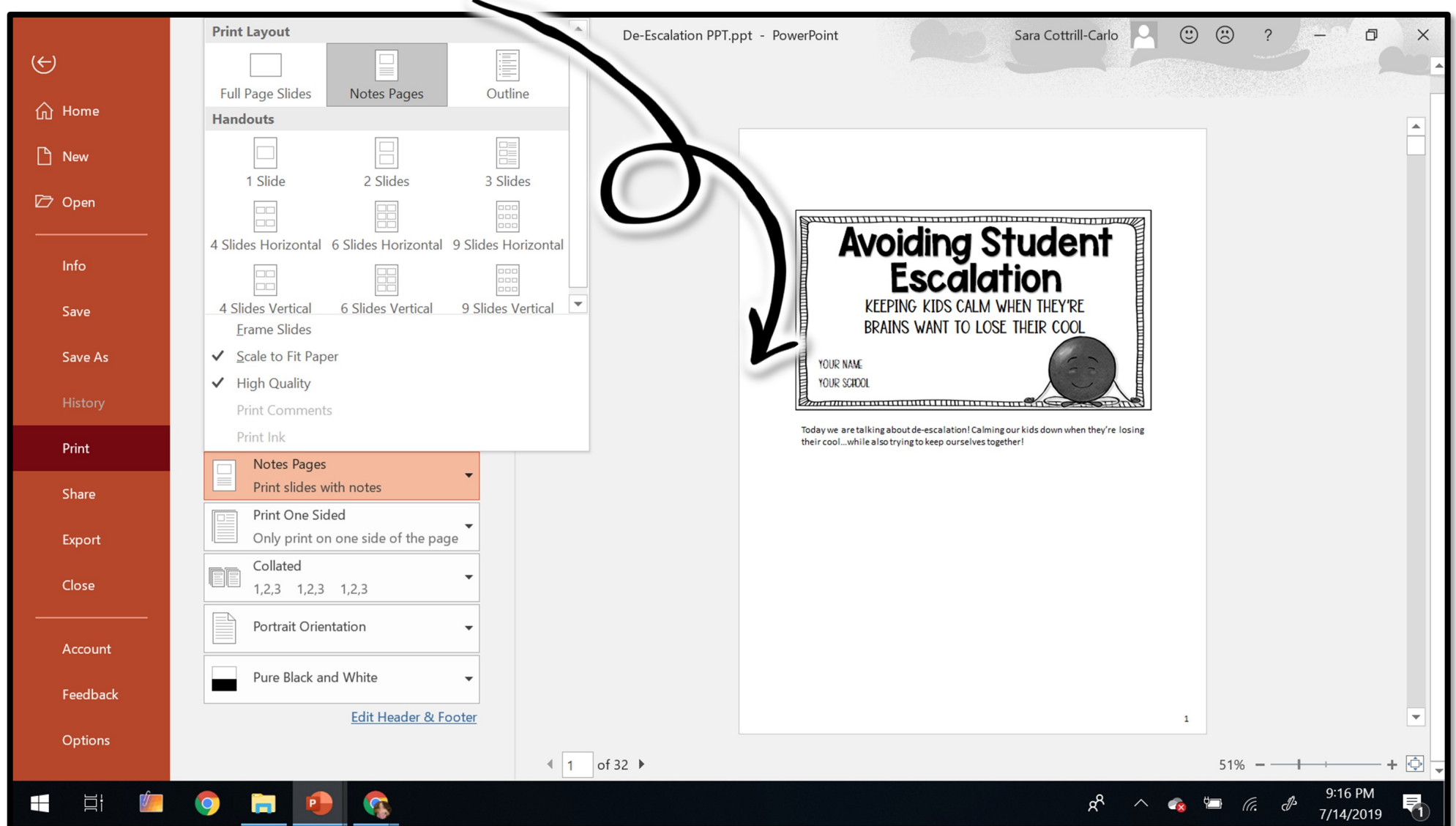
### Make a Plan

What can you do tomorrow to start implementing restorative practices?

Next month?

Next semester or school year?

This PPT is fully scripted. The easiest way to reference the script is to print a copy of the slides with the slide notes (script) included. Below is a screen shot of the easiest way to do this — through the print settings! Some of the graphics will NOT show up in this handout version.





Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are *effective* (using research-based best practices) and *engaging* (through collaborative learning and relevant scenarios) for all types of learners and populations.



## Education

B.A. from Michigan State University  
Psychology and Anthropology

M.S. from Vanderbilt University  
Community, Research, and Action

M.Ed. From Vanderbilt University  
Human Development Counseling:  
School Counseling & Mental Health

## Experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!

Let's  
Connect:

