

# TEST TAKING ESCAPE ROOM



## NO-PREP DIGITAL



The escape room is hosted on Google Sites. Students do NOT need to have any accounts or logins for anything! They just need computers or tablets connected to the internet.





Students complete **four challenges** to collect the ingredients for the **Zombie Testing Plague** antidote!



The escape room can be completed **individually**, in **small groups**, or **whole class** with the site projected.

# Challenges include:

- Matching testing strategies to example questions
- Cipher code
- Reading "quiz"
- Helpful vs. unhelpful thoughts





# Google Sites™



Some school networks block Google Sites. It is your responsibility to check and make sure your students can access the escape room.



[CLICK HERE for a Google Sites Test Site to check!](#)



**QUESTIONS? EMAIL ME!**

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# ESCAPE ROOM HOW TO:

What is a digital escape room? How does it work?

This digital escape room is hosted on Google Sites. The premise is that test anxiety and stress has brought about a "zombie testing plague", turning students and teachers into zombies. Students go to a specific website to read the scenario, click on all of the clues, and enter the answers into Google Forms. They have to complete each clue/challenge correctly, one at a time, to "escape" the plague!

## Student Groups

Traditional escape rooms group students together into groups of 3-4. For this digital escape room, students can work independently, in 2's or 3's, or you can use a smart board to complete the challenges as a whole group.

## What do my students and I need?

All that is needed is computers or tablets that are connected to the internet, though some scrap paper may be helpful! There are no accounts or logins needed for any part of the game. If you haven't tested yet to make sure your school networked devices can Google Sites, be sure to do that before beginning the activity with your class or group. If you are doing this synchronously, you will want to use a timer that students can all see.

**All the info you need to start  
and go is included!**



## The Google Site

**Scenario and Directions**  
(students click through three slides)

**The Clues**  
(clickable links that each open a new tab)

**Google Form™**  
(students enter ingredients one at a time, in order – must be correct to continue)

**Breathing Video**

### Escape from the ZOMBIE TESTING PLAGUE

It's testing time which means students and teachers are stressed – VGGY stressed lately it's gotten so bad that many have begun turning into **testing zombies**! This is terrible news because zombies are terrible at tests.

The good news is that there is an **ANTIDOTE**... if you can find it in time before the zombie testing plague becomes permanent!

**CLUE #1**

**CLUE #2**

**CLUE #3**

**CLUE #4**

**Zombie Testing Plague Antidote**

\* Required

What is the FIRST ingredient in the antidote? (UPPERCASES)

Your answer

#### Clue #1: Strategies Puzzles

Definitions and example questions should be lined up as shown below:

1.  SLASH THE TRASH	Cross out answers and	Which answer do you know right away is definitely wrong? (Choose many answers are in a)
2.  FIND THE KEYS	under important in the	
3.  DON'T GIVE UP	Keep and will change	

#### Clue #2: Reading Quiz

**Read and Read and Read**

When you see a reading passage, especially one that looks super long, you might be tempted not to read it. This would be a mistake. It's incredibly important for you to read every single word on the test if you can. Read the passage carefully. Even if you "don't know" the answer, read the passage.

1. What word doesn't belong in the first paragraph?  
 DO: tempted  
 DE: purple  
 PE: passage

2. What word could replace the underlined word without changing the meaning of the sentence?  
 NC: energizing  
 NE: zombie

#### Clue #3: Cipher Code

Code: SHOW  
Ingredient (revealed)

What's the secret code?

#### Clue #4: Testing Thoughts

Students type 1 for helpful thought and 0 for unhelpful thought into a Google Form™.

1.  I just have to do one question at a time and do the best I can.	2.  This is boring.	3.  I will do my best if I take my time.	4.  I might get some wrong, but that's ok. I will get some right.
5.  This is way too long. I'll never finish.	6.  This isn't super fun, but it is still interesting.	7.  What if I'm the last one done?	8.  I'm going to get them all wrong.

All the info you need to start and go is included!





Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are *effective* (using research-based best practices) and *engaging* (through collaborative learning and relevant scenarios) for all types of learners and populations.



## Education

B.A. from Michigan State University  
Psychology and Anthropology

M.S. from Vanderbilt University  
Community, Research, and Action

M.Ed. From Vanderbilt University  
Human Development Counseling:  
School Counseling & Mental Health

## Experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!

Let's  
Connect:

