

Time Management

Discussion Question Cards

How can you use these?

- Whole group:
 - Play "Quiz-Quiz-Trade" or "Mix-Pair-Share" (directions attached)
 - Use one or two a day in a classroom during morning meeting/community gathering.
- Small Groups: Pair with any game. Before each turn, students pull a card to read and answer.

Personal time use reflection sheet also included!

Time Management

Discussion Question Cards

How can you use these? Both activities below are great for whole classes. For small groups, simply pair with any favorite game. With each turn, a student pulls and answers one of these question cards.

QUIZ-QUIZ-TRADE

Quiz-quiz-trade is a great collaborative learning active that includes movement!

- Give each student a card, then ask everyone to stand up and find a partner.
- Partners each take a turn reading their question aloud and letting their partner answer. Then they switch cards and go find new partners.
- Continue for as much time as you have - I usually do 10 to 15 minutes.
- If this is the first time using this activity/structure, consider modeling the following skills: how to find a partner/"hand up, pair up", voice volume, turn taking, etc..
- For classes that need more structure, use a chime or other signal to indicate when it's time to switch cards and find a new partner (this is also helpful when you have kiddos that are too verbose or that are rushing).
- If there are specific questions you want to discuss whole group, put a star on those cards. When you collect cards after quiz-quiz-trade, ask students holding star cards to keep theirs then call on them to read those questions aloud.

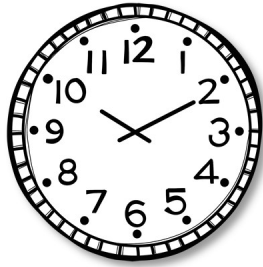
MIX-PAIR-SHARE

Collaborative learning with movement and doesn't require fluent reading.

- Play some sort of music or just instruct the students to "mix", walking around the room (smiling and dancing ok but no talking).
- Stop the music or call out "pair up". Students pair with the closest person (model that this doesn't mean the closest friend, just the closest person!).
- Students stand back to back. You read the question, give them silent think time, then say "share".
- Students turn to face one another and take turns sharing their answers.
- Repeat!

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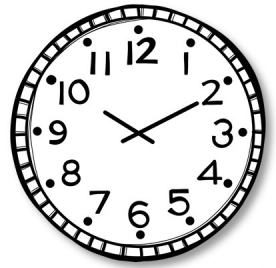
QUESTION CARDS



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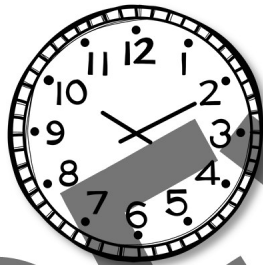
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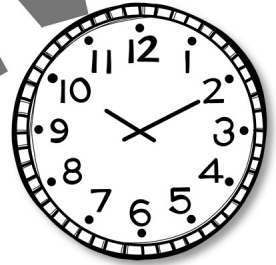
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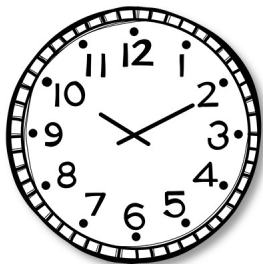
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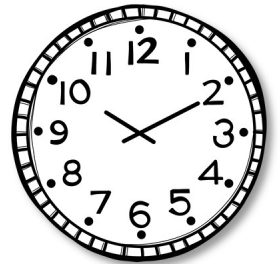
QUESTION CARDS



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QUESTION CARDS



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Describe one way
you see someone
at home using
their time wisely.

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Name 2 ways you
can spend your
time wisely at
school.

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Name 2 ways you
can spend your
time wisely at
home.

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Name 2 ways that
students waste
time at school.

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Name 2 ways that
kids waste time at
home.

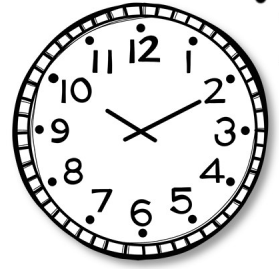
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Give an example of
something that could
be a good use of time
or a bad use of time
depending on the
situation.

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PREVIEW
(resource comes with 30 cards)

Using My Time Wisely



Name: _____



At school...

I need to spend LESS time:

1. _____
2. _____
3. _____

I need to spend MORE time:

1. _____
2. _____



At home...

I need to spend LESS time:

1. _____
2. _____
3. _____

I need spend to MORE time:

1. _____
2. _____

THE Responsive COUNSELOR



Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling and
Clinical Mental Health

Experience

I started my post-grad career as a school-based therapist before becoming an elementary school counselor. Social and emotional learning in youth is my passion, whether through large group prevention, individual intervention, or parent and teacher education! I have been an elementary school counselor since 2012, providing a comprehensive school counseling program to a diverse population.

Philosophy

- I only sell resources that I create for my own students and use first with them!
- All of my work is rooted in evidence-based instructional, SEL, and/or therapeutic practices.
- My aim is to make things **effective** and **engaging** for wiggly learners and use wording accessible to underserved and EL populations.

Connect With Me!

