

Learning Skills Activities

LISTENING

K/1st

Christina Learns
to Listen



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Social Emotional Learning

note to the educator

This lesson on **Listening** can be used on it's own or as part of larger Learning Skills unit. The activities are truly **developmentally appropriate** for your youngest learners (K/1st) and require zero independent reading.

It's flexibly designed to accommodate any SEL delivery method or schedule.

It was also created using SEL **research-based** best practices:

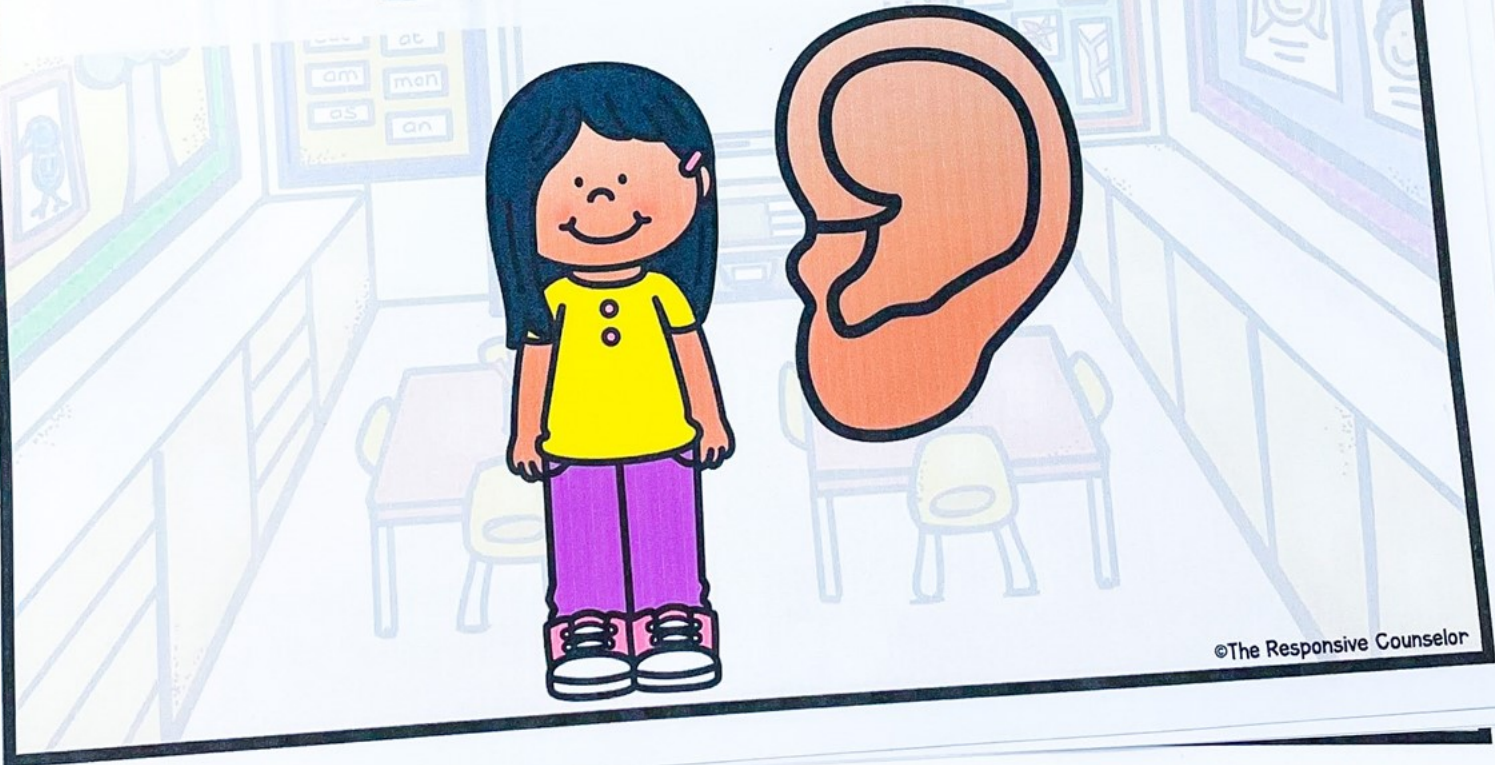
- Focus on 1 or more specific skills
- Includes activities to practice the skill(s)
- Incorporates cooperative learning
- Provides opportunity for self-reflection

resource includes:

- Short story
- Whole group activity
- Small group practice activity
- Closing circle questions
- Extension activity
- Poster/coloring pages
- Recommended book companions

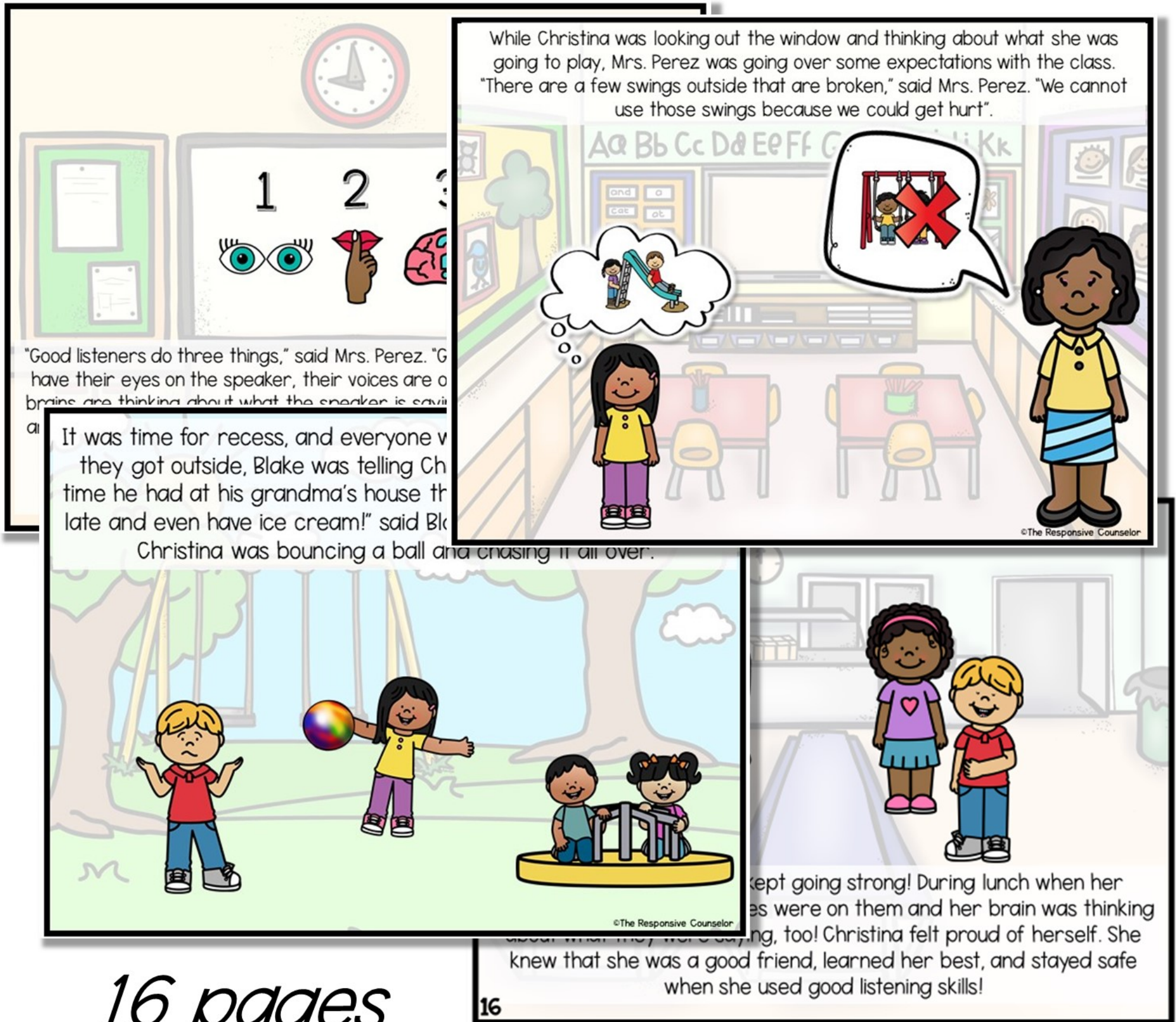
short story

Christina Learns to Listen



Students follow along as Christina learns why listening is important and how to be a good listener.

short story



16 pages

whole group activity



During the math lesson, the teacher said that a triangle has 3 sides and you thought in your brain "a triangle has 3 sides".

You are coloring at your table when your teacher asks for the class's attention. Instead of stopping and looking at your teacher while she is talking, your eyes are still on your coloring.

Your teacher is reading a story and you are thinking about playing with your friend after school.

Movement-based activity to identify whether or not example scenarios show good listening.

small group activity

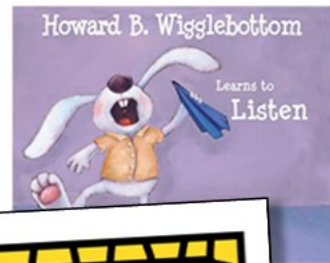
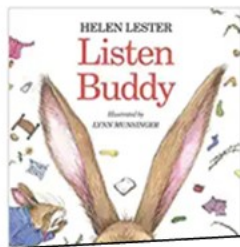


Students put together 5 puzzles and share how a character is listening and why it's important.

extensions

Book Companions

This lesson can be used without any stories, but the following picture books would make for great companions. Click on the covers to find them on Amazon.



Reinforcing Listening Skills

Your students just received a lesson about LISTENING. Below is an extension and reinforcement activity you can use with your class to make their learning stick!

When _____ (school counselor) visited our classroom, you learned about good listening skills. Who remembers the three important things good listeners do?

- Brains are thinking about what the speaker is saying
- Eyes are on the speaker
- Voices are off

Today we are going to play Simon Says! To play, you must use your very best listening skills to listen closely to Simon. I will be Simon. You must follow all the directions that begin with the words "Simon says". If Simon says, "Simon says touch your nose" then everyone should touch their nose. However, if Simon says "Simon" without saying "Simon says" you should not jump out until _____ if they are

Name: _____

I can listen.



Eyes on
speaker



Voice



Thinking
what

Name: _____

I can listen.



Eyes on the
speaker



Voice off



Thinking about
what I heard

I can listen.

how to use

Use for one lesson or multiple lessons.

Can also be used for small group/tier 2 support.

PACING GUIDE (25-30 minute lesson)

- Story (7-10 minutes)
- Whole group activity (choose just 4-6 scenarios – 5 to 7 minutes)
- Introduce small group activity (5 minutes)
- Small group practice activity (7-10 minutes)
- Closing circle question: (3-5 minutes)

PACING GUIDE (45 minute lesson)

- Same as above, but use all of the cards scenarios for the whole group activity
- Students color the "I can" page
- Read a recommended book companion

PACING GUIDE (super mini lessons, weeklong)


Mon	Read and discuss story
Tues	Whole group activity
Wed	Small group practice activity
Thurs	Extension activity + 1 recommended read aloud
Fri	Color "I Can" page + closing circle

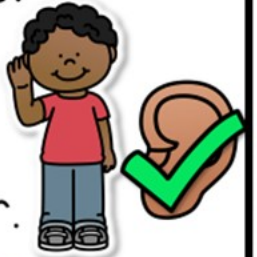

how to use

Love technology?
Use the included
slideshow to guide
the activities.



Class Practice



- Listen close to the scenario!
- If it is about someone listening, stand up and put your hand behind your ear. 
- If the person is NOT listening, stay sitting. 

Want a tech-free
option?

Everything can be
done screen-free
with printables.

Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are *effective* (using research-based best practices) and *engaging* (through collaborative learning and relevant scenarios) for all types of learners and populations.



Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling & Mental Health

Experience

I'm a school counselor from a large southeastern school district with a wonderfully diverse group of students. I create and implement a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. I also share my ideas and resources to reach students and help educators across the world!

Let's
Connect:

