

THE SMART COOKIE



PRINTABLE
+ DIGITAL
COMPANION

**social emotional
activities**

- interactive
- engaging
- created for 2nd-5th

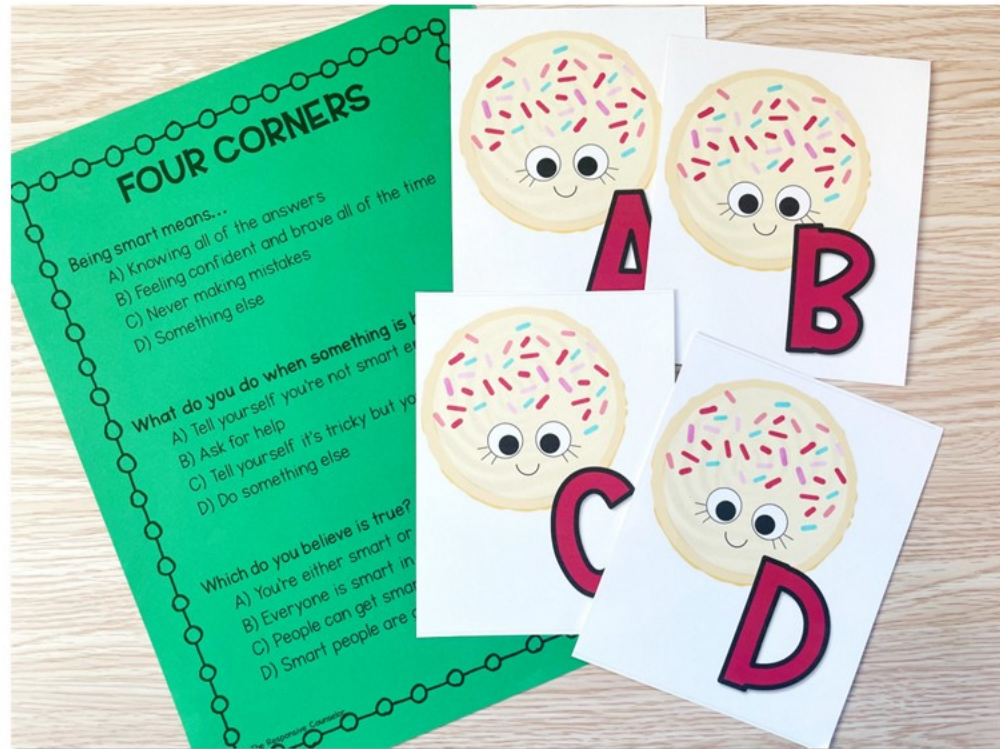
notes to the counselor/teacher

- This 30-45 minute lesson on seeing how everyone is smart in their own way can be used separately or as part of a unit using other books in the food group series by Jory John
- It was created using these SEL research-based best practices:
 - Opportunity to apply/practice the skill
 - Cooperative learning
 - Self-reflection



engaging + interactive

Opening hook to get students moving, activate their brains to the main ideas in the story, and begin connecting it to themselves



Mini-book cookie craftivity to express their own ideas and beliefs as they relate to the story

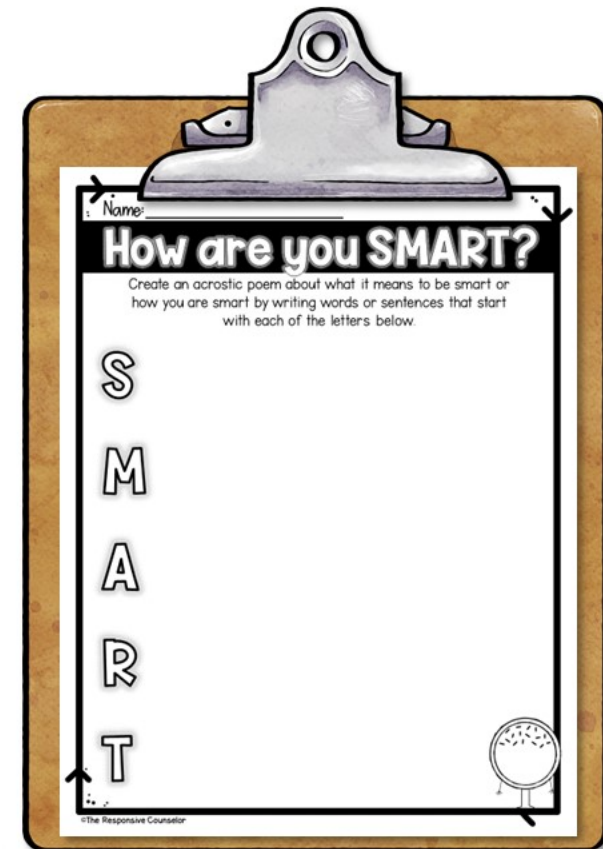
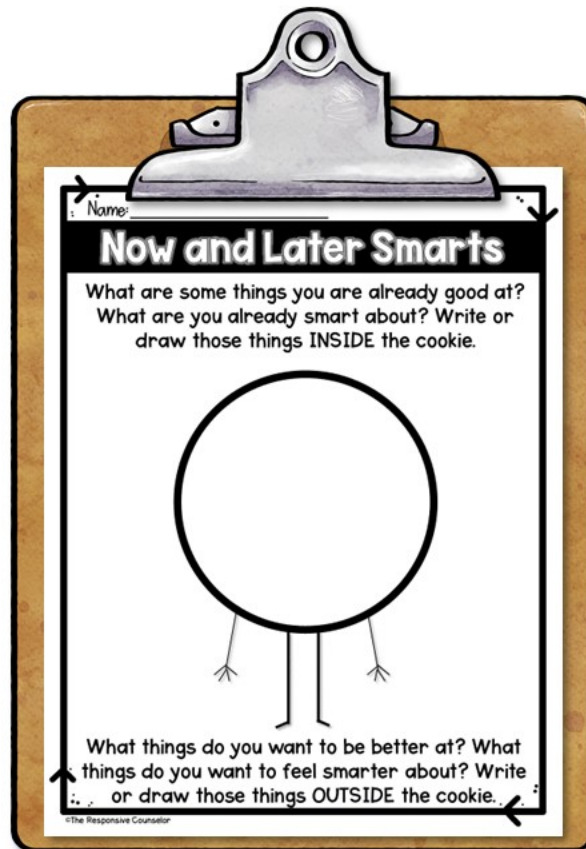
practice activity

- 8 question cards to process the book, self-reflect, and practice or apply the book's messages
- Use in whole group or small group (activity directions included for both)



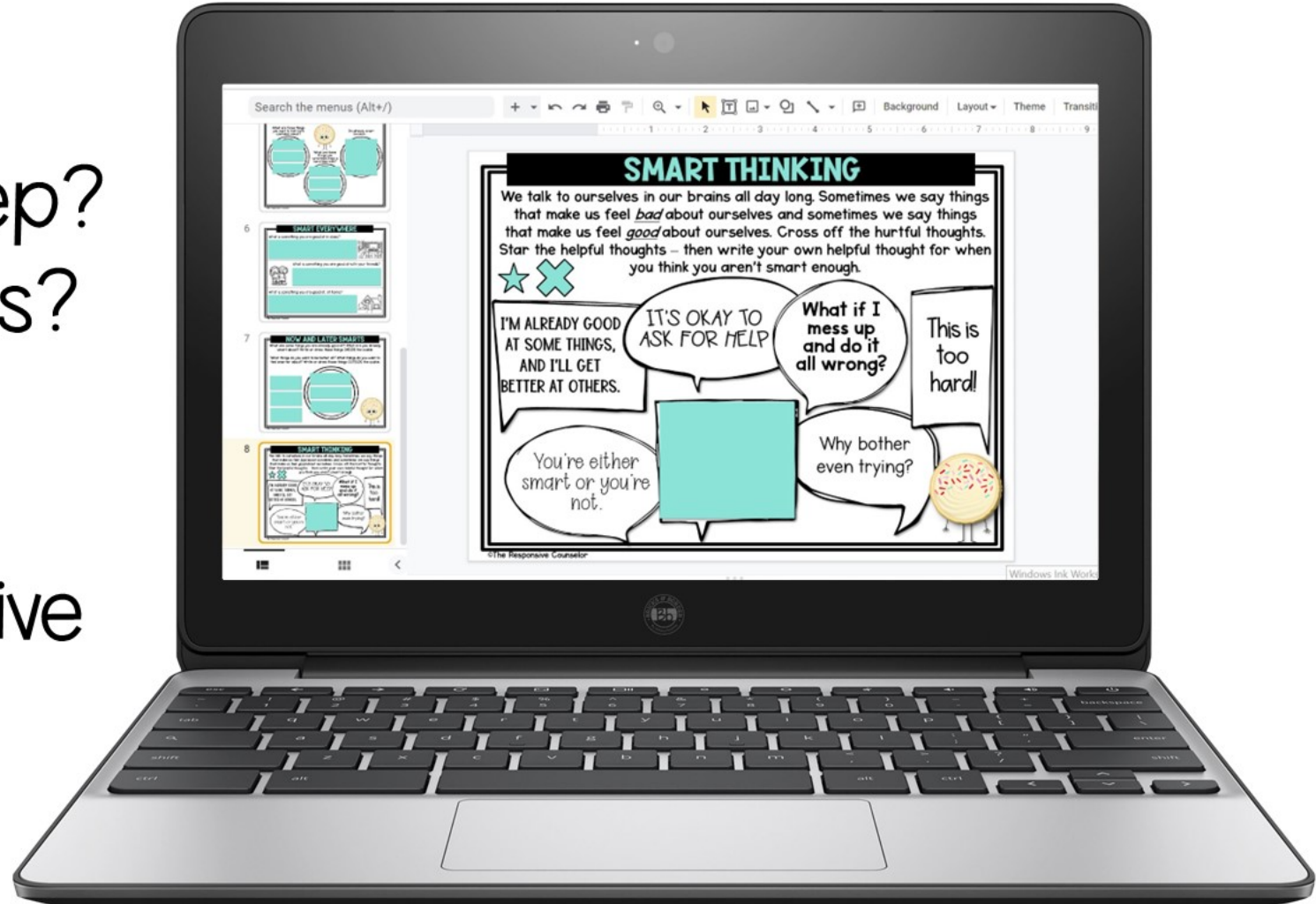
independent reflection

6 worksheets for students to more independently express themselves and practice identifying how people change and how there is good in everyone (and everything)



google slides™

- Want to go zero-prep?
Into digital resources?
- Most activities are
included as interactive
Google Slides!



written lesson plan

ASCA standards and CASEL competencies aligned

Comprehensive lesson plan including objectives, pre and post story discussion questions, and activity directions

The image displays three overlapping pages from a lesson plan for an activity titled "THE SMART COOKIE".

- Page 1 (Left):** Titled "THE SMART COOKIE" with a decorative border. It includes:
 - OBJECTIVE(S):** Students will identify how they are smart and how to increase their confidence.
 - MATERIALS:** The Smart Cookie by Jerry John, mini-book, worksheets, discussion/task cookie cards, 'pick a job' jobs board.
 - Outline:** Includes "Intro: Four Corners" with instructions to ask students questions and respond by moving to a corner.
- Page 2 (Middle):** Titled "OUTLINE (CONTINUED):". It includes:
 - Read and discuss The Smart Cookie (CONTINUED):** A list of discussion questions about the story.
 - Students complete craftivity:** Instructions for writing names on cookie cards and cutting them out.
 - Students complete one or more of the jobs:** A list of jobs for the 'Pick-A-Card' activity.
- Page 3 (Right):** Titled "PICK-A-CARD" with a decorative border. It includes:
 - Directions:** Instructions for grouping students (groups of 4, or 3 if needed) and setting up the activity.
 - Jobs:** A list of jobs for the 'Pick-A-Card' activity, including roles like 'Person A fans the cards out', 'Person B picks a card', 'Person C answers the question', and 'Person D responds to Person C's answer'.

Arrows indicate the flow of the lesson plan: from the objectives and materials on the first page to the discussion and craftivity on the second page, and then to the 'Pick-A-Card' activity on the third page. A large arrow also points from the text "ASCA standards and CASEL competencies aligned" to the top of the pages.

Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are *effective* (using research-based best practices) and *engaging* (through collaborative learning and relevant scenarios) for all types of learners and populations.

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling & Mental Health

Experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



the **RESPONSIVE**
counselor

Let's Connect:

