

This lesson on PERSPECTIVE TAKING was created for whole class lessons but can also be used with small groups or individuals.

The presentation and activities are aligned to:

- American School Counseling Association's Mindsets
   & Behaviors
  - Positive, respectful and supportive relationships with students who are similar to and different from them
  - Empathy
  - Effective collaboration and cooperation skills
- Collaborative for Academic, Social, and Emotional Learning's Core Competencies
  - Social Awareness

### This lesson includes:



Introductory slideshow to model perspective taking in three scenarios



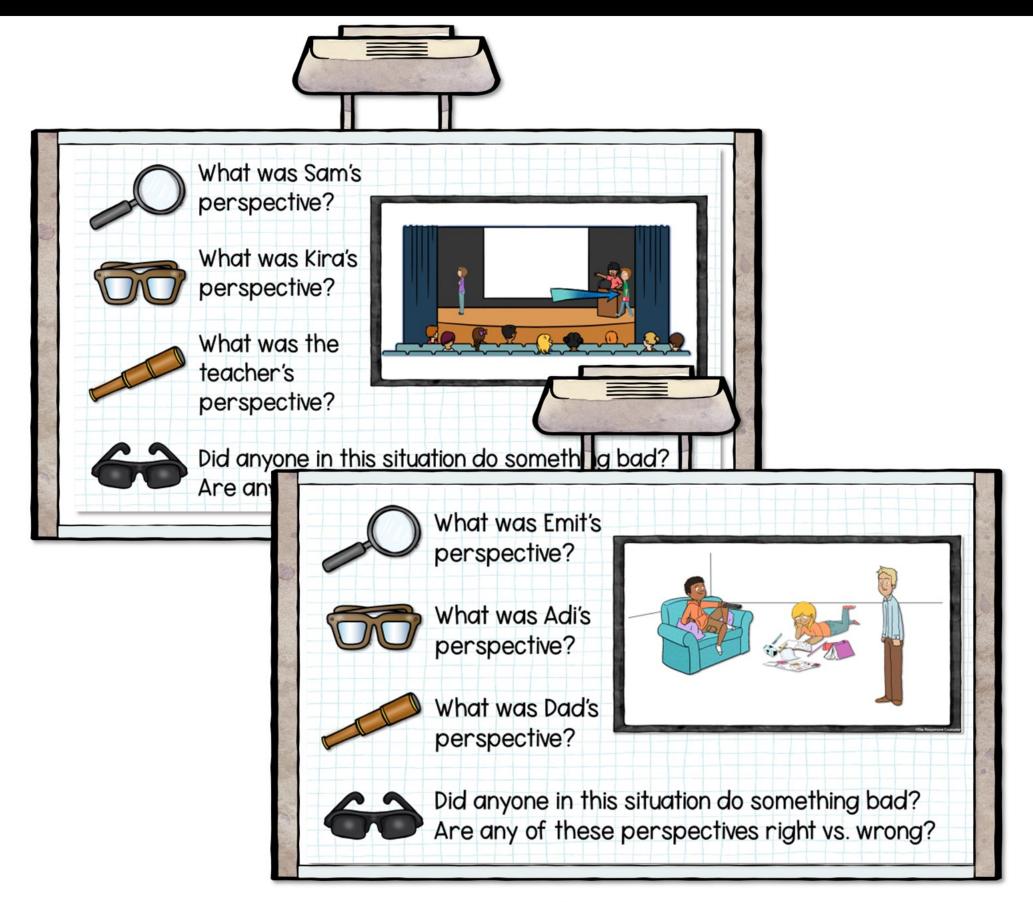
Center/rotation activities for students to practice in pairs or small groups



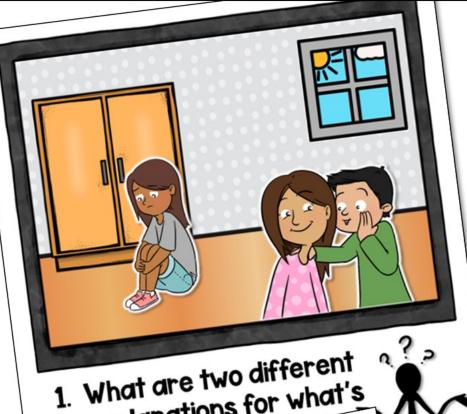
Worksheets and exit tickets



Relevant upper elementary examples throughout!



Slideshow With 3 Stories/Scenarios to Model the Skill (16 slides)

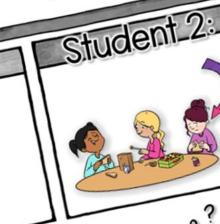


1. What are two different explanations for what's happening in the

# The Situation:

The teacher is allowing students to choose new seats by their friends until break.





- What is Student 1
   thinking and feeling?
  - 2. What is Student 2 thinking and feeling?

# The Situation:

There is a surprise math test today.



### Student 1:

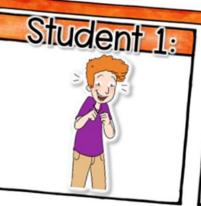
I have not done well on the past 2 math tests, and I haven't done my homework Student 2:

Math has always come easily to me and I don't mind

### The situation:

It's raining outside.







1. What is Student 1

Center/Rotation Scenarios (12 total)

## Also Includes:

 Recommended Book Companion List

- Exit Tickets
- Worksheet Options

# Book Companiol Recommendation

When can you look at someone else's perspective?

These activities were created without the need for any the following picture books would make for great compa have longer group sessions or am breaking some session Click on the covers to find them on Amazon.







#### Understanding Perspectives Taking a Different View Name

The class is doing group work an

#### Student 1:

My family is big and noisy so  ${\rm I}$ don't mind it loud. I get my best work done when there is lots of noise

What is Student 1 thinking and feeling?

The student is getting in tro

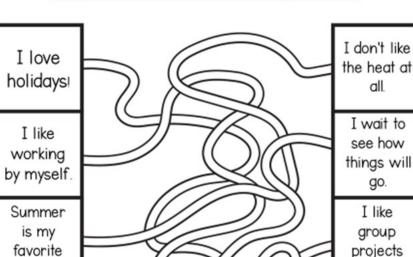
#### Student:

I was talking to my friend because they asked me a question.

Find the Different Perspective

Follow the maze to find the different perspective!

Name:



and one person's perspective. See if you c vith another way to view the situation.

new playground equipment.

Write a different perspective et outside

a big thunderstorm outside.

Write a different perspective

torms and mbrella.

ally loud in the classroom.

Write a different perspective bia and

Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for all types of learners and populations.



# Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University Community, Research, and Action

M.Ed. From Vanderbilt University Human Development Counseling: School Counseling & Mental Health Experience

I'm a school counselor in a large southeastern school district with a wonderfully diverse group of students. I create and implement a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I also share my ideas and resources to reach students and help educators across the world!

Let's Cohhect:









