

Problem Solving SPORTSMANSHIP

K/1st

THE GOOD SPORT GAME

Kiara:
The Good Sport



Jeo didn't get the partner he wanted during gym. He took a deep breath and found a different partner instead.

Is Jeo being a good sport?
3 points

GOOD
SPORT?



Social Emotional Learning

note to the educator

This lesson on **Sportsmanship** can be used on it's own or as part of the larger Problem Solving unit. The activities are truly **developmentally appropriate** for your youngest learners (K/1st) and require zero independent reading.

It's flexibly designed to accommodate any SEL delivery method or schedule.

It was also created using SEL **research-based** best practices:

- Focus on 1 or more specific skills
- Includes activities to practice the skill(s)
- Incorporates cooperative learning
- Provides opportunity for self-reflection

resource includes:

- Short story
- Whole group activity
- Independent or small group practice activity
- Closing circle questions
- Extension activity
- Poster/coloring pages
- Recommended book companions

short story

Kiara: The Good Sport



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Kiara learns how to play fair, follow the rules, and be a good sport!

short story

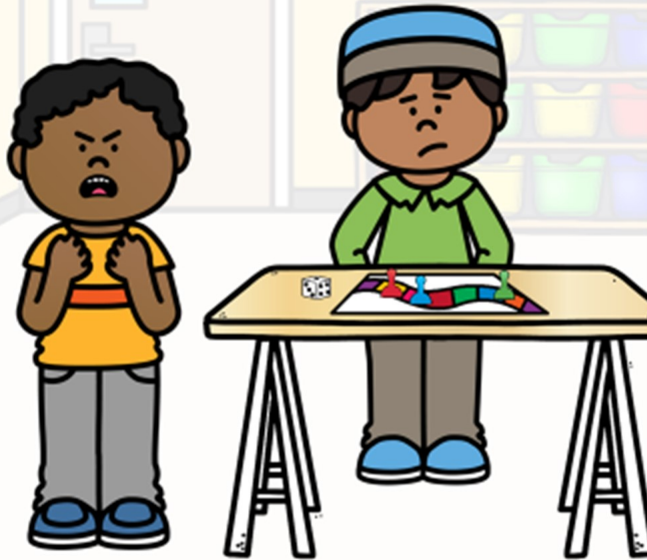
After lunch Kiara's class was working on an art project. "Okay everyone, it is time to clean up. I am looking for the fastest. I have stickers for the winners!" Ms. Kiara said. "Clean up quick. I really like that lion sticker!"



Later that day Kiara was playing soccer with a friend. Kiara kicked and scored a goal. "Haha, I'm going to win! I am the best!" Kiara shouted in a bragging voice. Kiara realized what she said wasn't very kind and was making Naomi feel bad. "I'm sorry, Naomi. I was just excited about scoring a goal," Kiara said. "I know. I get excited when I score a goal, too. When I am excited or proud of myself I usually just say it quietly so only I hear it," Naomi said back. "That's a good idea. I will remember that for next time. Now it's your turn!" Kiara said to Naomi.



When the others were looking away, Kiara quickly switched her piece with Joshua's piece. It didn't take long for the other players to notice. "Wait, you aren't playing fair, Kiara. You moved your piece in front of mine!" Joshua shouted. Kiara felt herself starting to cry and ran to the corner of the classroom.



A few minutes later Naomi kicked the ball and made a goal, winning the game. "Yay!" Naomi said quietly to herself. "Great job, Naomi!" Kiara shouted. "Thanks!" Naomi responded. Kiara realized it felt nice to cheer others on instead of getting upset when they win. Being a good sport means remembering to always play fair and that it's okay if she doesn't always win!



12 pages

whole group activity



Ellie's class was working hard to clean up after art. The first table to clean up wins a sticker. Ellie's table won and she shouted, "Ha! I am the winner!"

Is Ellie being a good sport?
5 points

Karson's baseball team lost their game. Karson went up to the other team and said, "Good game!"

Is Karson being a good sport?
3 points

Conner was playing a computer game and lost. He was feeling mad and slammed his fists on the desk.

Is Conner being a good sport?
3 points

Game cards to practice sportsmanship skills with classmates and identify ways to be a good vs. bad sportsmanship.

independent/small group activity



Simple board game to reinforce
playing fair and being a good sport.

extensions

Book Companions



This lesson can be used without any stories, but the following picture books would make for great companions. Click on the covers to find them on Amazon.



Reinforcing Sportsmanship

Your students just received a lesson about SPORTSMANSHIP AND PLAYING FAIRLY. Below is an extension and reinforcement activity you can use with your class to make their learning stick!

Gather class as a whole and instruct students to walk around their classroom (after educator prompt), find a partner, and repeat (after the educator) the phrases and/or actions below to practice good sportsmanship. Each student will alternate practicing. Give students 1-2 minutes to practice with their partner before having them walk to find someone new.

Name: _____

I can be a good sport!



Name: _____

I can be a good sport!



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I can be a good sport!

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how to use

Use for one lesson or multiple lessons.

Can also be used for small group/ tier 2 support.

PACING GUIDE (25-30 minute lesson)

- Story (7-10 minutes)
- Whole group activity (5 to 7 minutes)
- Introduce small group activity (5 minutes)
- Small group practice activity (7-10 minutes)
- Closing circle question: (3-5 minutes)

PACING GUIDE (45 minute lesson)

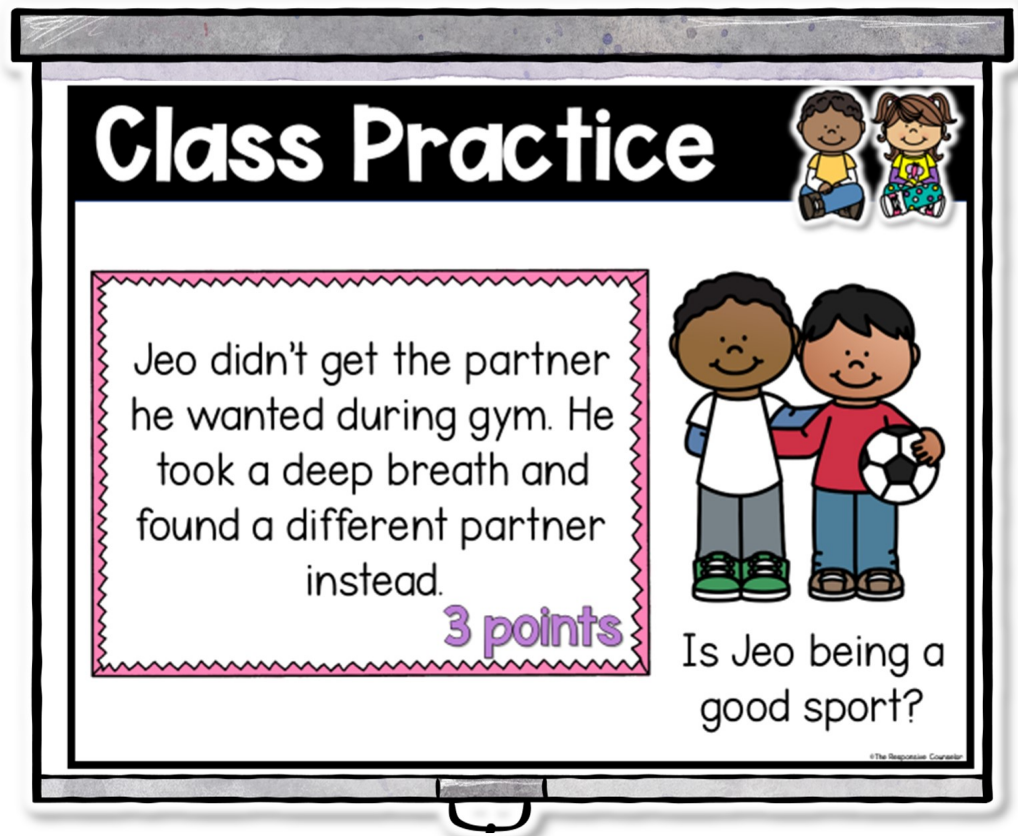
- Same as above, but use all of the cards scenarios for the whole group activity
- Students color the "I can" page
- Read a recommended book companion

PACING GUIDE (super mini lessons, weeklong)

Mon	Read and discuss story
Tues	Whole group activity
Wed	Small group practice activity
Thurs	Extension activity + recommended read aloud
Fri	Color "I Can" page + closing circle

how to use

Love technology?
Use the included
slideshow to guide
the activities.



Want a tech-free
option?

Everything can be
done screen-free
with printables.

Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are *effective* (using research-based best practices) and *engaging* (through collaborative learning and relevant scenarios) for all types of learners and populations.



Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling & Mental Health

Experience

I'm a school counselor from a large southeastern school district with a wonderfully diverse group of students. I create and implement a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. I also share my ideas and resources to reach students and help educators across the world!

Let's
Connect:

