

SEL KINDER / 1st CURRICULUM



**save 20% by
grabbing this
bundle and have
all of your lessons
(or small groups!)
ready for the year!**

16 social emotional learning lessons

- ▶ Identifying and Expressing Feelings
- ▶ Listening
- ▶ Following Directions
- ▶ Growth Mindset
- ▶ Perseverance
- ▶ Caring About Others
- ▶ Kind Words
- ▶ Personal Space
- ▶ Sharing
- ▶ Coping Skills
- ▶ Understanding Others' Feelings
- ▶ Conflict Resolution
- ▶ Sportsmanship ...*and more!*

skills-based



- ▶ Created using research-based SEL strategies: introducing and modeling the skills, practicing the skills, and cooperative learning

digital or printable


Class Practice



Is this showing following directions?

Mariah was playing during indoor recess. Her teacher told the class recess was over and it was time to clean up.

©The Responsive Counselor




FOLLOWING DIRECTIONS PRACTICE

Mariah was playing during indoor recess. Her teacher told the class recess was over and it was time to clean up.

Is this showing following directions?

Pretend you are coloring a picture, then show me good listening



- ▶ Use the slideshow to guide the lessons, print everything out for a screen-free option, or use some of each!

what educators say...

"This is hands down my favorite resource for kindergarten students. When I started classroom lessons, I didn't feel like my lessons were effective or engaging enough. This resource changed everything!"

-Allie F.




each set includes...

Need
developmentally
appropriate
resources that
are completely
done for you and
have everything
you need?


- Short story
- Whole group activity
- Small group practice activity (no reading required!)
- Closing circle questions
- Extension activity
- Poster/coloring pages
- Recommended book companions

closer look inside

Christina Learns to Listen



©The Responsive Counselor




GOOD LISTENING?


©The Responsive Counselor

You are coloring at your table when your teacher asks for the class's attention. Instead of stopping and looking at your teacher while she is talking, your eyes are still on your coloring.

Showing You Care When...



©The Responsive Counselor



He
Comforting your friend when they're sad.

Joshua Shows He Cares




©The Responsive

Name: _____

Show You Care

1	2	3	4	5



©The Responsive Couns

closer look inside

Joshua Uses I-Messages




I feel _____
when _____
Can you please _____?

WHAT SHOULD YOU SAY?

THIS  THAT

Christina Gives Personal Space

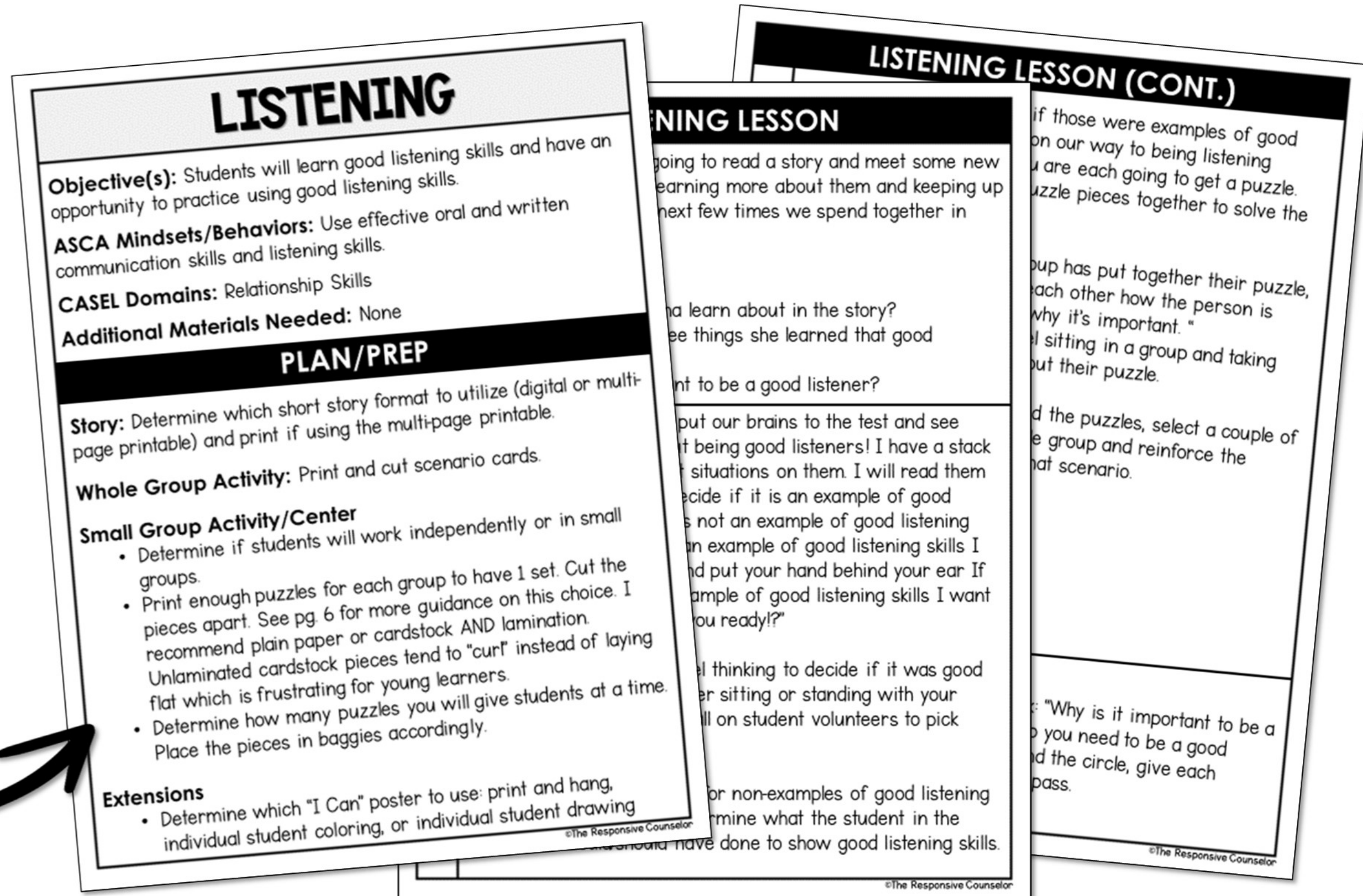
Can I...?

 Giving
 NOT Giving Space




written plans

Each lesson/activity pack includes a complete written plan including objectives, materials, and thorough outline (with scripting when applicable).



B+W included



learning skills

1. Listening
2. Following Directions
3. Growth Mindset
4. Perseverance

social skills

1. Kind vs. Hurtful Words
2. Personal Space
3. Sharing + Taking Turns
4. Showing You Care



feelings skills

1. Understanding Comfortable Feelings
2. Understanding Uncomfortable Feelings
3. Understanding Others' Feelings
4. Coping Skills

problem-solving

1. I-Messages
2. Apologies
3. Sportsmanship
4. Playing Together



Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are *effective* (using research-based best practices) and *engaging* (through collaborative learning and relevant scenarios) for all types of learners and populations.

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling & Mental Health

Experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



Let's Connect:

