

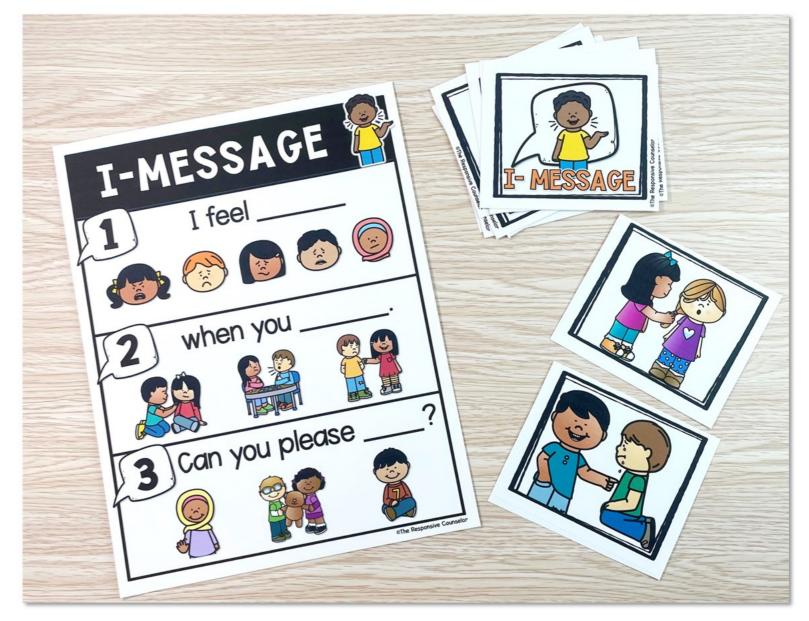
### 16 social emotional learning lessons

- Identifying and Expressing Feelings
- Listening
- Following Directions
- Growth Mindset
- Perseverance
- Caring About Others
- Kind Words

- Personal Space
- Sharing
- Coping Skills
- Understanding Others'
  Feelings
- Conflict Resolution
- Sportsmanship ...and more!

## skills-based

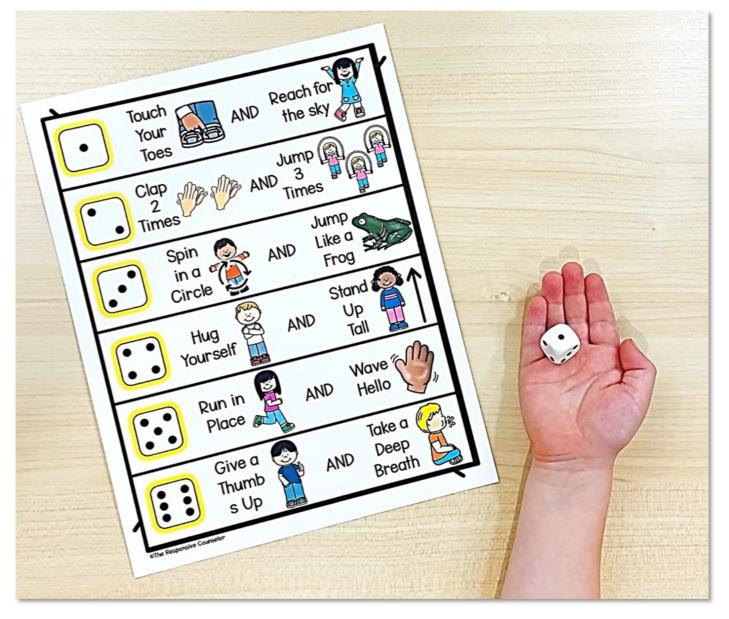




Created using research-based SEL strategies: introducing and modeling the skills, practicing the skills, and cooperative learning

# play and movement-based





Activities are developmentally appropriate and full of relevant-scenarios for students to learn and grow - games, puzzles, sorting, and more!

# digital or printable





Use the slideshow to guide the lessons, print everything out for a screen-free option, or use some of each!

# what educators say...

"This is hands down my favorite resource for kindergarten students. When I started classroom lessons, I didn't feel like my lessons were effective or engaging enough. This resource changed everything!"



## each set includes...

Need developmentally appropriate resources that are completely done for you and have everything

- Short story
- Whole group activity
- Small group practice activity (no reading required!)
- Closing circle questions
- Extension activity
- Poster/coloring pages
- Recommended book companions

# closer look inside



# closer look inside



# written plans

Each lesson/activity pack includes a complete written plan including objectives, materials, and thorough outline (with scripting when applicable).

### LISTENING

Objective(s): Students will learn good listening skills and have an opportunity to practice using good listening skills.

ASCA Mindsets/Behaviors: Use effective oral and written communication skills and listening skills.

CASEL Domains: Relationship Skills Additional Materials Needed: None

### PLAN/PREP

Story: Determine which short story format to utilize (digital or multipage printable) and print if using the multi-page printable.

Whole Group Activity: Print and cut scenario cards.

- Determine if students will work independently or in small Small Group Activity/Center
  - Print enough puzzles for each group to have 1 set. Cut the pieces apart. See pg. 6 for more guidance on this choice. I recommend plain paper or cardstock AND lamination. Unlaminated cardstock pieces tend to "curl" instead of laying flat which is frustrating for young learners.
  - Determine how many puzzles you will give students at a time. Place the pieces in baggies accordingly.

 Determine which "I Can" poster to use: print and hang, individual student coloring, or individual student drawing

### LISTENING LESSON (CONT.)

### NING LESSON

joing to read a story and meet some new earning more about them and keeping up hext few times we spend together in

ha learn about in the story? ee things she learned that good

nt to be a good listener?

but our brains to the test and see t being good listeners! I have a stack situations on them. I will read them ecide if it is an example of good not an example of good listening in example of good listening skills I nd put your hand behind your ear If ample of good listening skills I want ou ready!?"

I thinking to decide if it was good er sitting or standing with your II on student volunteers to pick

or non-examples of good listening rmine what the student in the <del>iu nave</del> done to show good listening skills.

if those were examples of good on our way to being listening are each going to get a puzzle. uzzle pieces together to solve the

oup has put together their puzzle, ach other how the person is why it's important. " I sitting in a group and taking out their puzzle.

d the puzzles, select a couple of group and reinforce the nat scenario.

"Why is it important to be a you need to be a good id the circle, give each

# B+W included



## learning skills

- 1. Listening
- 2. Following Directions
- 3. Growth Mindset
- 4. Perseverance



### social skills

- 1. Kind vs. Hurtful Words
- 2. Personal Space
- 3. Sharing + Taking Turns
- 4. Showing You Care



### feelings skills

- 1. Understanding Comfortable Feelings
- Understanding Uncomfortable Feelings
- 3. Understanding Others' Feelings
- 4. Coping Skills

### problem-solving

- 1. I-Messages
- 2. Apologies
- 3. Sportsmanship
- 4. Playing Together



Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for all types of learners and populations.

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling & Mental Health

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



Let's Connect:









