

SORRY!

COMPANION LESSON



- **Popularity**
- **Peer Pressure**
- **Staying True to Yourself**

SORRY!

): Students will
t it means to stay
nselves vs. acting
r values to fit in or be

AINS: Self-
Responsible
king

Hook:
ion A: Lemmings Activity

Send one student on a brief errand

have every
and walk d

to talk to t

keep going

When the s

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exercise a

students' c
"everyone
ion B: What

Ask student
pressure. C
("You shou

MATERIALS: Sorry! By Trudy

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demonstr

behaviors

situation

OUTLINE CONTINUED:

- I bet she would never notice you want to be friends with with him.") and indirect (even some way, everyone choosing when they see others not do also be good (when people something hard, when you see to a new person).
- Ask students: What does it mean to yourself? When you do what you being true to yourself?

• Read Sorry!

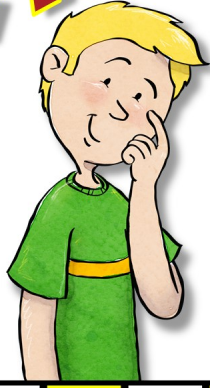
OUTLINE CONTINUED:

• Option B: Quiz, Quiz, Trade

- Give each student a card then ask them to stand up and find a partner. Each student takes a turn reading their question aloud and allowing their partner answer (coaching them if needed). Then they switch cards and go find new partners. Continue for as much time is available.
- Gather whole group. Pre-select questions with the meaning/impact for your group and draw stars on them. Ask students holding those cards to read the questions and discuss whole group.

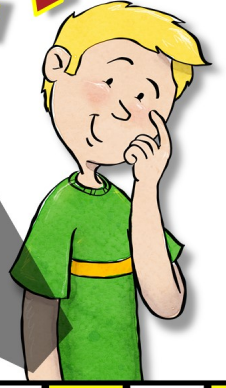
- Students complete exit ticket (teacher/counselor selects 1 c

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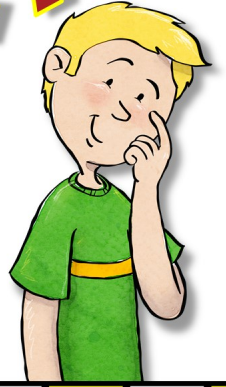
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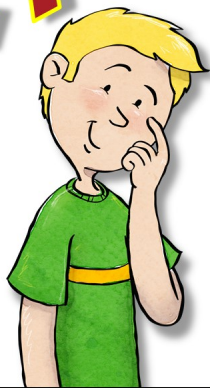
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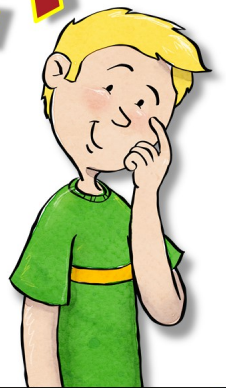
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Have you ever given a friend things that made you feel uncomfortable?

Have you given a better apology to Mike about the water balloon?

Why did you throw the balloon?

How do you know if someone is a good friend?

What is an example of a way that students influence each other?

Why did Jack say that?

Was Leena right to be equally mad at Jack about her project, even though he didn't touch it?

If a lot of people in your class are doing something, how do you know if you should do it too?

Jack said to Leena when he told her to throw the water balloon?

What could Jack have said to Charlie when he was playing with his project?

Is Leena a friend?

How does the book...

SILENT TALK

READ EVERYTHING AND THEN:

- Add a comment/answer
- Write a question
- Underline key parts
- Connect ideas with a line →
- Add exclamation marks!!! or question marks???
- Draw a star by an idea ★

SILENT TALK

READ EVERYTHING AND THEN:

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Jack said

"A guy's gotta do what a guy's gotta do to be cool"

AGREE OR DISAGREE

Why or why not?

What have said when **Charlie**

is working with Leena's project?

What do you THINK WOULD HAVE

HAPPENED IF HE SAID SOMETHING?

What was the author's **message**?

Why did she write this book?

Imagine the author wrote a **SEQUEL** to this book with these characters.

WHAT DO YOU THINK WOULD HAPPEN IN IT?

What do *you* think is cool or popular?



What do *other* students think is cool or popular?

What does it mean to **"STAY TRUE TO YOU"**?

NAME: _____

What was the most
important thing we talked
about today?



NAME: _____

What was the most
important thing we talked
about today?



NAME: _____

What was the most
important thing we talked
about today?



NAME: _____

What was the most
important thing we talked
about today?



PREVIEW

NAME: _____

What is more important to
you than being cool?



NAME: _____

What is more important to
you than being cool?



NAME: _____

What is more important to
you than being cool?



NAME: _____

What is more important to
you than being cool?



PREVIEW

NAME: _____

What is 1 thing another student wrote that you really agree with?



NAME: _____

What is 1 thing another student wrote that you really agree with?



NAME: _____

What is 1 thing another student wrote that you really agree with?



NAME: _____

What is 1 thing another student wrote that you really agree with?



PREVIEW

the RESPONSIVE counselor



Hey y'all! I'm Sara. I create resources for elementary students, counselors, and teachers that improve social emotional learning and classroom culture. My focus is making things that are *effective and engaging* for WIGGLY + CHATTY learners and that utilize wording and scenarios accessible to underserved and ELL populations.

Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling and
Clinical Mental Health

Experience

I started my post-grad career as a school-based therapist before becoming an elementary school counselor. Social and emotional learning in youth is my passion, whether through large group prevention, individual intervention, or parent and teacher education! I have been an elementary school counselor since 2012, providing a comprehensive school counseling program to a diverse population.

Let's
Connect:

