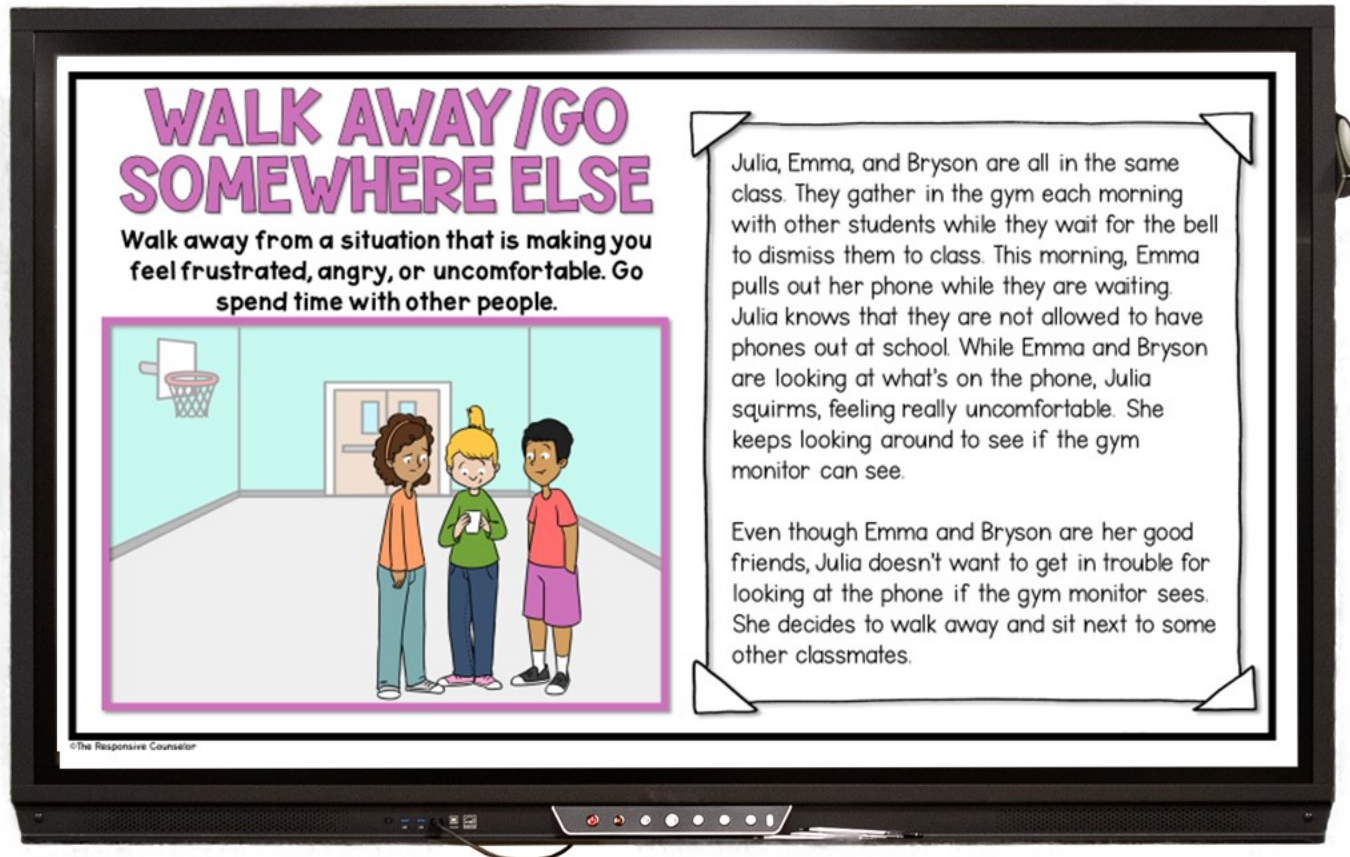


# CONFLICT RESOLUTION

## social emotional learning activities

- For 2<sup>nd</sup> -5<sup>th</sup> graders
- Task cards
- Worksheets
- Interactive + engaging



# notes to the counselor/teacher

- This is a research-based social emotional learning lesson that increases students' ability to use conflict resolution strategies.
- It focuses on understanding different conflict resolution strategies and practicing those strategies using real-life scenarios.
- Activities and directions are included for if you have 30 minutes or 45 minutes (plus book companions if you have 60 minutes!)





# teach

## IGNORE

Keep doing your job and don't react.  
Don't let it bother you, it's no big deal!



Charlie and his best friends Ty and Pratik are all in the same class. They love to have fun together, but sometimes they get silly when they should be working. The friends just had a talk with their teacher, Ms. Goode about it last week. Today during writing centers, Ty and Pratik were at the station next to Charlie. Pratik started dancing and moving around and Ty was giggling at him. They kept trying to get Charlie's attention and to get him to laugh too. Charlie wanted to have fun with them, but he knew he needed to get his work done. Charlie ignored them so he could finish his task. He will play and laugh with them when they all go out for recess!

Teach about different conflict resolution strategies using real-life scenarios students may experience.

Want to add more engagement? Have student volunteers act them out!

# scenario task card practice

Students work in pairs or groups to determine which conflict resolution strategies might be best to use in different conflict situations.

Choose from three different activities and forty-eight cards.





# worksheet practice

## How Can YOU Use Conflict Resolution Strategies?

Name: \_\_\_\_\_

Review each of the conflict resolution strategies. Then, write about a scenario when you might use each strategy.

**IGNORE:** Keep doing your job and don't react. Don't let it bother you, it's no big deal!

**TALK IT OUT:** Let the person know how what they did made you feel. Let them know what you need.

**SHARE WITH OTHERS:** Share materials and include others in groups, projects, and activities.



Name: \_\_\_\_\_

## I-Message

Instructions: Fill in the blanks to create an I Message for each scenario.

Your friend sits by you at lunch and sometimes helps themselves to the food on your tray. You don't think they mean to be rude, but it makes you really uncomfortable. You need to talk to them about it. What might you say?

I feel \_\_\_\_\_

when you \_\_\_\_\_

I need you to \_\_\_\_\_

Your friend interrupts you a lot when you're talking or telling a story. You always listen to what they have to say, and it frustrates you that they don't let you finish. How might you tell them this?

I feel \_\_\_\_\_

when you \_\_\_\_\_

I need you to \_\_\_\_\_

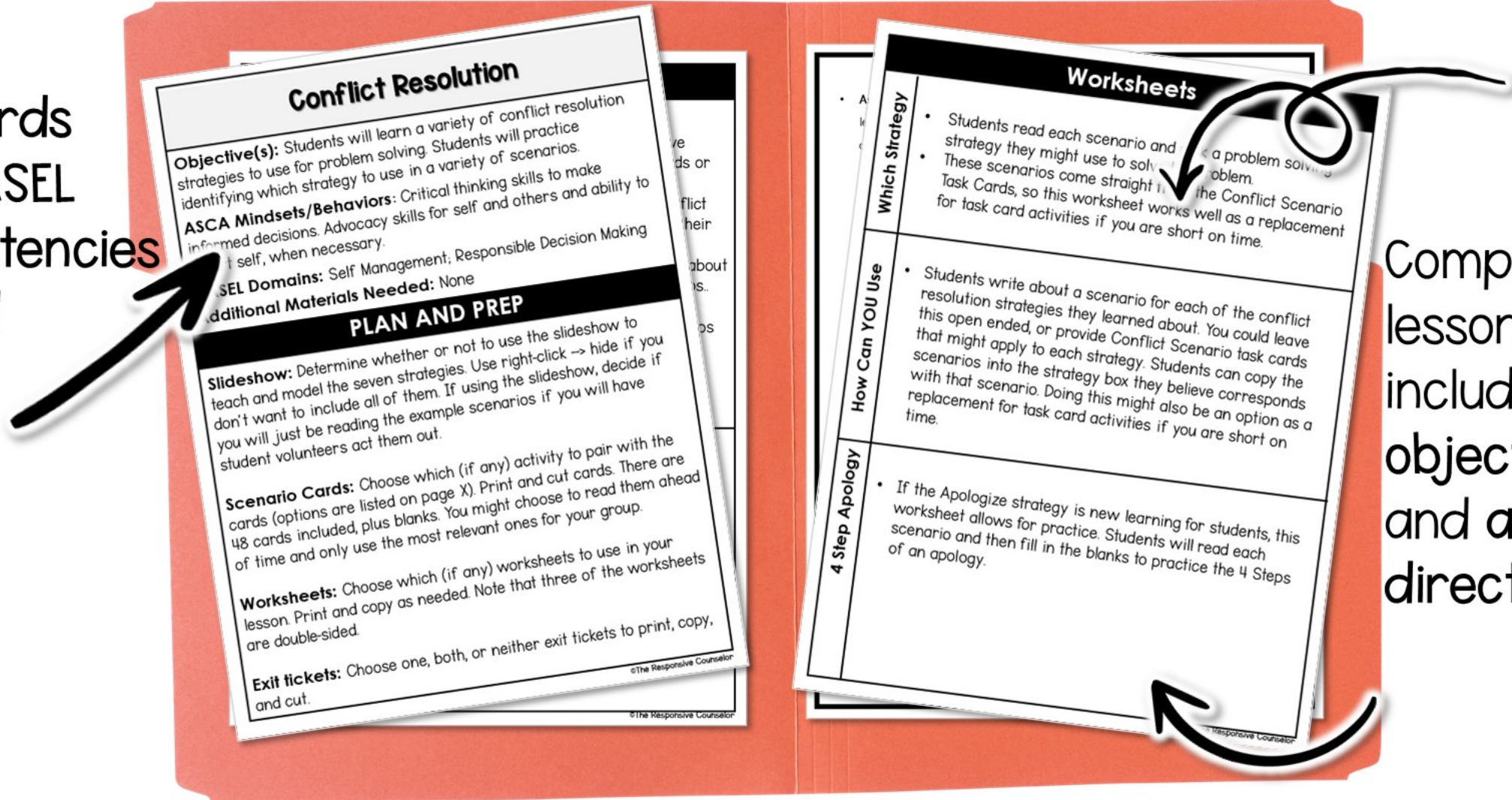


Five different worksheets are included:

- Create a conflict comic
- I-messages
- Apologies
- Match the situation to the strategy
- When would you use...?

# written lesson plan

ASCA  
standards  
and CASEL  
competencies  
aligned



Comprehensive  
lesson plan  
including  
objectives  
and activity  
directions



Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are *effective* (using research-based best practices) and *engaging* (through collaborative learning and relevant scenarios) for all types of learners and populations.

## Education

B.A. from Michigan State University  
Psychology and Anthropology

M.S. from Vanderbilt University  
Community, Research, and Action

M.Ed. From Vanderbilt University  
Human Development Counseling:  
School Counseling & Mental Health

## Experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



the **RESPONSIVE**  
**counselor**

Let's Connect:

