

# Time Management

## Story Scripts

Optional Opener: Help students get a better idea of how long a minute is. Ask students to close their eyes or put their heads down. Tell them to raise a hand when they think one minute has passed. When you see one minute has really passed, ask everyone to look up. Discuss how a minute can seem really long.

Tell your students a story about time management with these three story scripts. As you read the stories (or have a student read them!), use student volunteers to "act" out the story and color in the sheet (projected or draw on board) to show how time passes. You could also print a copy of the time sheet for each student to color in as you go.

After each student's story, ask and discuss "How did this student choose how to spend their time?" (Student A - whatever was fun and not boring, Student B - whatever was easy and not hard, Student C - whatever it took to do the job with their best effort)

An optional exit ticket is included for students to reflect on their own time spending habits.

# FUN FRANCINE

Fun Francine doesn't like writing problems so she decides to wait a bit before beginning it. She starts her time with a trip to the bathroom and spends a little extra time walking back so she could finish humming her favorite song. Color in 5 minutes. When Francine got back to class, she began talking to someone sitting at her table all about the basketball game she saw on TV the night before. Color in 5 minutes. Her friend got quiet and started working again. Francine looked at her paper, decided she still didn't want to write anything, and then she looked in her desk for something fun to do. She found some paper in her desk and played with it for a bit. Color in 5 minutes. Her teacher looks over at her so Francine decided she needs to get some work done. She worked for 10 minutes before getting bored and then got out her new library book and began reading it. Color in 5 minutes. Oh!

Time is up.

- *How much time did she spend on the assignment?*
- *What grade do we think she would earn?*
- *How did she make choices about how to spend her time? (Focused on fun)*

## Fun Francine

5 Minutes	5 Minutes	5 Minutes
5 Minutes	5 Minutes	5 Minutes

## Easy Edward

5 Minutes	5 Minutes	5 Minutes
5 Minutes	5 Minutes	5 Minutes

## Working William

5 Minutes	5 Minutes	5 Minutes
5 Minutes	5 Minutes	5 Minutes

Name: \_\_\_\_\_

Which character is most like  
how you spend your time: Fun  
Francine, Easy Edward, or  
Working William? Why?

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# THE Responsive COUNSELOR



## Education

B.A. from Michigan State University  
Psychology and Anthropology

M.S. from Vanderbilt University  
Community, Research, and Action

M.Ed. From Vanderbilt University  
Human Development Counseling:  
School Counseling and  
Clinical Mental Health

## Experience

I started my post-grad career as a school-based therapist before becoming an elementary school counselor. Social and emotional learning in youth is my passion, whether through large group prevention, individual intervention, or parent and teacher education! I have been an elementary school counselor since 2012, providing a comprehensive school counseling program to a diverse population.

## Philosophy

- I only sell resources that I create for my own students and use first with them!
- All of my work is rooted in evidence-based instructional, SEL, and/or therapeutic practices.
- My aim is to make things **effective** and **engaging** for wiggly learners and use wording accessible to underserved and EL populations.

## Connect With Me!

