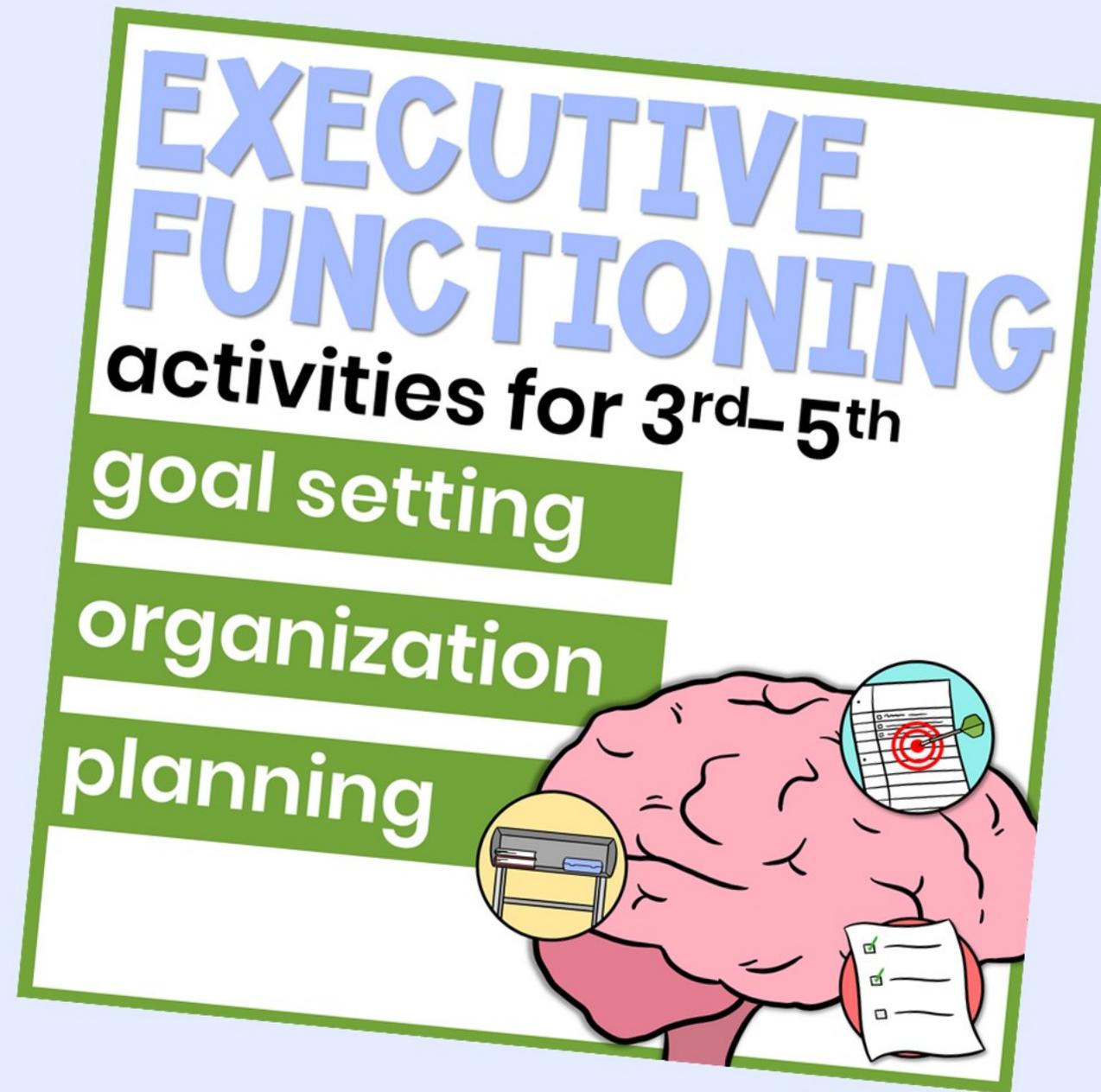


✓ For **3rd–5th** graders who struggle with **planning**, **staying organized**, or **setting and working towards goals**

✓ Low prep, **hands-on** activities

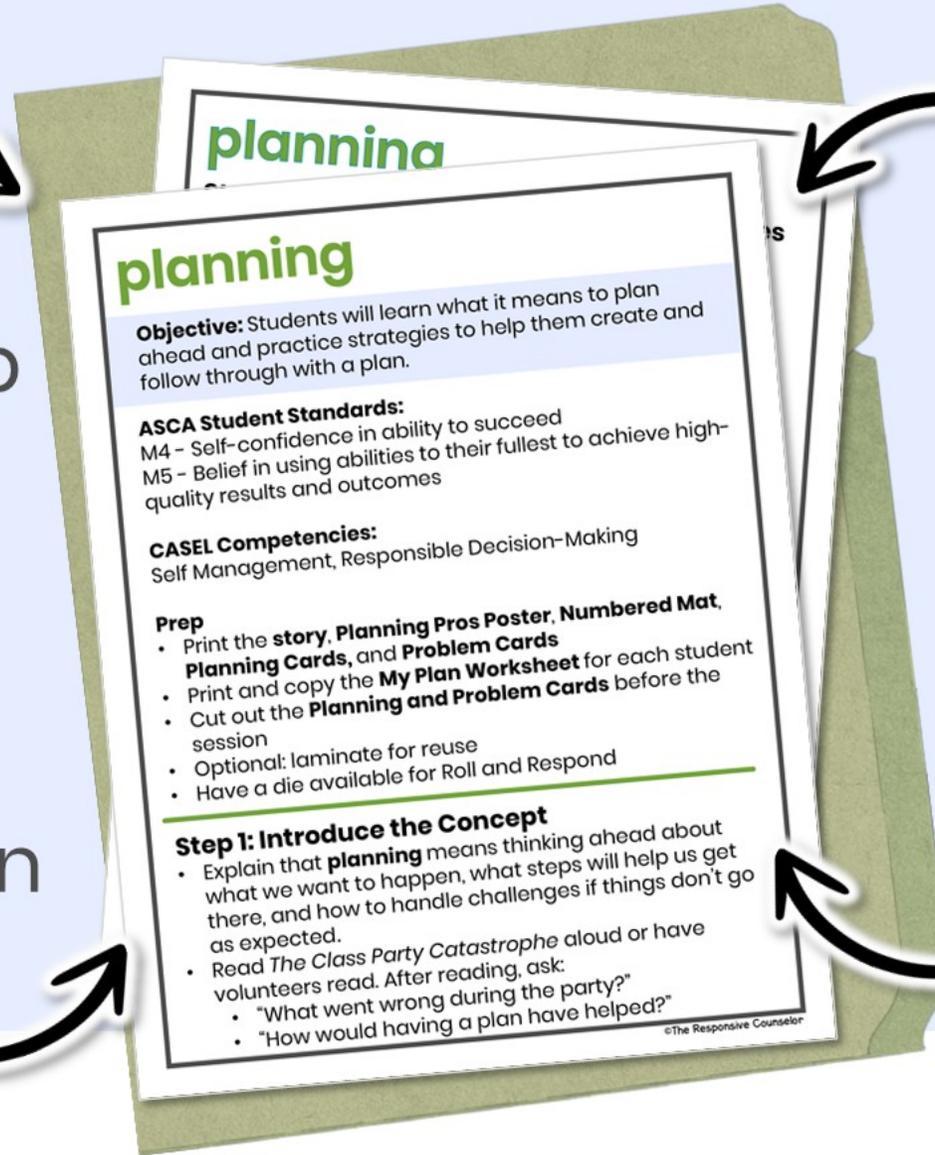
✓ Lots of **flexibility** – use in class lessons, small groups, or individual sessions



what's included?

Clear, step-by-step instructions

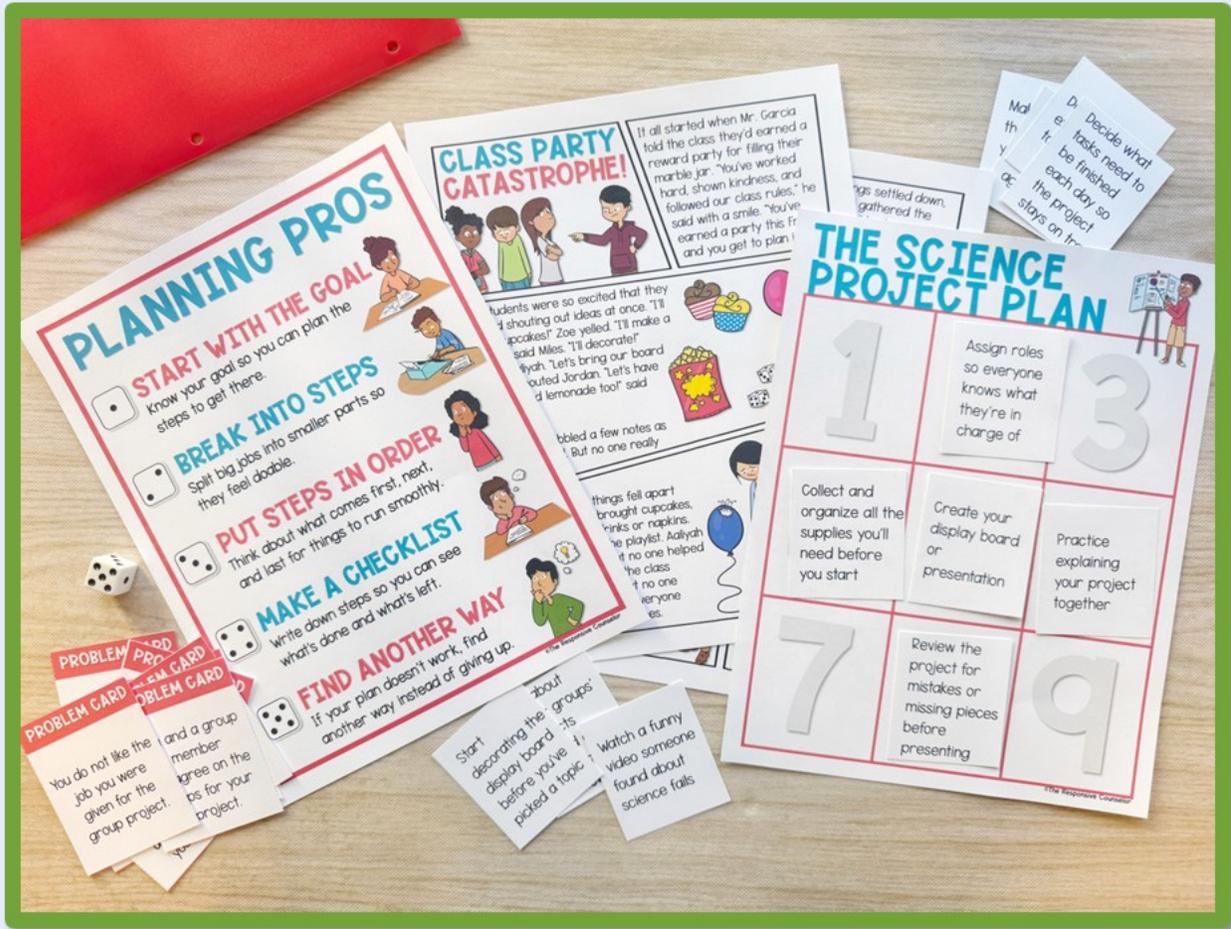
Built in discussion questions



Opportunities for skill practice that are both meaningful and fun

Reflection prompts

planning activities



- Students learn strategies that let them turn goals into clear, step-by-step plans
- Planning challenges guide students through ordering steps, identifying distractions and time-wasters, and revising plans when things don't go as expected

organization activities



- A classroom cleanup challenge helps students explore what being organized looks like and why it matters
- Scenario cards let students evaluate everyday situations and think about how organization could be improved

goal setting activities

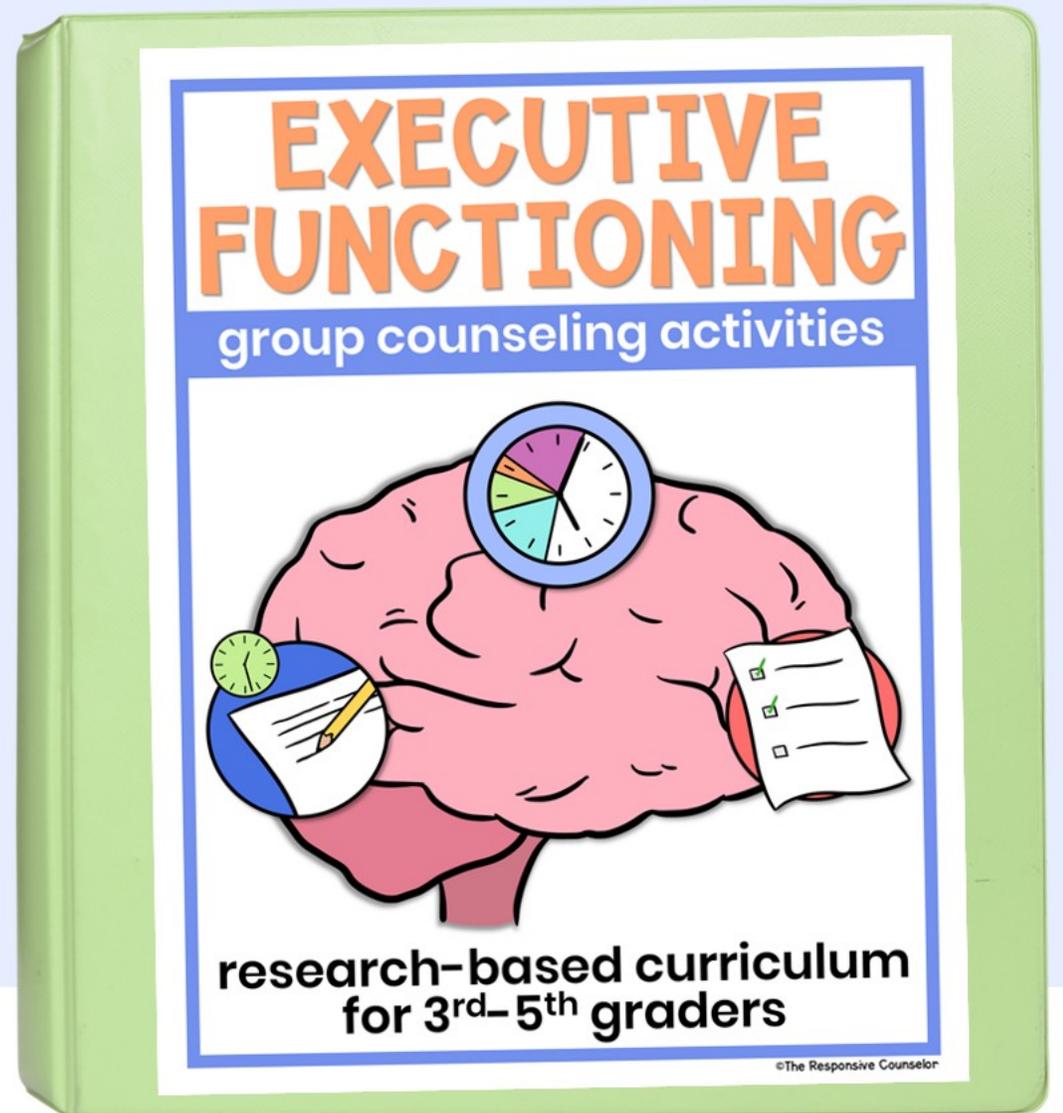


- The Goal Memory Match game helps students explore different types of goals and think about why goals matter
- Students then set their own personal and academic goals and break them into action steps with the My Goals worksheet

group curriculum

These activities – and many more – are also included in the Executive Functioning Group Counseling Curriculum!

Find the link in the description for this resource.



Hi, I'm Sara! At The Responsive Counselor, we create resources for school counselors, child therapists, and teachers that improve social emotional learning and help students be their best selves. Our focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for students.

B.A. from Michigan State University

Psychology and Anthropology

M.S. from Vanderbilt University

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M.Ed. From Vanderbilt University

Human Development Counseling:
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experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



let's connect:

