

LULU LEARNS ABOUT OTHER'S FEELINGS

- Learning to identify and care about others' feelings for grades **Pre-K + K**
- Super **low prep!**



Designed for Little Learners!

Created especially for
Pre-K and **Kindergarten:**

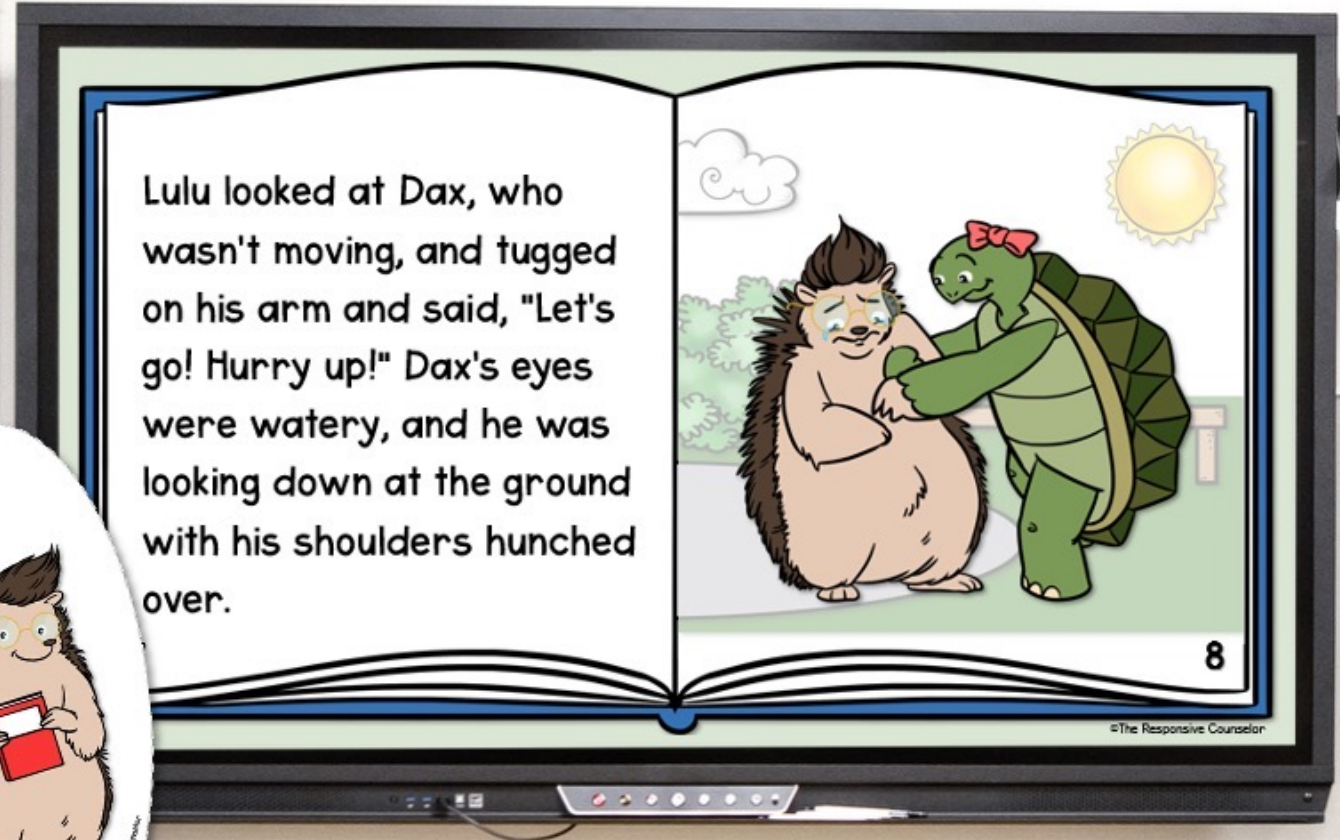
- Lovable characters
- Short, engaging stories
- Simple, age-appropriate language
- Interactive movement and play
- Flexible practice activities



Start with a story!

Lulu wants to play hide-and-seek, but Dax doesn't. Ms. Juniper helps her notice how Dax is feeling and learn why it's important to **understand others' feelings**.

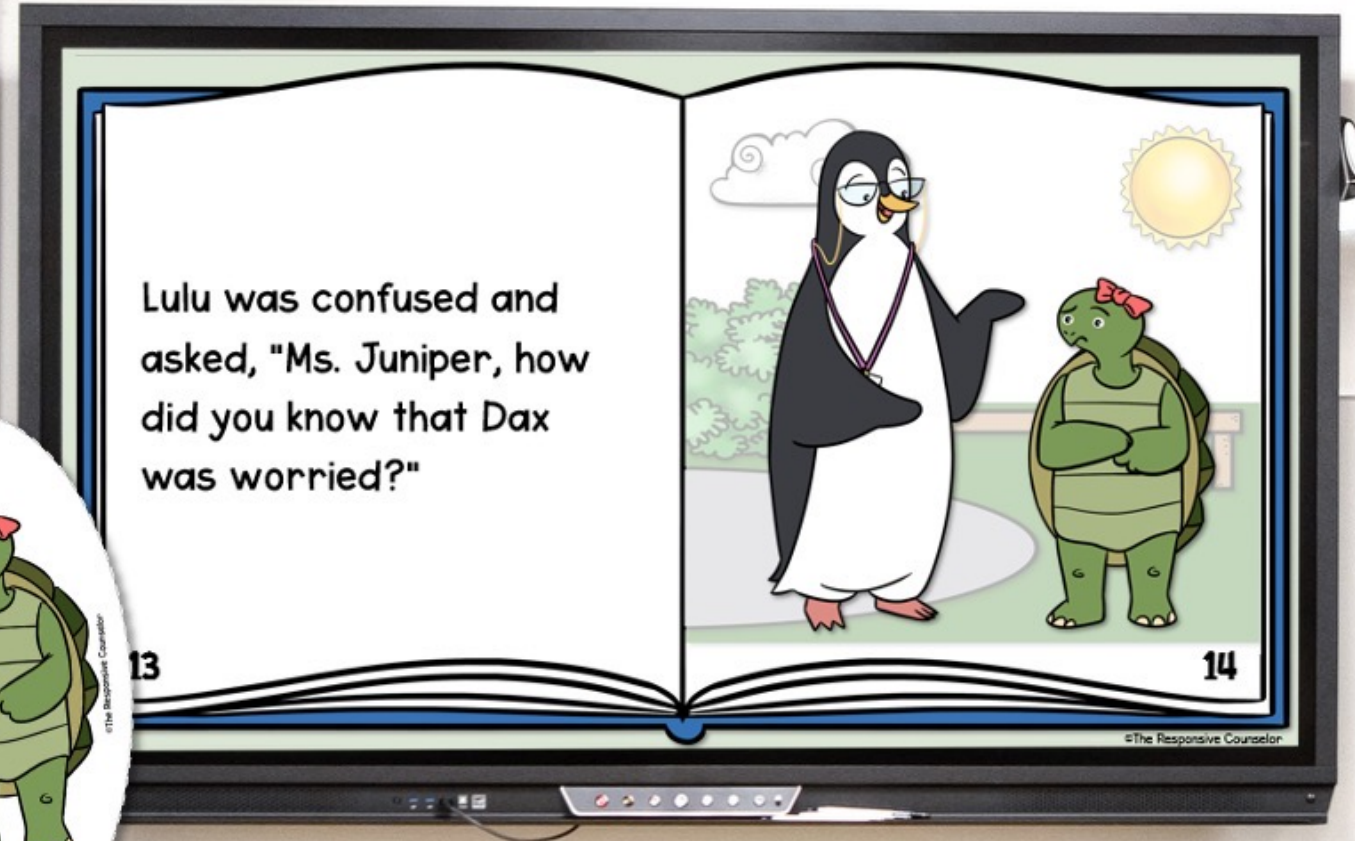
Use easy stick puppets to add another **engaging** element.



Follow Along!

Young learners will enjoy following Lulu's adventures as she **explores** others' feelings and **learns** new skills.

Every page encourages discussion, reflection, and learning.



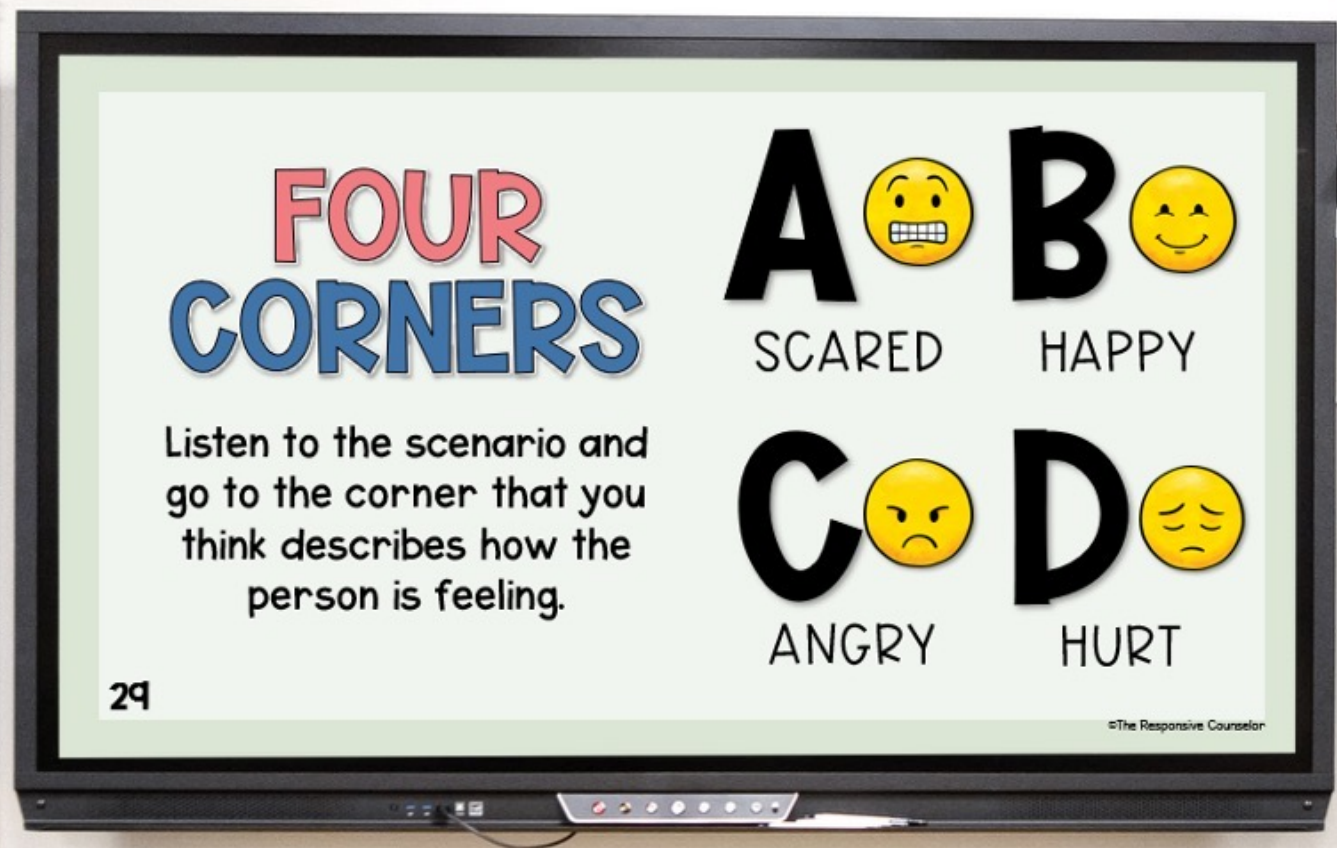
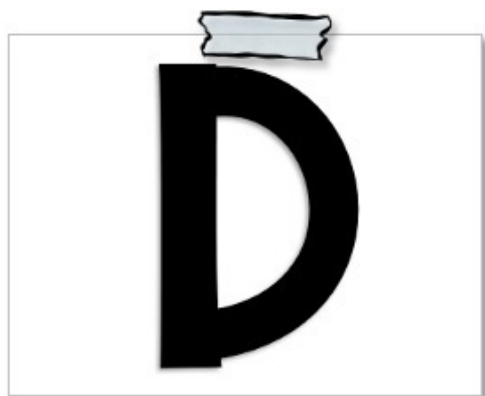
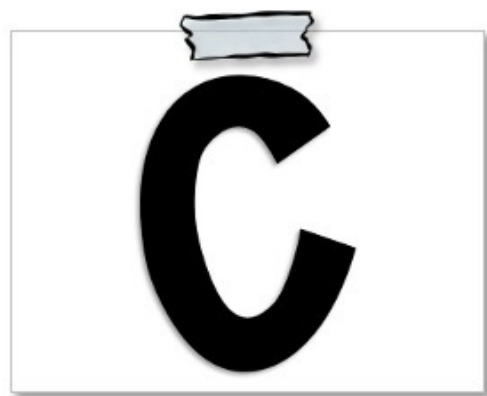
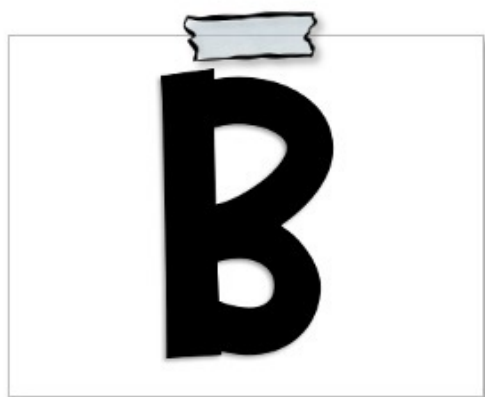
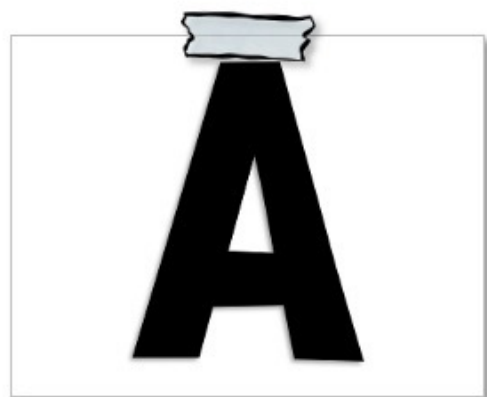
Reinforce!

With rhymes and motions, engage students in a call-and-response chant to **reinforce their learning.**



Practice!

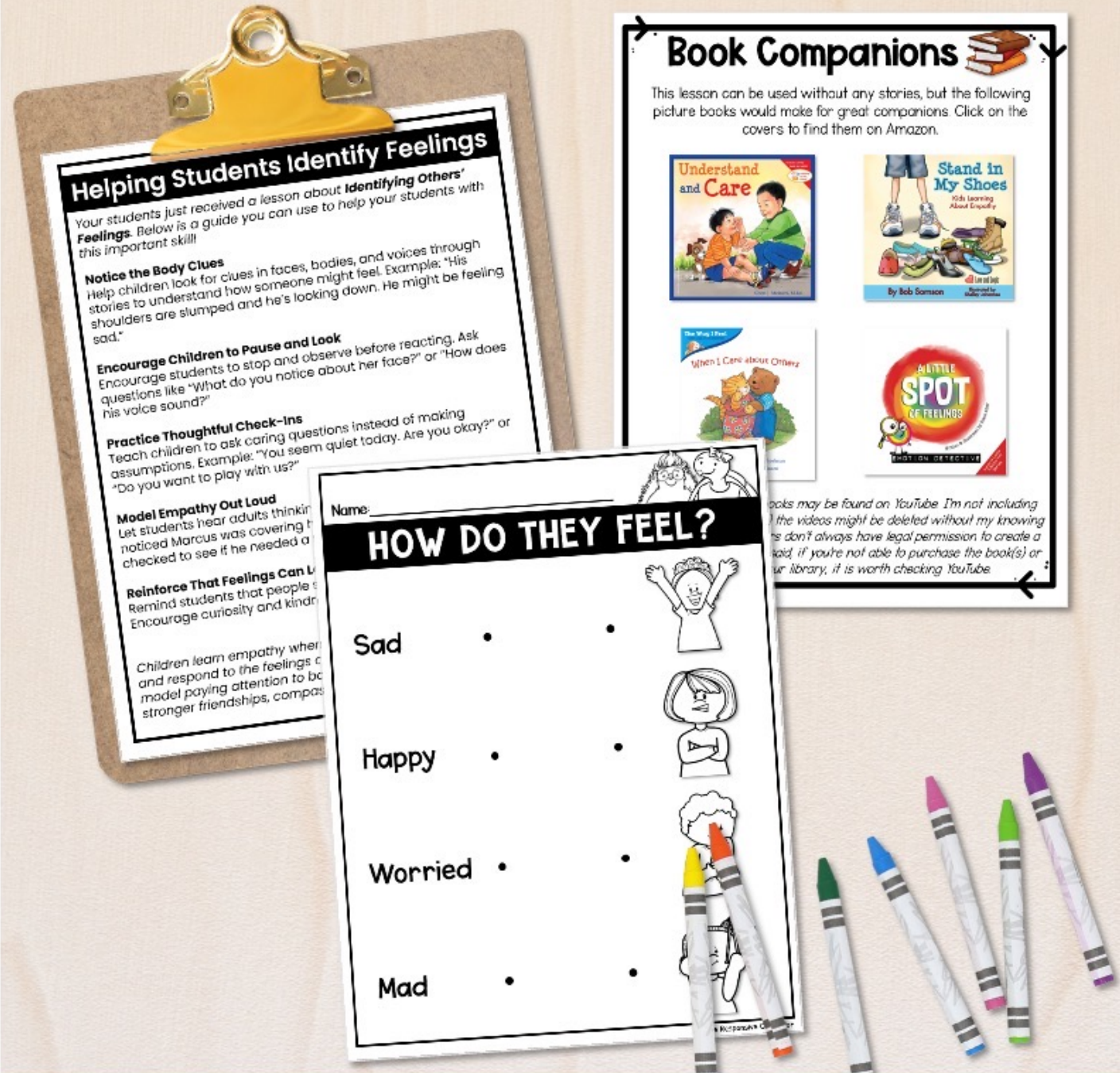
Movement-based
whole-group activity for
identifying how others feel.



Extend!

Options include to **extend the learning:**

- Teacher tip sheet
- Feelings match worksheet
- Recommended book companions



Detailed Lesson Plan

ASCA and CASEL aligned lesson plan

Others' Feelings

Objective(s): Students will learn how to identify feelings in others and why that is important to their friendships.

ASCA Mindsets/Behaviors: B-SS 4. Empathy

CASEL Domains: Social - Awareness

Additional Materials Needed: A pointer (optional), popsicle sticks (optional), writing materials for worksheets

PLAN/PREP

Slideshow: Review the directions, suggested scripting, and slides ahead of time. Print puppets and glue onto large popsicle stick, if using.

Whole Group Activity: Review the directions. Decide which prompts you will use.

Additional Activity: Print and cut out one set of scenario cards. You may choose to laminate for future use.

Extension(s): Print/copy one How Do They Feel? worksheet per group.

OTHERS' FEELINGS

- If this is your first lesson from this unit or curriculum: "Today we're learning about other people's feelings. It's important that we understand how other people feel so we can be kind, helpful friends. Let's get started!"
- If you have done a lesson from this unit or curriculum: "Today we are going to read a story about Lulu and Dax that will help us learn about recognizing our friends' feelings."
- Pages 3-25: Follow the slides and read the story, being sure to stop and discuss the following slides.
- Page 3: "Raise your hand if you like playing hide-and-seek, too! What else do you get excited to play at recess?"
- Page 5: "Does Dax look as excited as Lulu?" When students answer no, ask them how they know that.
- Page 7: "Do you think Lulu notices that Dax isn't feeling excited?"
- Page 11: "Would you feel the same way as Dax, or would you feel different?"
- Page 13: "How did Ms. Juniper know? Do you have any guesses?"
- Page 15: "Those four clues helped Ms. Juniper figure out that Dax was feeling upset about something. What did she do that helped her figure out that he was worried? She asked him!"
- Page 17: "Ms. Juniper said 'our friends' bodies.' What does she mean by that?" Explain that we can look at their face or their body for clues. Give examples like a smile, a frown, clenched fists, etc.
- Page 19: "What do you think of this choice? Was it the kind thing to do?"

**Optional/
suggested
scripting to
use**

**Outline
breakdown
with activity
directions**

Hi, I'm Sara! At The Responsive Counselor, we create resources for school counselors, child therapists, and teachers that improve social emotional learning and help students be their best selves.

Our focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for students.

education

B.A. from Michigan State University

Psychology and Anthropology

M.S. from Vanderbilt University

Community, Research, and Action

M.Ed. From Vanderbilt University

Human Development Counseling:
School Counseling & Mental
Health

experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



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let's connect:

