

DAX LEARNS PERSONAL SPACE

- Understanding **personal space** for grades **Pre-K + K**
- Helps students **recognize** how much space is needed
- Super **low prep!**



Designed for Little Learners!

Created especially for
Pre-K and **Kindergarten:**

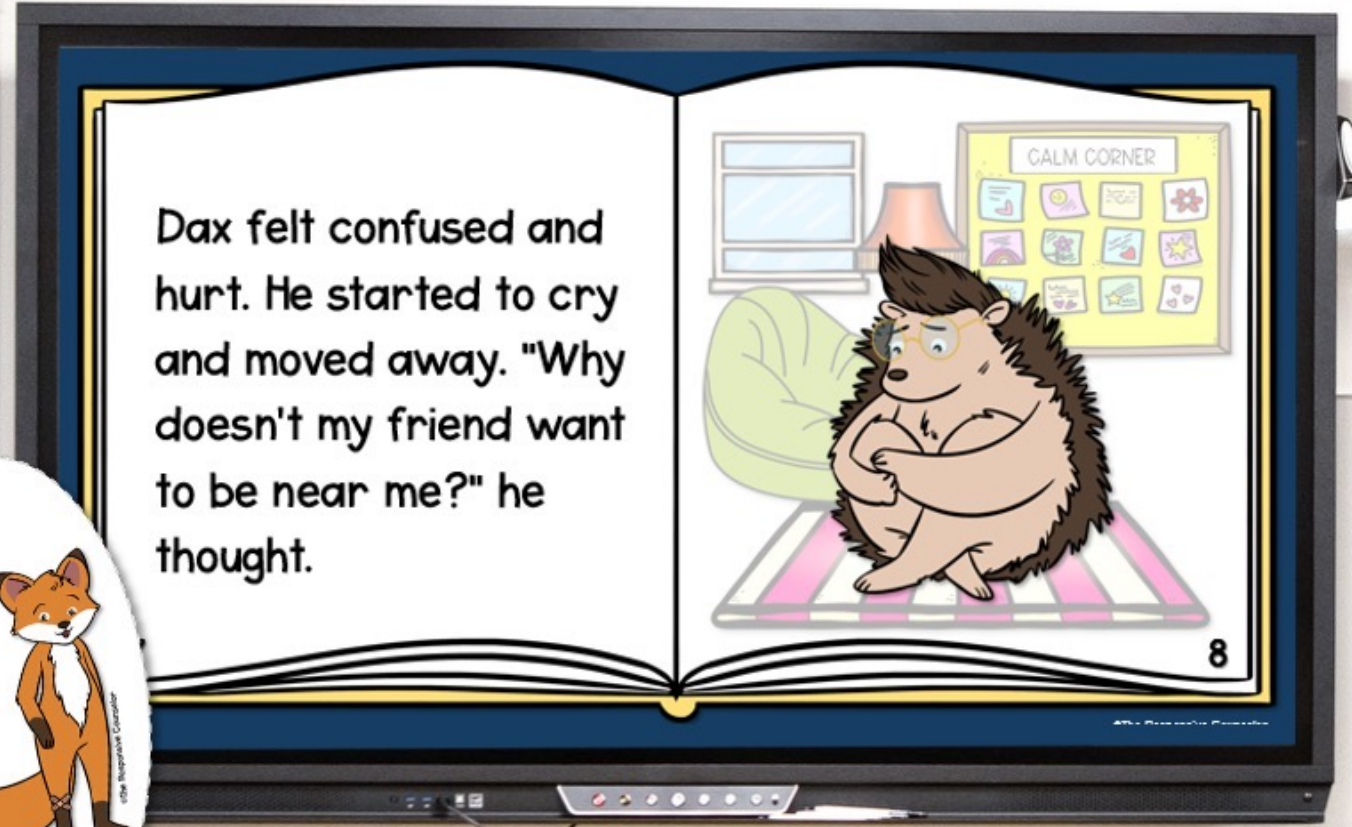
- Lovable characters
- Short, engaging stories
- Simple, age-appropriate language
- Interactive movement and play
- Flexible practice activities



Start with a story!

Dax feels confused and sad when Ziggy keeps moving away from him. Ms. Juniper helps him **understand personal space** and how it helps everyone feel comfortable.

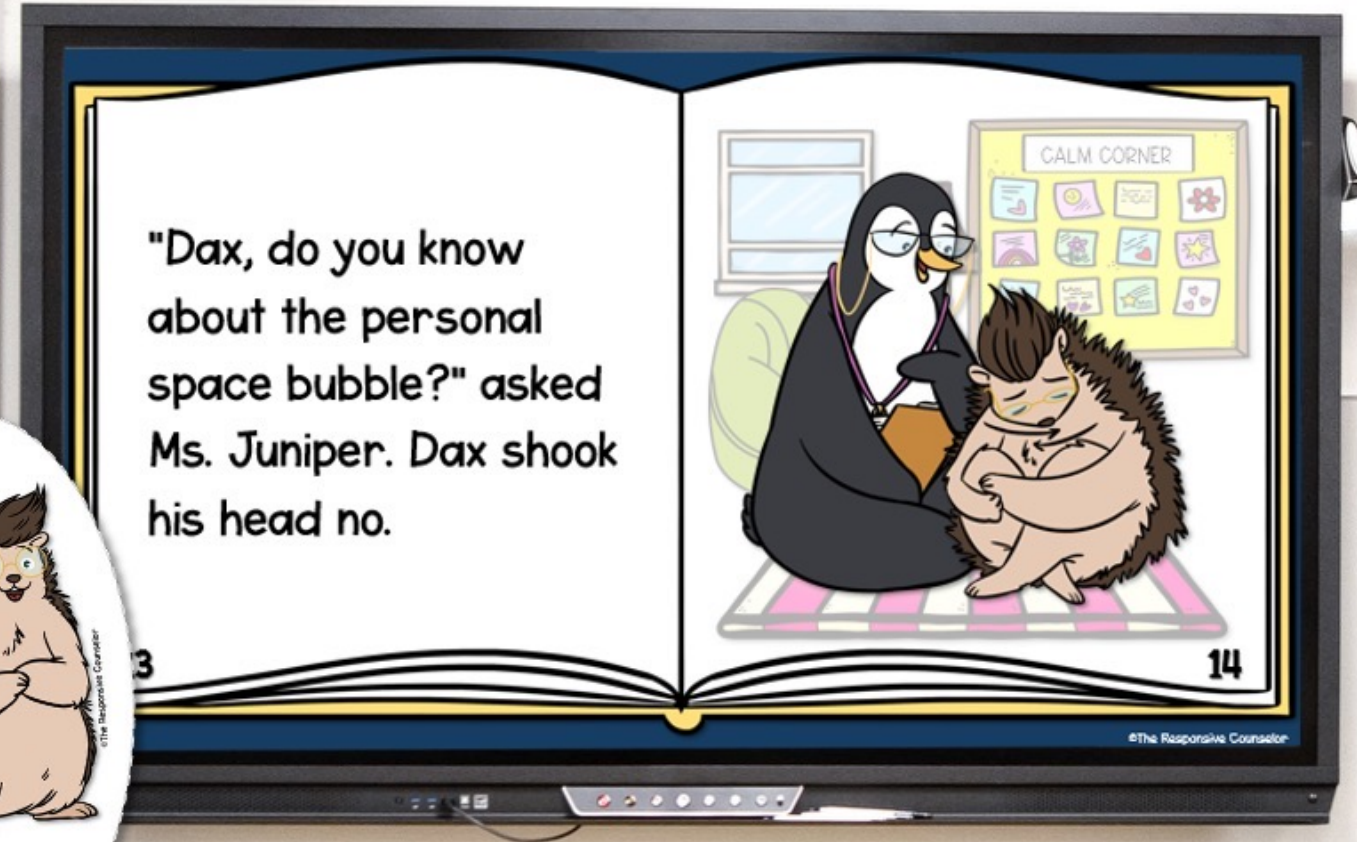
Use easy stick puppets to add another **engaging** element.



Follow Along!

Young learners will enjoy following Dax's adventures as she **explores** personal space and **learns** new skills.

Every page encourages discussion, reflection, and learning.



Reinforce!

With rhymes and motions, engage students in a call-and-response chant to **reinforce their learning.**

Personal space, here's the
rule,
Giving space is kind and cool!

Arms stretched wide, big and
round,
That's my space all around!

If hoops touch, what should I
do?
Scoot back, one step or two!

25



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Practice!

Movement-based
whole-group activity for
giving personal space.

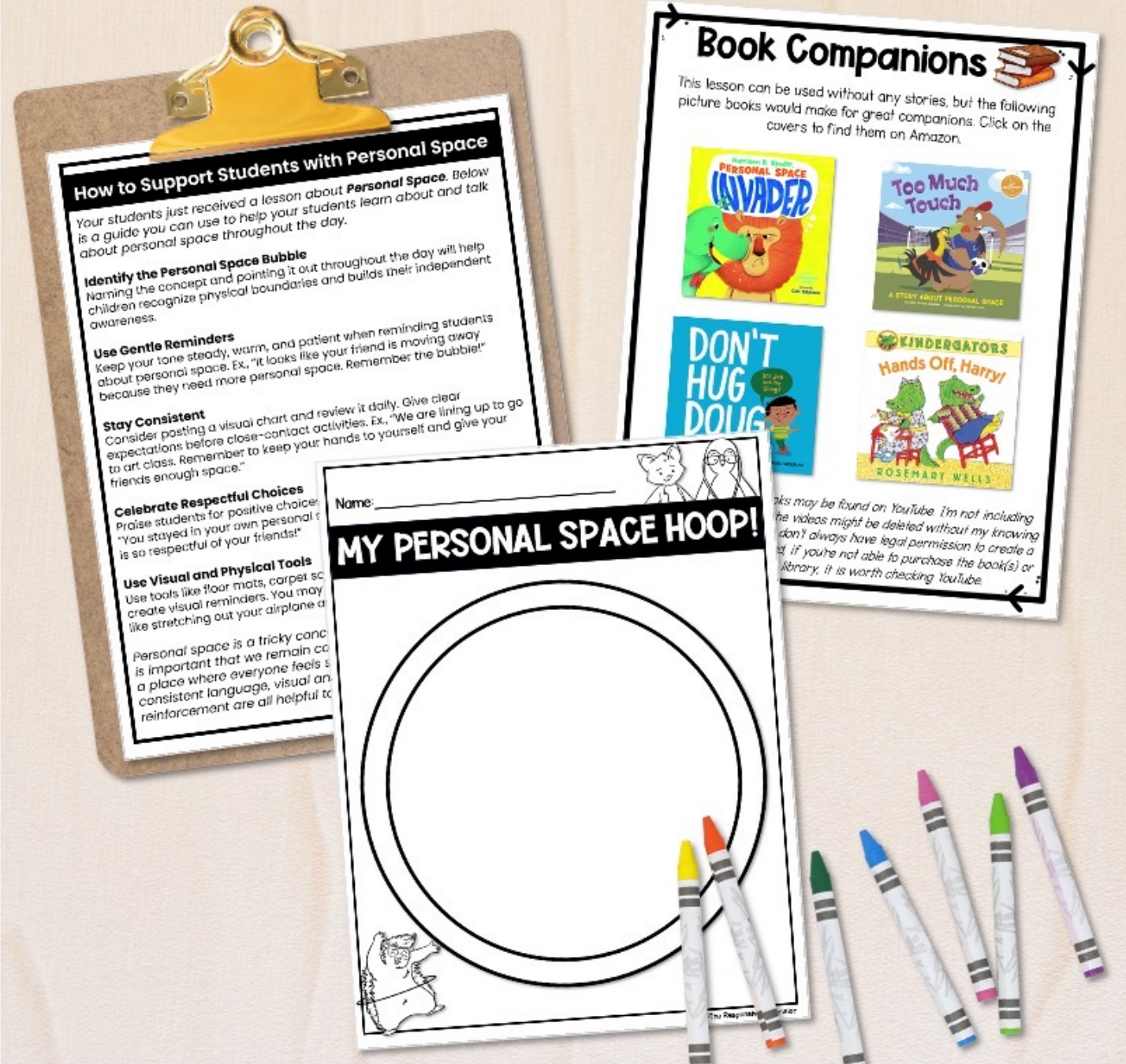
Interactive **discussion**
activity for identifying
and talking about
personal space.



Extend!

Options include to extend the learning:

- Teacher tip sheet
- Personal pace hoop worksheet
- Recommended book companions



Detailed Lesson Plan

ASCA and CASEL aligned lesson plan

PERSONAL SPACE

Personal Space

Objective(s): Students will learn what personal space is, how much personal space is appropriate, and why personal space is important for themselves and others.

ASCA Mindsets/Behaviors: B-SS 9. Social maturity and behaviors appropriate to the situation and environment

CASEL Domains: Self- Awareness

Additional Materials Needed: A pointer (optional), popsicle sticks (optional), coloring materials for worksheets, classroom-friendly music, hula-hoop.

PLAN/PREP

Slideshow: Review the directions, suggested scripting, and slides ahead of time. Print puppets and glue onto large popsicle stick, if using.

Whole Group Activity: Print/copy a set of task cards. You may want to laminate for durability. Have hula-hoop available.

Additional Activity: Pre-select music you want to use.

Extension(s): Print/copy My Personal Space worksheet, one per group. Print/copy coloring by number page, one per student.

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PERSONAL SPACE

Extension Activity	Movement
Worksheet	• Pages 24-25: Ask students to stand in their spots. • "We are going to move our bodies to help us remember what we learned about feeling worried. Repeat after me!" • Say each sentence and do the corresponding movement. Have students copy you. • <i>Personal space, here's the rule,</i> (wag pointer finger) • <i>Giving space is kind and cool!</i> (hands on heart) • <i>Arms stretched wide, big and round,</i> (form hoop with arms) • <i>That's my space all around!</i> (with arms still out, spin around) • <i>If hoops touch, what should I do?</i> (arms up, questioning) • <i>Scoot back, one step or two!</i> (step back) • You can repeat as many times as time allows.
Circle	Whole Group Practice
	• Page 26: "Our story helped us see how important personal space is. We're going to keep learning about this with a fun activity!" • Have students sit in a circle and place the hula-hoop in the center. • Read a task card and select a student volunteer. They will place the card inside the hula-hoop if the scenario is an example of personal space. They will place the card outside of the hoop if it is not an example of personal space. • Repeat until all cards are read or all students have had a turn.

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Optional/
suggested
scripting to
use

Outline
breakdown
with activity
directions

Hi, I'm Sara! At The Responsive Counselor, we create resources for school counselors, child therapists, and teachers that improve social emotional learning and help students be their best selves.

Our focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for students.

education

B.A. from Michigan State University

Psychology and Anthropology

M.S. from Vanderbilt University

Community, Research, and Action

M.Ed. From Vanderbilt University

Human Development Counseling:
School Counseling & Mental
Health

experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



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let's connect:

