

DAX LEARNS ABOUT ACCIDENTS

- Learning to **recognize** and **respond to** accidents for grades **Pre-K + K**
- Super **low prep!**



Designed for Little Learners!

Created especially for
Pre-K and **Kindergarten:**

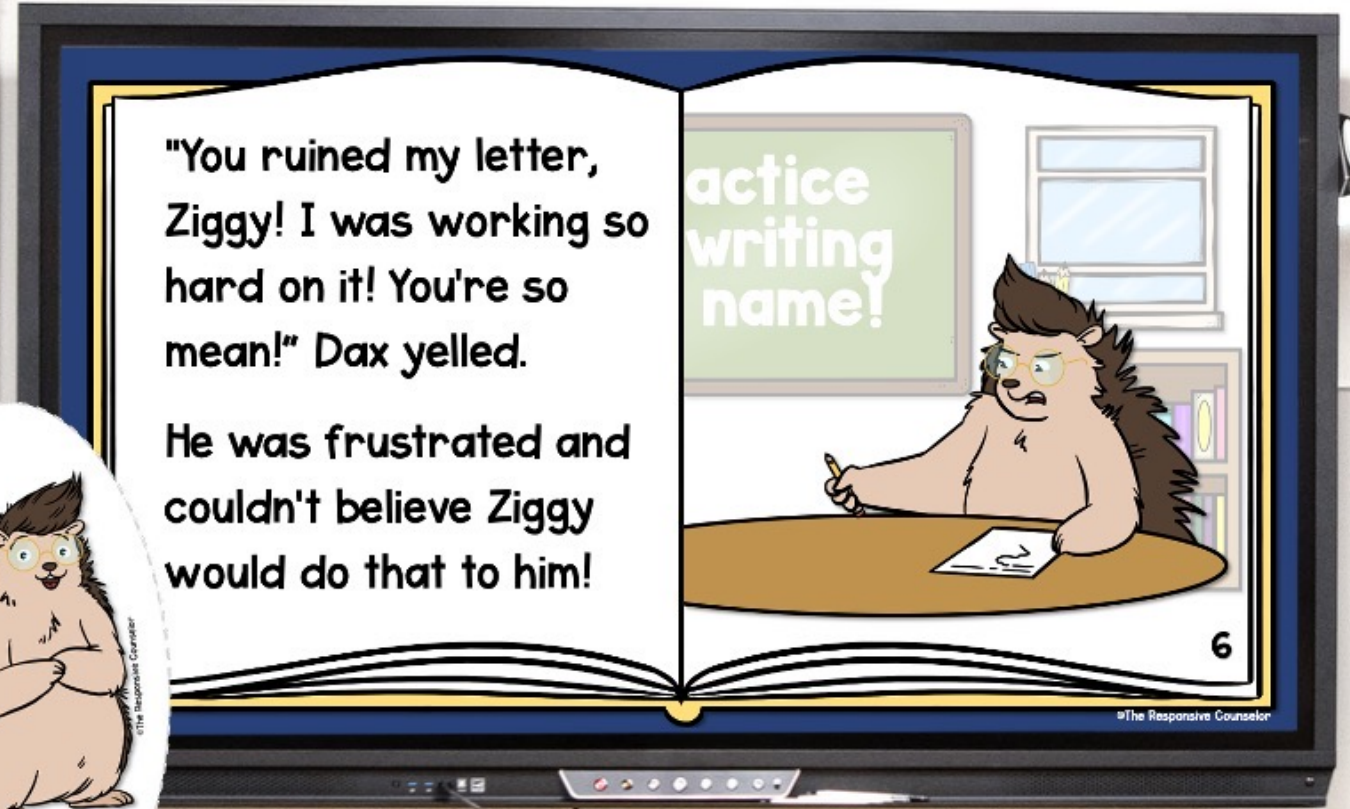
- Lovable characters
- Short, engaging stories
- Simple, age-appropriate language
- Interactive movement and play
- Flexible practice activities



Start with a story!

Dax feels angry when Ziggy bumps into him, messing up his work. Ms. Juniper helps him **learn to identify and respond** by teaching her all about accidents!

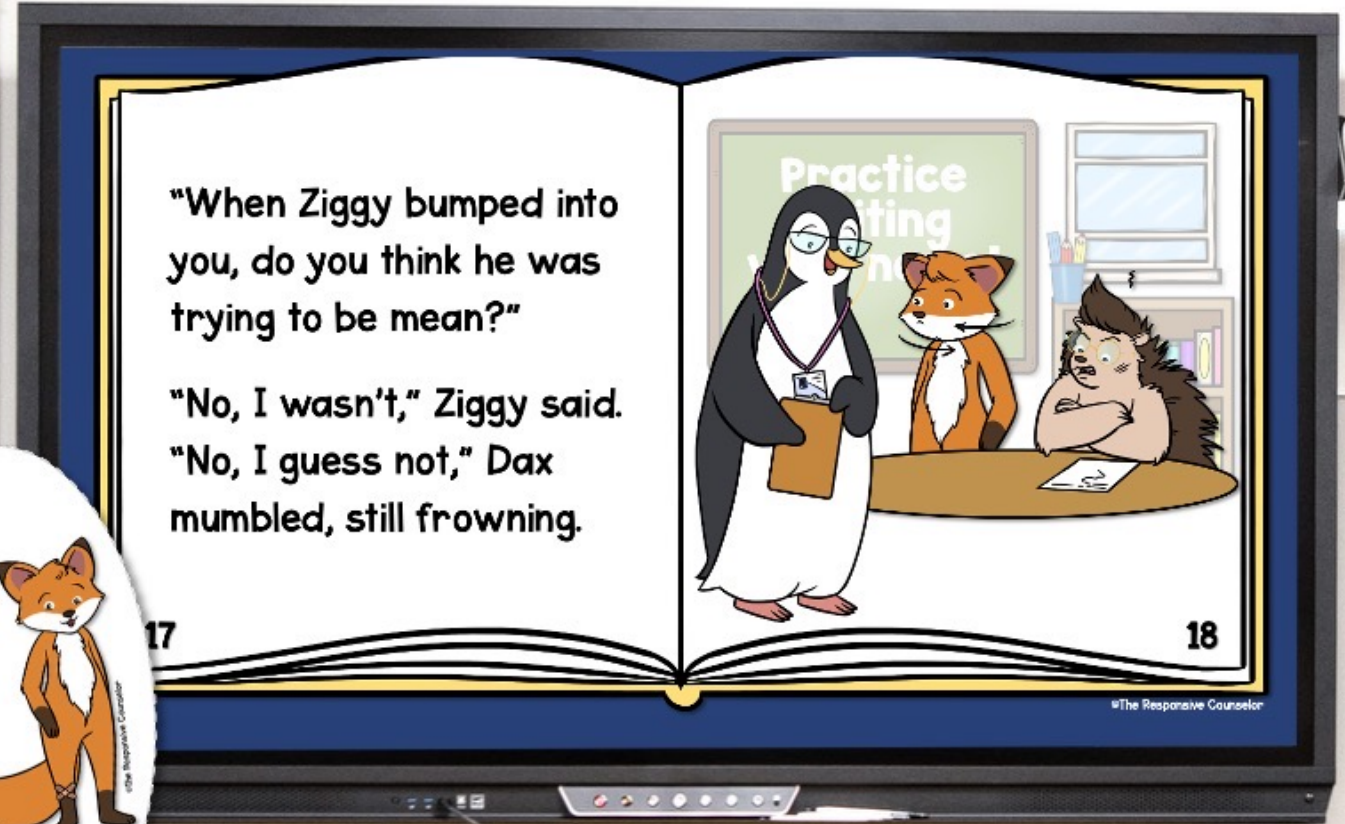
Use easy stick puppets to add another **engaging** element.



Follow Along!

Young learners will enjoy following Dax's adventures as they **explore** playing together and **learning** new skills.

Every page encourages discussion, reflection, and learning.



Reinforce!

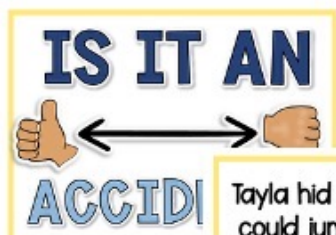
With rhymes and motions, engage students in a call-and-response chant to **reinforce their learning.**



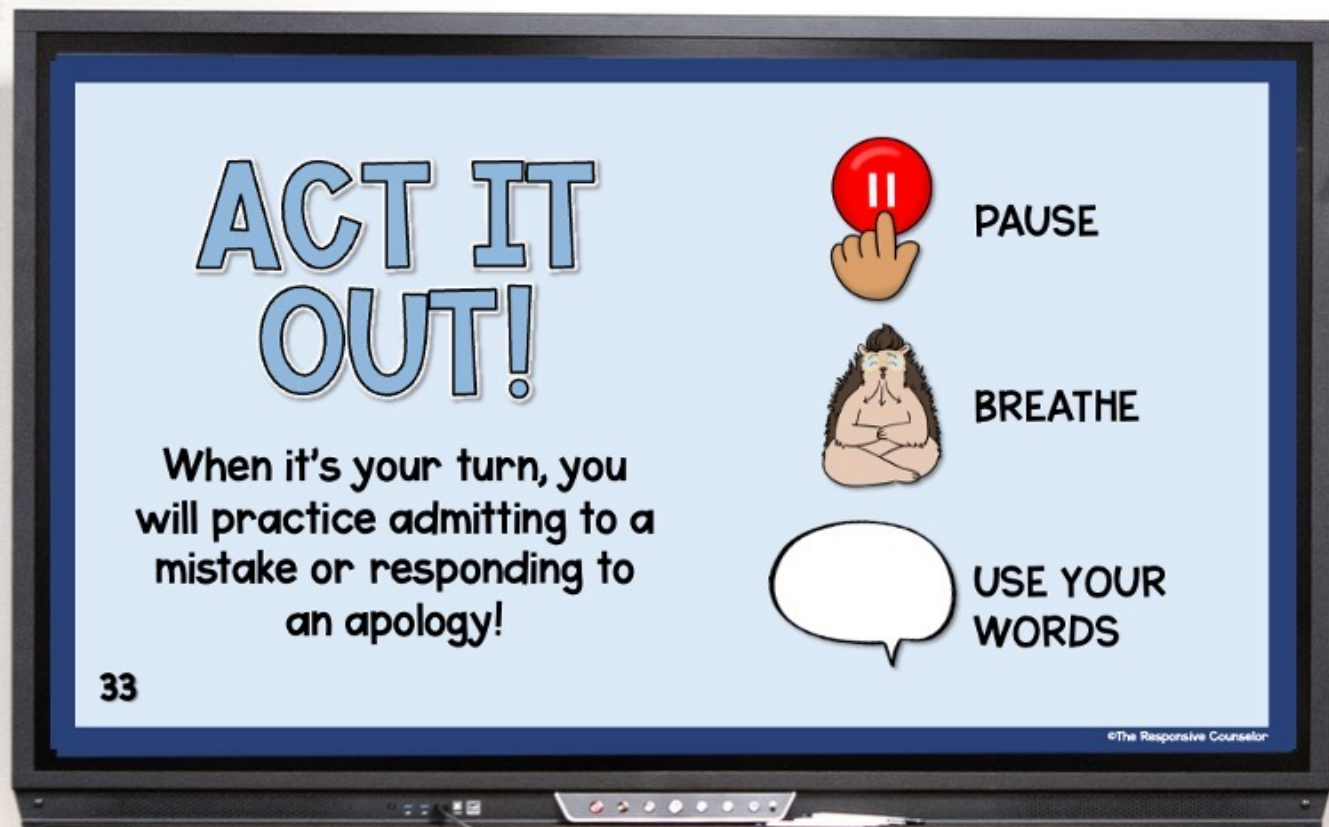
Practice!

Interactive **role play** activity to practice responding to accidents.

Movement-based whole-group activity for differentiating between accidents and purposeful actions.



Tayla hid so she could jump out and scare her friend.



Extend!

Options include to extend the learning:

- Teacher tip sheet
- Build An I-Message worksheet
- Recommended book companions

Supporting Students with Accidents vs. On Purpose

Your students just received a lesson about **Accidents**. Below is a guide you can use to help your students recognize when something is an accident and respond appropriately.

Pause and Ask
When a conflict occurs, help students slow down before reacting. Try: "What happened?" "Do you think they meant to do that?" "Could it have been an accident?" This helps children consider intent before assuming the worst.

Practice Different Responses
Children need to know that accidents and intentional behaviors may require different responses. If it was an accident, take a deep breath, listen to the apology, use kind words, ask for help if needed. If it was on purpose, use a strong, respectful voice, say, "Please stop," move away if needed, tell a trusted adult.

Model Thinking Out Loud
Narrate everyday situations to help your child recognize when something happens by accident or on purpose. For example, "I knocked over my chair by accident" or "That man did that on purpose." Hearing adults recognize them in their own lives.

Encourage Repairing Mistakes
Whether something happened by accident or on purpose, encourage children to learn ways to make things better. When the problem, check on how their friend feels and choose a choice for next time.

Praise Appropriate Response
Notice when students handle accidents appropriately. Try saying: "You stopped and chose a good response when you had an accident and stayed calm." Praise their choices.

Mistakes, spills, bumps, and accidents happen. When learning and playing. When accidents happen, choose an appropriate response with empathy, self-control, and kindness.

Book Companions

This lesson can be used without any stories, but the following picture books would make for great companions. Click on the covers to find them on Amazon.

HOW DO YOU RESPOND TO AN ACCIDENT?

Name: _____

Directions: You learned three steps for responding to an accident. Now, put them in order!

FIRST →

NEXT →

THEN →

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PAUSE BREATHE USE YOUR WORDS

Horrible Bear!

I FORGIVE ALEX

Detailed Lesson Plan

ASCA and CASEL aligned lesson plan

Accidents

Objective(s): Students will learn how to manage their feelings when a friend or classmate does something by accident that makes them feel sad, angry, or annoyed.

ASCA Mindsets/Behaviors: B-SS 9. Social maturity and behaviors appropriate to the situation and environment.

CASEL Domains: Relationship Skills

Additional Materials Needed: A pointer (optional), popsicle sticks (optional), writing materials, scissors, and glue for worksheets.

PLAN/PREP

Slideshow: Review the directions, suggested scripting, and slides ahead of time. Print puppets and glue onto large popsicle stick, if using.

Whole Group Activity: Print/copy a set of task cards. You may want to laminate for durability.

Additional Activity: You may reuse the task cards from the previous activity.

Extension(s): Print/copy Responding to Accidents worksheet, one per student.

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PACING GUIDE (25-minute lesson)

ACCIDENTS

Worksheet	• Direct students to move back to their seats and have writing utensils, scissors, and glue available. • Explain that they will cut and glue the steps that you learned in the story. Read each step aloud. • Pass out one copy per student. • You may have them take it home to share with caregivers.
Closing Circle	• Page 34: If possible, gather students in a circle. You can do a sequential circle and give every student the chance to answer or pass, or you can call on students who wish to share. • "Is an accident something that happens on purpose?" • "How can you make it right with a friend if you do something by accident?" • Give each student a chance to answer or pass.

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Optional/
suggested
scripting to
use

Outline
breakdown
with activity
directions

Hi, I'm Sara! At The Responsive Counselor, we create resources for school counselors, child therapists, and teachers that improve social emotional learning and help students be their best selves.

Our focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for students.

education

B.A. from Michigan State University

Psychology and Anthropology

M.S. from Vanderbilt University

Community, Research, and Action

M.Ed. From Vanderbilt University

Human Development Counseling:
School Counseling & Mental
Health

experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



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let's connect:

