

PIPPA KEEPS TRYING

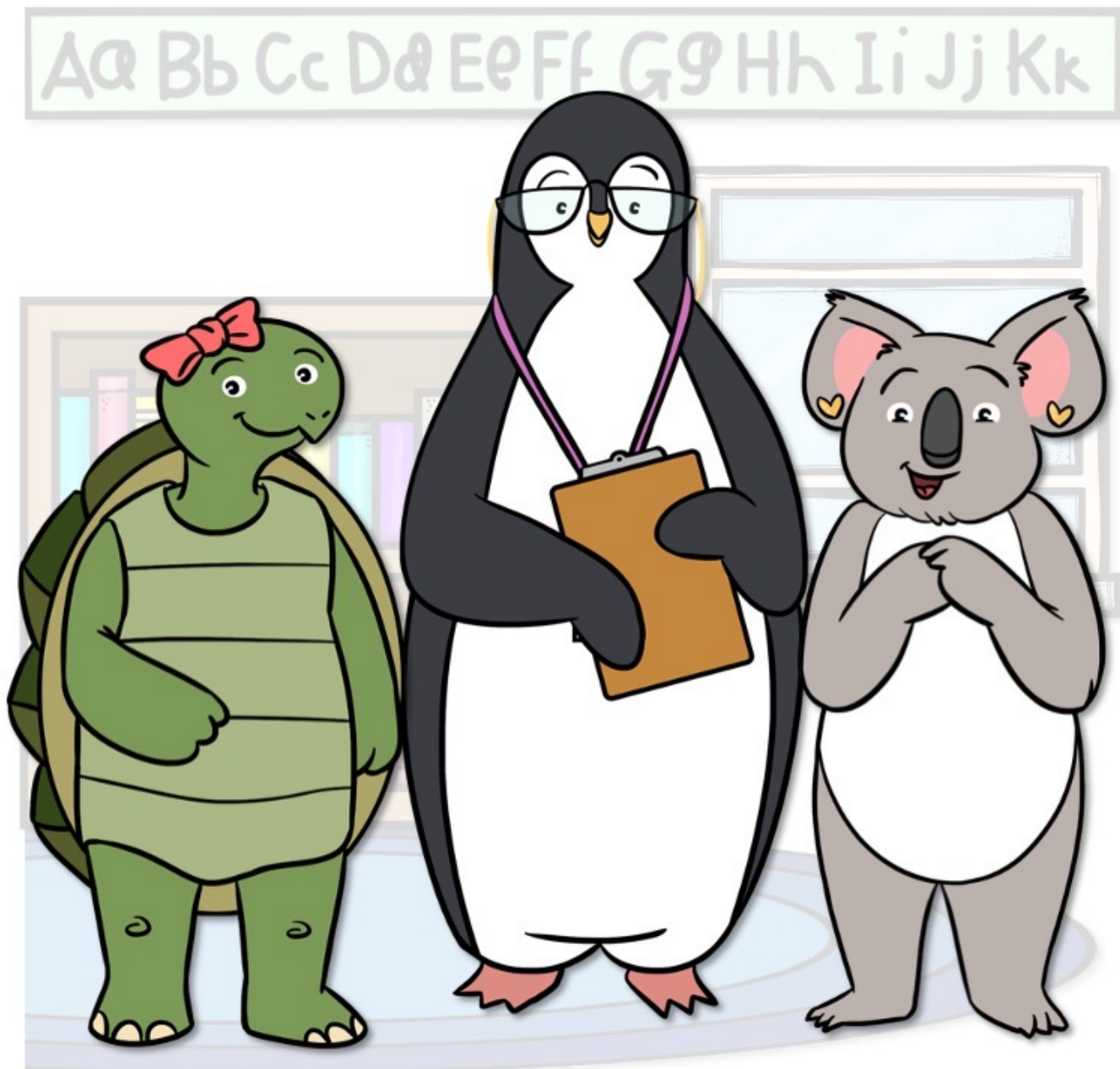
- Practice using a growth mindset when faced with mistakes for grades **Pre-K + K**
- Super **low prep!**



Designed for Little Learners!

Created especially for
Pre-K and **Kindergarten:**

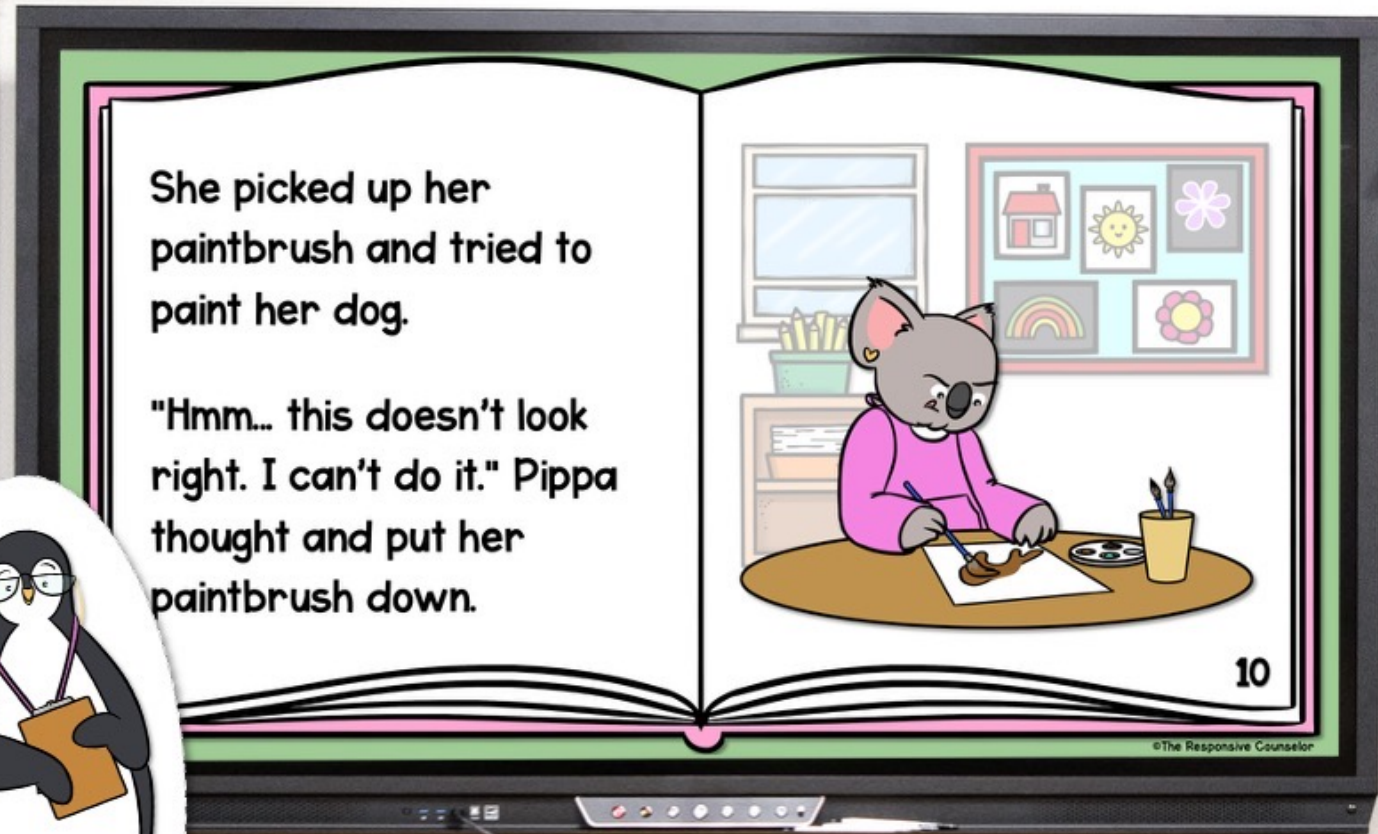
- Lovable characters
- Short, engaging stories
- Simple, age-appropriate language
- Interactive movement and play
- Flexible practice activities



Start with a story!

Pippa wants her painting to be perfect, but it's hard! Ms. Juniper helps her **learn that mistakes are part of learning** by teaching her all about how to handle them!

Use easy stick puppets to add another **engaging** element.



Follow Along!

Young learners will enjoy following Pippa's journey as she **explores** making mistakes and **learning** how she can keep trying.

Every page encourages discussion, reflection, and learning.



Reinforce!

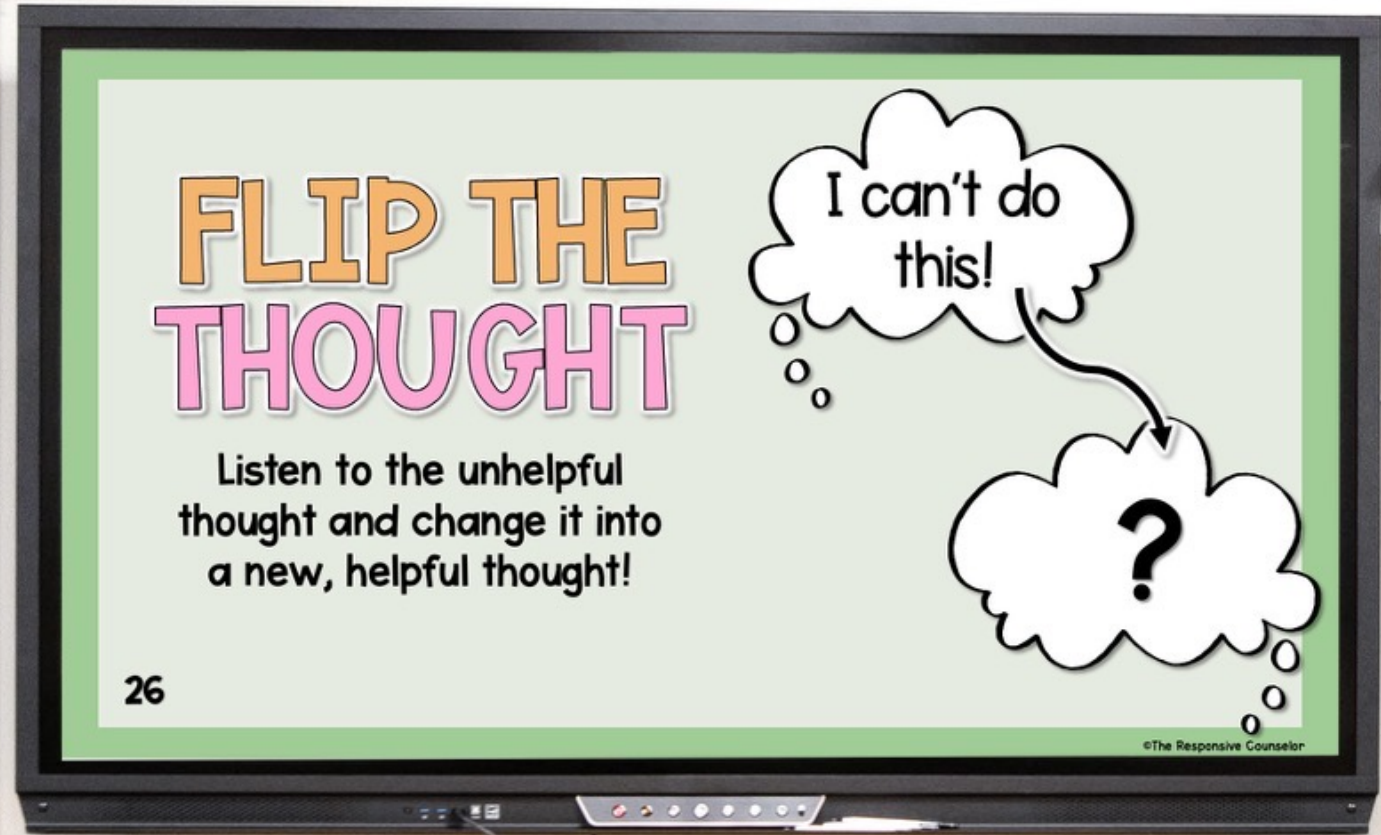
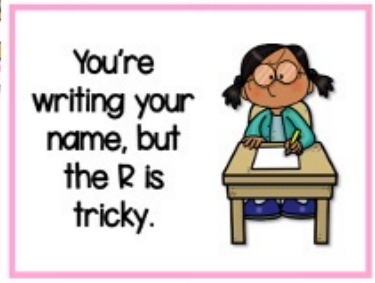
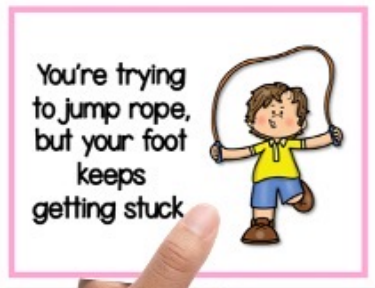
With rhymes and motions, engage students in a call-and-response chant to **reinforce their learning.**



Practice!

Interactive activity to practice **changing unhelpful thoughts** into helpful ones.

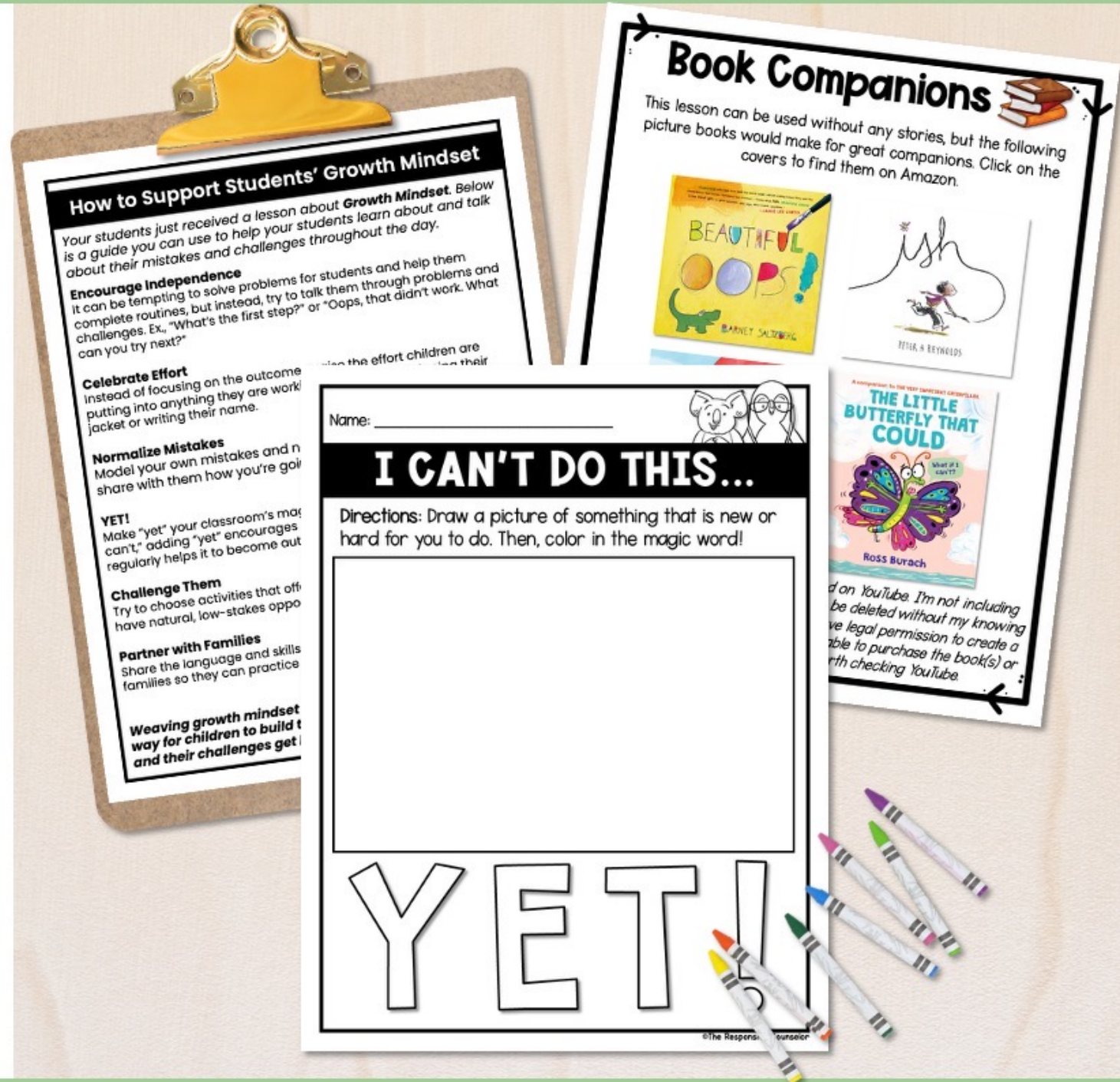
Role-play activity for acting out different ways to respond to challenges.



Extend!

Options include to **extend the learning:**

- Teacher tip sheet
- I Can't Do This...YET worksheet
- Recommended book companions



Detailed Lesson Plan

ASCA and CASEL aligned lesson plan

Whole Group Practice

Growth Mindset

Objective(s): Students will learn that mistakes are a part of learning and practice how to keep trying when something feels hard.

ASCA Mindsets/Behaviors: B-SMS 6. Ability to identify and overcome barriers.

CASEL Domains: Self-Awareness

Additional Materials Needed: A pointer (optional), popsicle sticks (optional), coloring materials for worksheet.

PLAN/PREP

Slideshow: Review the directions, suggested scripting, and slides ahead of time. Print puppets and glue onto large popsicle stick, if using.

Whole Group Activity: Review the self-talk statements and have a positive thought prepared for each one.

Additional Activity: Print/copy a set of task cards. You may want to laminate for durability.

Extension(s): Print/copy I Can't... YET worksheet, one per group.

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GUIDE (45-minute lesson)

GROWTH MINDSET

Worksheet

- Direct students to move back to their seats and have coloring utensils available.
- Pass out one copy per student.
- Explain that they are going to draw something they want to learn but can't do yet.
- You may have them take it home to share with caregivers.

Closing Circle

- Page 34: If possible, gather students in a circle. You can do a sequential circle and give every student the chance to answer or pass, or you can call on students who wish to share.
 - "Have you tried something new? How did it feel the first time?"
 - "What can you say to yourself when something is hard?"
- Give each student a chance to answer or pass.

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**Optional/
suggested
scripting to
use**

**Outline
breakdown
with activity
directions**

Hi, I'm Sara! At The Responsive Counselor, we create resources for school counselors, child therapists, and teachers that improve social emotional learning and help students be their best selves.

Our focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for students.

education

B.A. from Michigan State University

Psychology and Anthropology

M.S. from Vanderbilt University

Community, Research, and Action

M.Ed. From Vanderbilt University

Human Development Counseling:
School Counseling & Mental
Health

experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



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let's connect:

