

LULU LEARNS TO ASK FOR WHAT SHE NEEDS

- Learning to **recognize what you need** and **ask respectfully** for grades **Pre-K + K**
- Super **low prep!**



Designed for Little Learners!

Created especially for
Pre-K and **Kindergarten:**

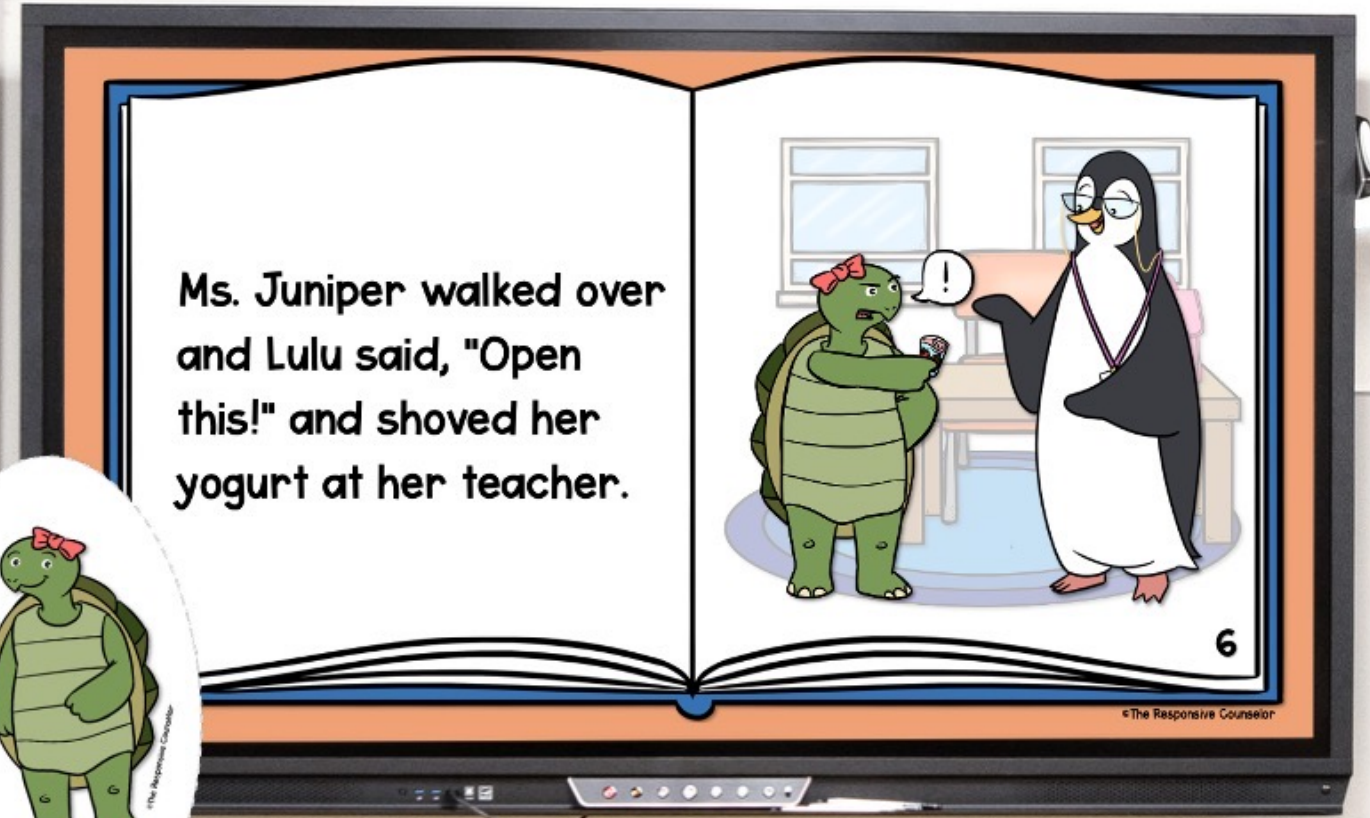
- Lovable characters
- Short, engaging stories
- Simple, age-appropriate language
- Interactive movement and play
- Flexible practice activities



Start with a story!

Lulu gets frustrated when she can't do something on her own. Ms. Juniper helps her **learn to use her words** to ask for what she needs!

Use easy stick puppets to add another **engaging** element.



Follow Along!

Young learners will enjoy following Lulu's adventures as she **learns how to ask for what she needs** with kind and respectful words.

Every page encourages discussion, reflection, and learning.



"When you need something from a grownup or a friend, it's important to use kind words and a respectful tone. Like, 'Ms. Juniper, can you please help me?'"

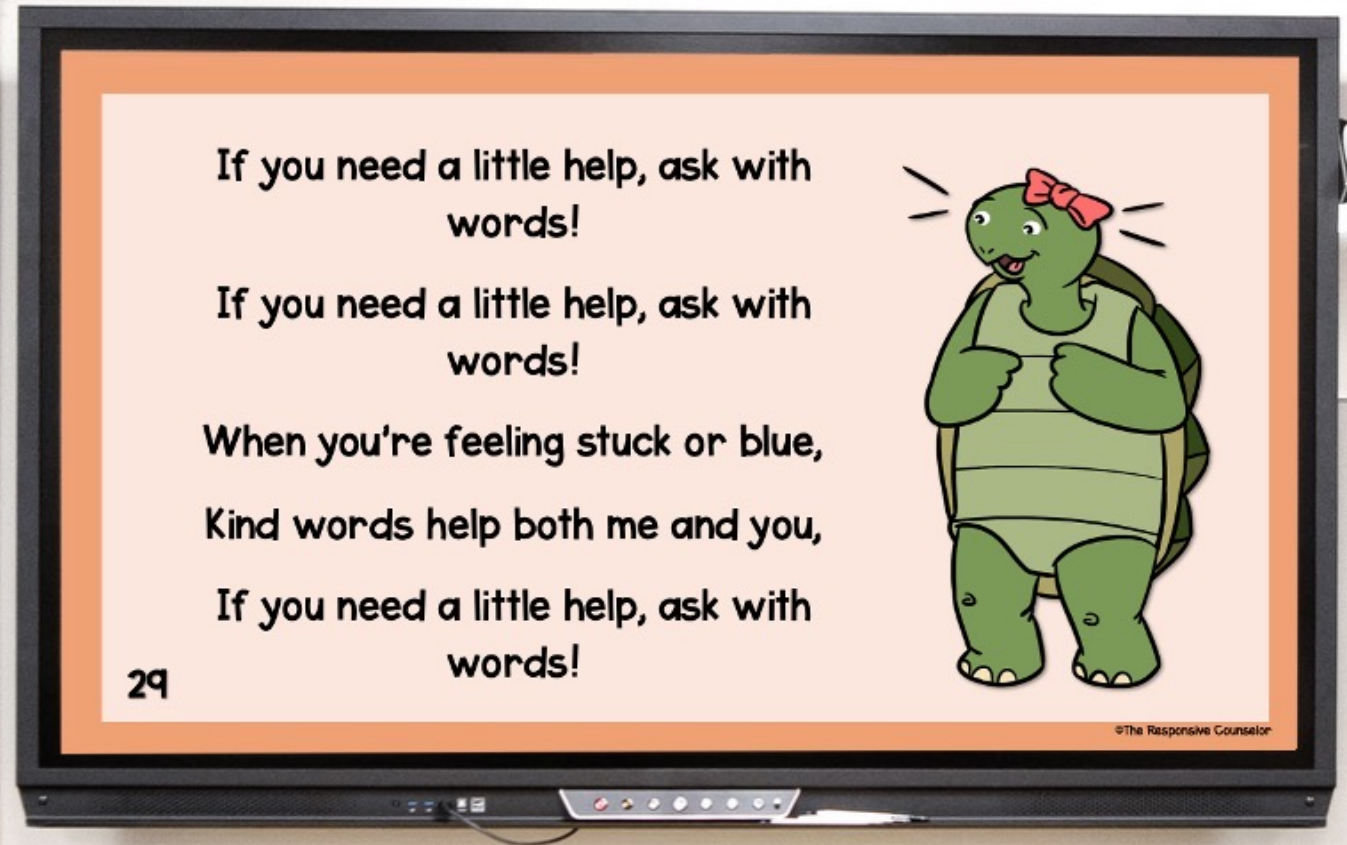


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Reinforce!

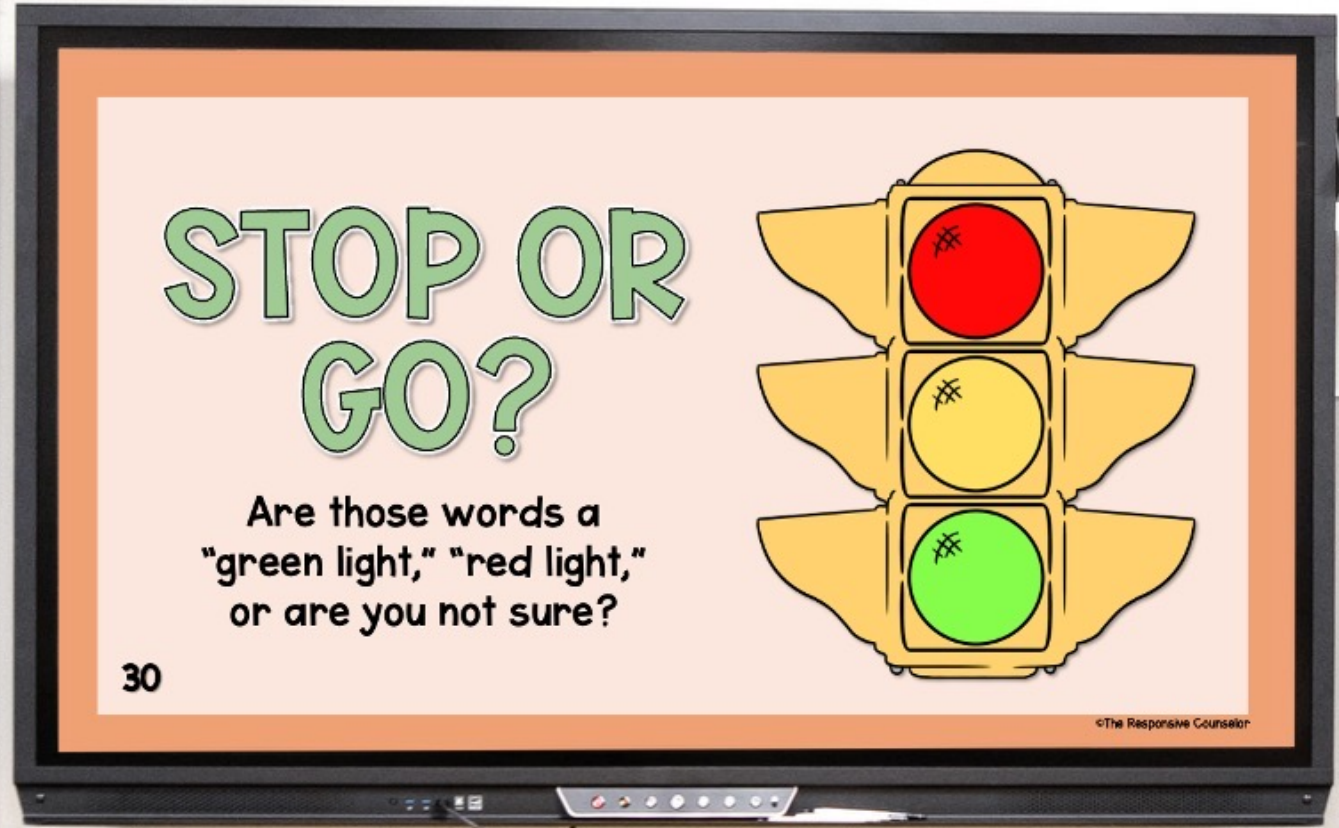
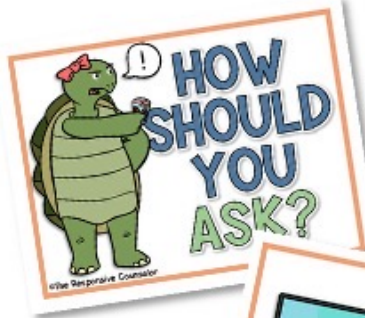
With rhymes and motions, engage students in a call-and-response chant to **reinforce their learning.**



Practice!

Interactive **movement** activity to practice identifying respectful words.

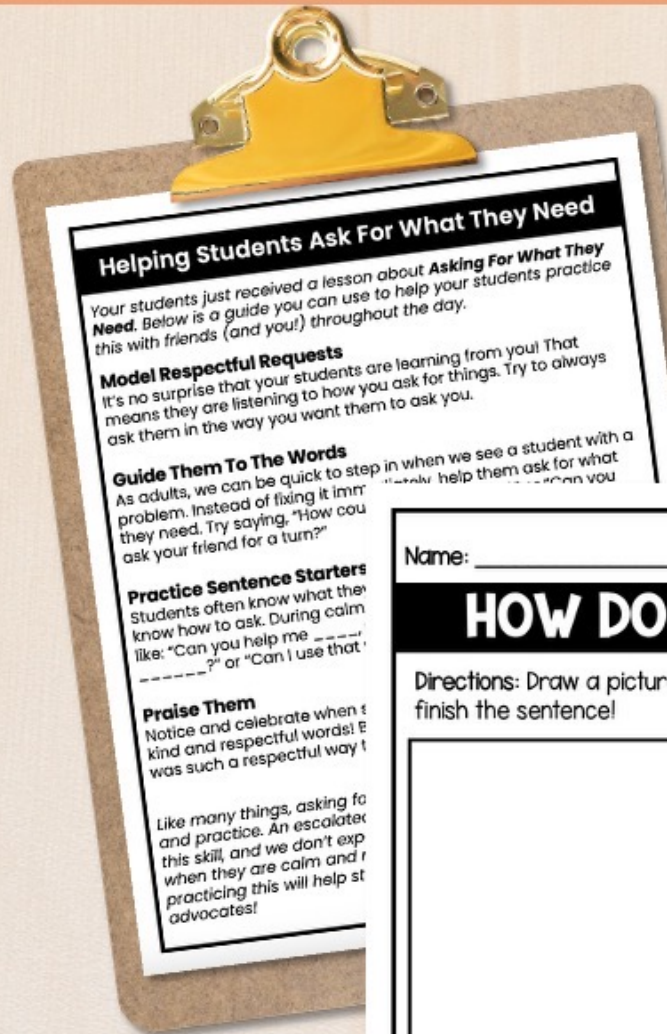
Role-play whole-group activity for practicing asking for things throughout the school day.



Extend!

Options include to
extend the learning:

- Teacher tip sheet
- How Do You Ask?
worksheet
- Recommended book
companions



Name: _____

HOW DO YOU ASK?

Directions: Draw a picture of you asking for help. Then, finish the sentence!

Can you please help me...

_____?

Detailed Lesson Plan

ASCA and CASEL aligned lesson plan

ASKING FOR WHAT YOU NEED

Asking For What You Need

Objective(s): Students will learn how to ask for what they need from classmates and adults using respectful language and kind words.

ASCA Mindsets/Behaviors: B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

CASEL Domains: Relationship Skills

Additional Materials Needed: A pointer (optional), popsicle sticks (optional), common classroom items (if doing additional activity), writing materials for worksheets

PLAN/PREP

Slideshow: Review the directions, suggested scripting, and slides ahead of time. Print puppets and glue onto large popsicle stick, if using.

Whole Group Activity: Print/copy a set of task cards. You may want to laminate for durability.

Additional Activity: Decide if you use items from your office or classroom OR print/copy a set of task cards. You may want to laminate for durability.

Extension(s): Print/copy "How Do You Ask" worksheet, one per student.

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PACING GUIDE (45 minutes)

ASKING FOR WHAT YOU NEED

	Worksheet	Closing Circle
Monday	- Direct students to move back to their seats and have writing utensils available. - Pass out one copy per student. - You may have them take it home to share with caregivers.	
Tuesday		- Page 32: If possible, gather students in a circle. You can do a sequential circle and give every student the chance to answer or pass, or you can call on students who wish to share. "Is it ever hard to use respectful words when you want or need something? When is that tricky?" "How can you make it better if you don't use kind words the first time you ask?" - Give each student a chance to answer or pass.
Wednesday		
Thursday		
Friday		

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Optional/
suggested
scripting to
use

Outline
breakdown
with activity
directions

Hi, I'm Sara! At The Responsive Counselor, we create resources for school counselors, child therapists, and teachers that improve social emotional learning and help students be their best selves.

Our focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for students.

education

B.A. from Michigan State University

Psychology and Anthropology

M.S. from Vanderbilt University

Community, Research, and Action

M.Ed. From Vanderbilt University

Human Development Counseling:
School Counseling & Mental
Health

experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



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let's connect:

