

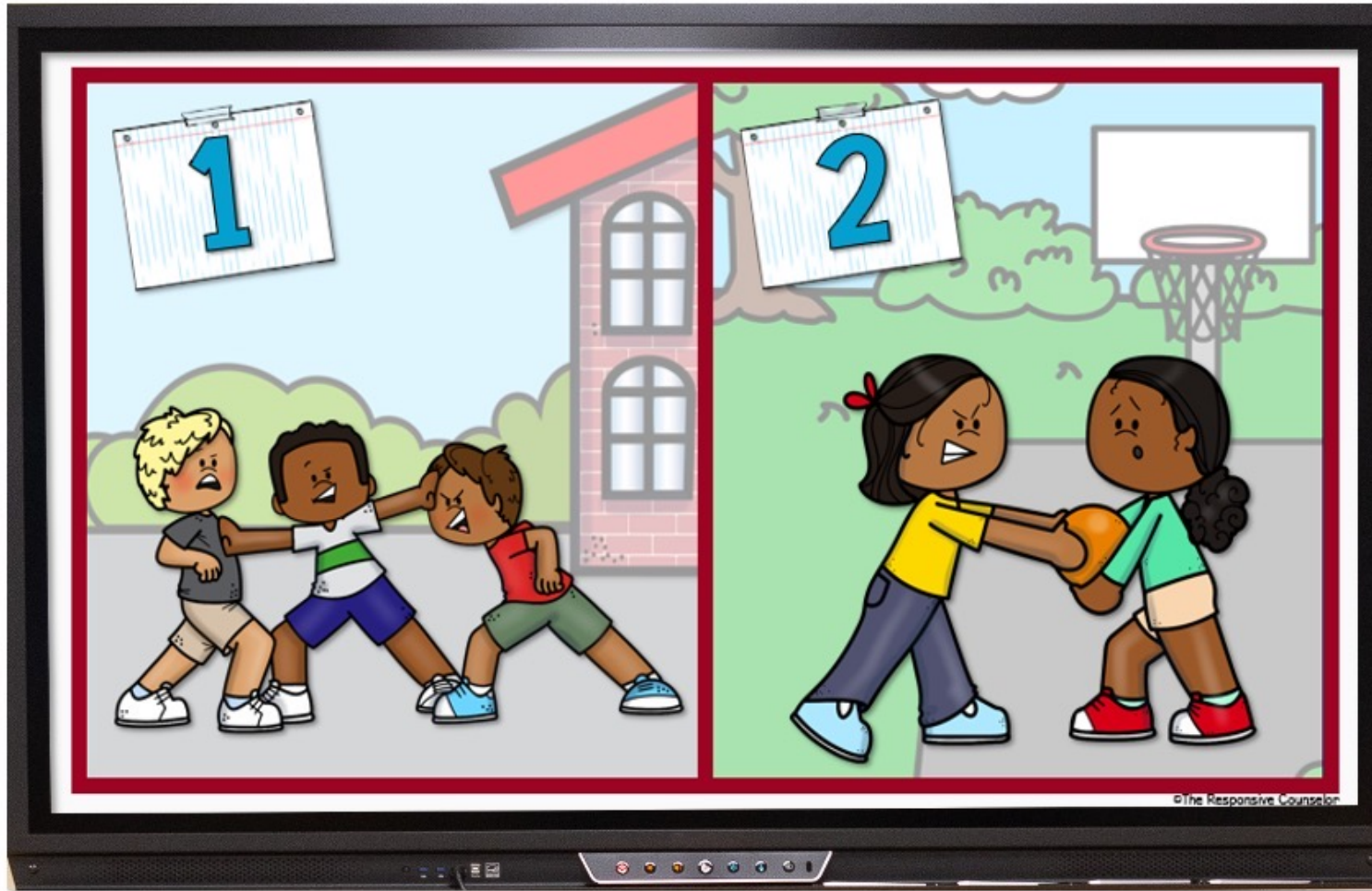
# RECESS REPAIR SHOP



- **Recess problem-solving** lesson for grades **1&2**
- Helps students **solve common recess problems** and get back to playing
- **Interactive + low prep!**



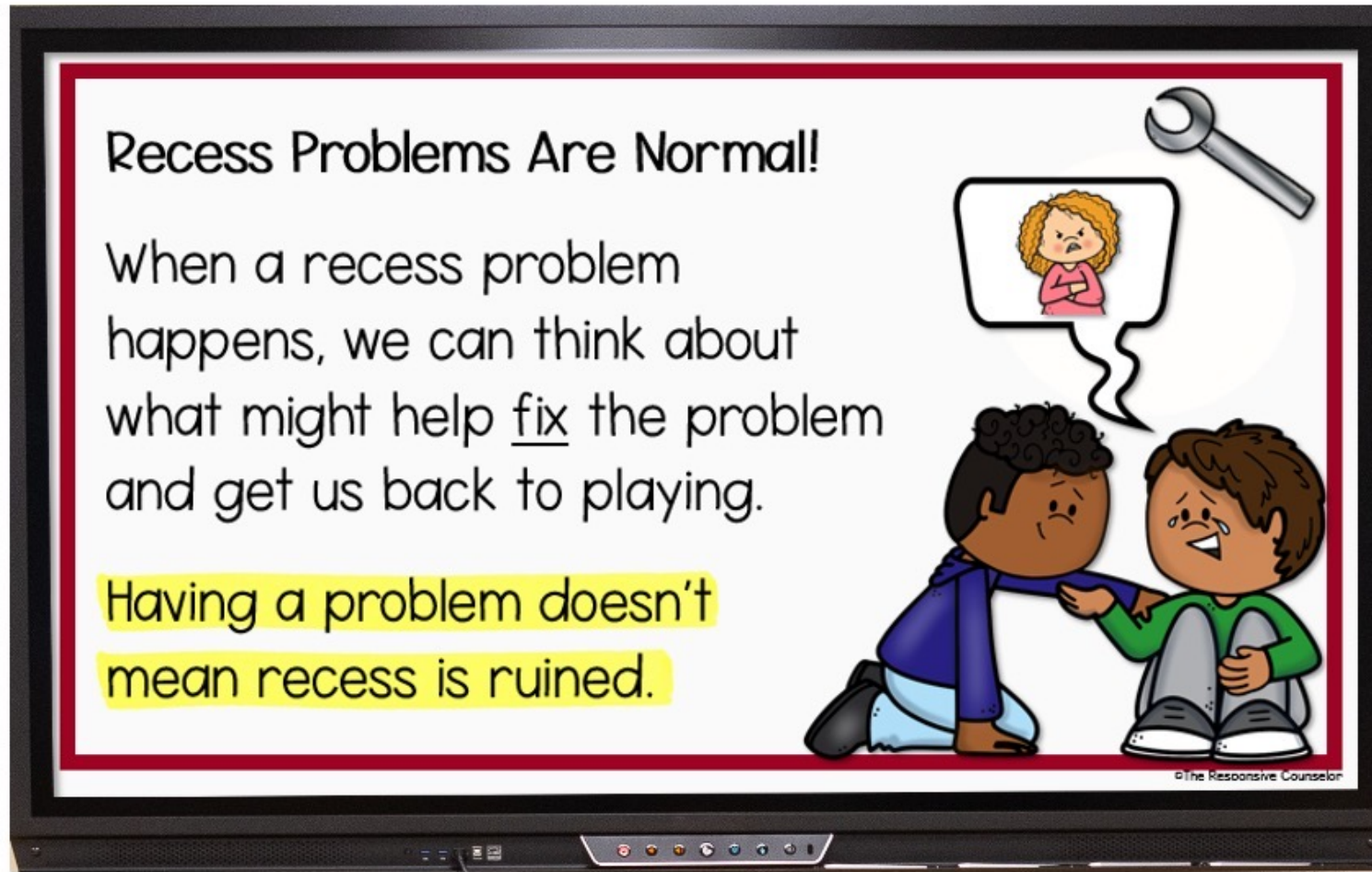
# interactive opener



**Common recess scenarios** encourage students to spot problems they may experience and prepare them to find a **fix that fits!**



# teaching about recess problems

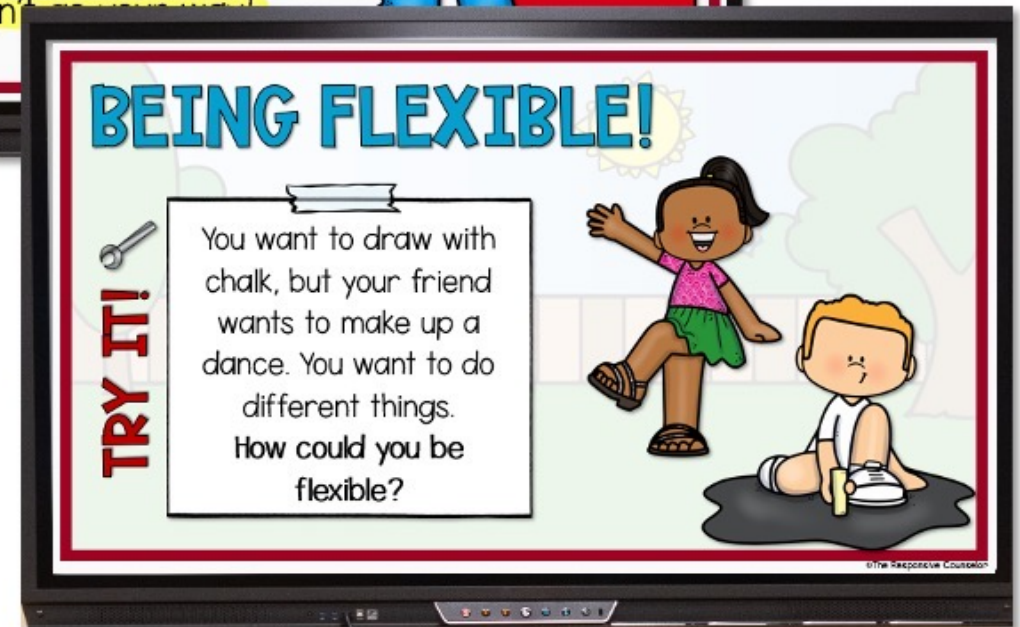


Slideshow helps students **understand** that recess problems happen and teaches them how to find a fix to **get back to playing.**



# solving recess problems

Students discover ways to handle common recess problems, from **playing fair** and **being flexible** to **respecting boundaries** and knowing when to **get help**.

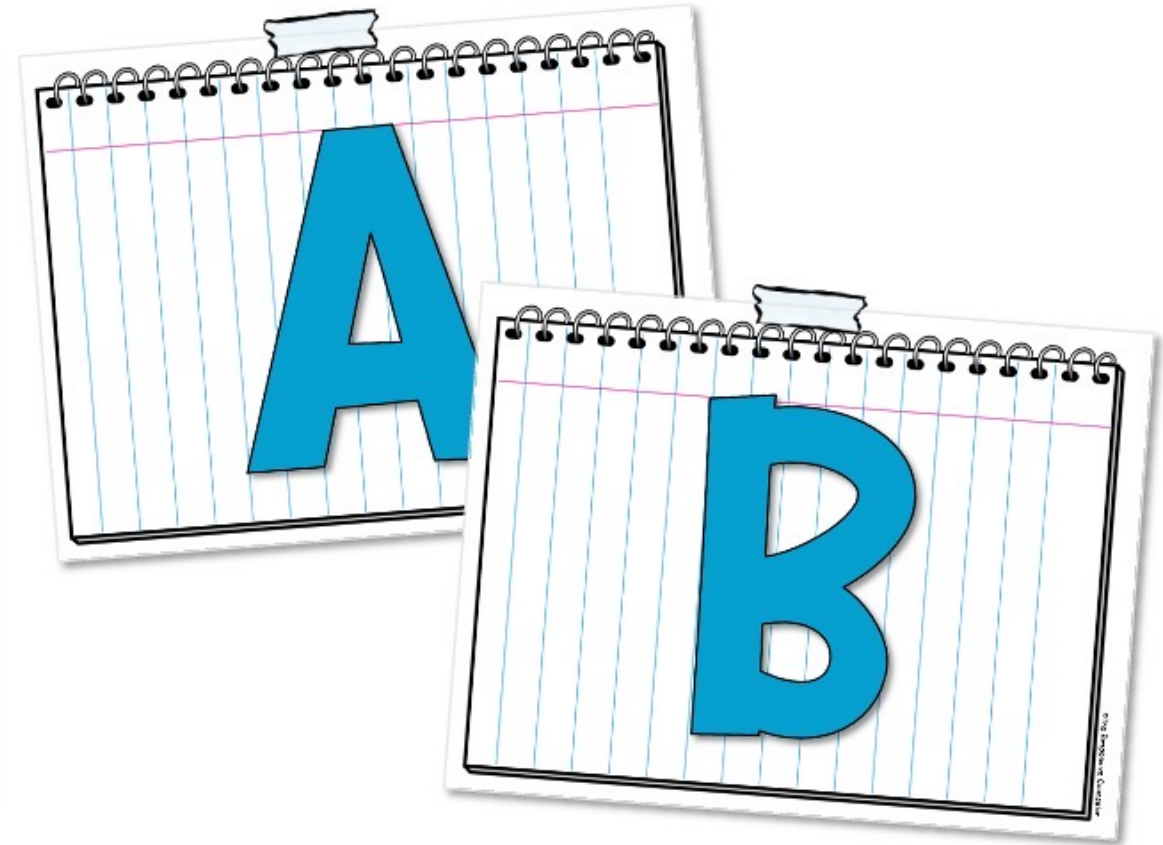
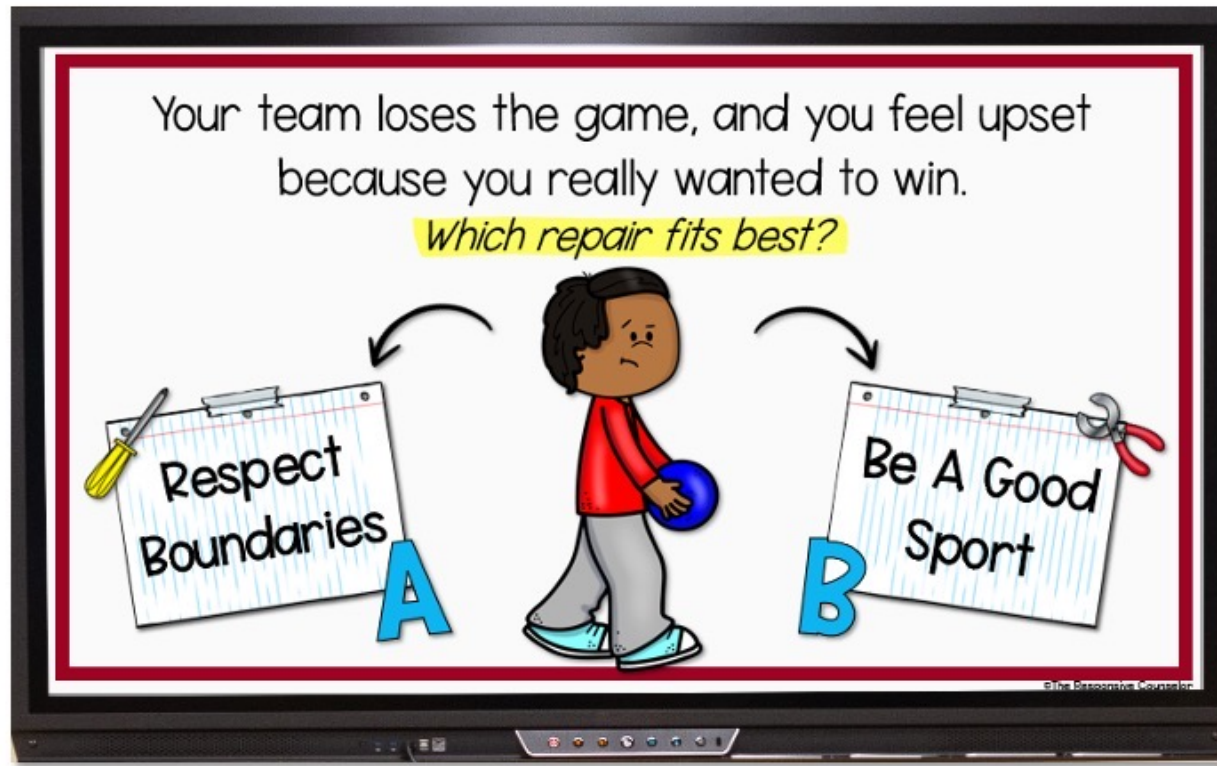


# strategies in action



**Relatable** recess scenarios show students how each strategy **can help** in real-life situations.

# whole group practice



**Movement-based** activity encourages students to choose a strategy that fits each recess problem.

# small group/partner practice



Students **work together** to match common recess problems with a strategy that could help.

# independent practice

**RECESS REPAIR COMIC**

By: \_\_\_\_\_

Directions: Draw a recess problem, a repair that would help, and what happens next.

| The Problem | The Fix | The Outcome |
|-------------|---------|-------------|
|             |         |             |

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Students put their **problem-solving skills** into practice by creating a comic that shows a **recess problem**, the **repair** they would choose, and **what happens next**.

# closing questions

## CLOSING QUESTIONS



- What is one fix you can try when you have a problem at recess?
- What can you do if the first fix you try doesn't work?



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Closing questions provide students with the opportunity to **reflect** on the lesson and **apply** it to themselves.

# lesson plan

**ASCA and CASEL aligned lesson plan**

**RECESS REPAIR SHOP**

**Objective(s):** Students will identify common problems that happen during recess and choose safe, respectful ways to solve them.

**ASCA Mindsets/Behaviors:** B-LS 1. Critical-thinking skills to make informed decisions; B-SS 6. Effective collaboration and cooperation skills

**CASEL Domains:** Relationship Skills; Responsible Decision-Making

**Additional Materials Needed:** Writing and Coloring Utensils, Scissors, Stapler or Glue

**PLAN/PREP**

**Slideshow:** Review the directions, suggested scripting, and slides ahead of time.

**Small Group Practice:** Print/copy a set of Fix This Recess cards, one set per group. Print one set of Recess Problem Scenario pictures total.

**Individual Practice:** Print Recess Repair Comic worksheet, one per student. Have coloring utensils available.

**LESSON OUTLINE**

- Slides 1 - 2: "Today we're going to talk about problems that can happen at recess and what we can do to fix them. We'll practice identifying the problem and finding a fix that helps everyone get back to playing and having fun."

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**RECESS REPAIR SHOP**

|               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Opener</b> | <ul style="list-style-type: none"><li>Slide 3: "We are going to start by looking at some problems that can happen at recess. Look closely at each picture and think about what the recess problem might be."</li><li>Slides 4-5: Ask students to share what they notice and identify the problem in each situation.<ul style="list-style-type: none"><li>Picture 1: Two students arguing/fighting</li><li>Picture 2: Two friends want the same ball</li><li>Picture 3: A student feels alone/doesn't have someone to play with</li><li>Picture 4: Cutting/pushing to be first in line</li></ul></li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Teach</b>  | <ul style="list-style-type: none"><li>Slide 6: "Just like cars can have problems, things can go wrong at recess, too. We noticed some problems in our pictures. What are some other recess problems you can think of?" Allow students to share a few examples.</li><li>Slide 7: "Recess is supposed to be fun, but that doesn't mean every part of recess will go the way we want. We might lose a game, disagree with someone, have to wait for a turn, or hear 'no.' Having a problem doesn't mean recess is ruined! When a recess problem happens, we can think about what might help fix the problem and get us back to playing."</li><li>Slide 8: "We know problems are going to happen sometimes. Before we start learning how to fix them, let's think about why we're at recess in the first place."</li><li>Have students show a thumbs up if they think each choice is a goal of recess or a thumbs down if it is not: always get your way, win every game, always be the best.</li><li>Ask, "So...what is the goal of recess?"</li></ul> |

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Optional/  
suggested  
scripting to  
use

Outline  
breakdown  
with activity  
directions

Hi, I'm Sara! At The Responsive Counselor, we create resources for school counselors, child therapists, and teachers that improve social emotional learning and help students be their best selves.

Our focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for students.

## education

**B.A. from Michigan State University**

Psychology and Anthropology

**M.S. from Vanderbilt University**

Community, Research, and Action

**M.Ed. From Vanderbilt University**

Human Development Counseling:  
School Counseling & Mental  
Health

## experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



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let's connect:

