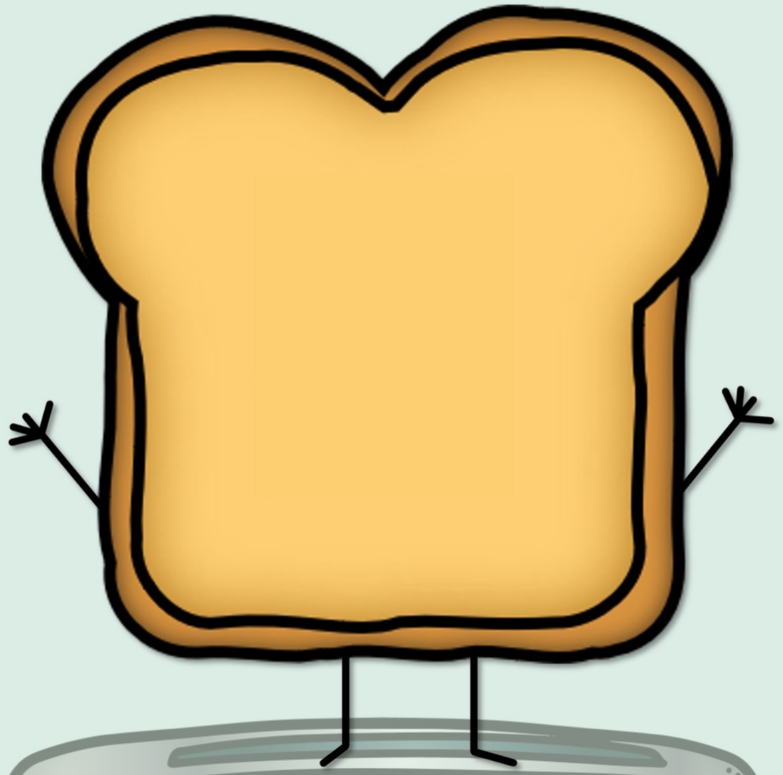
THE TOAST OF THE TOWN



social emotional activities

- interactive
- engaging
- created for 2nd–5th

printable + digital companion

notes to the counselor/teacher

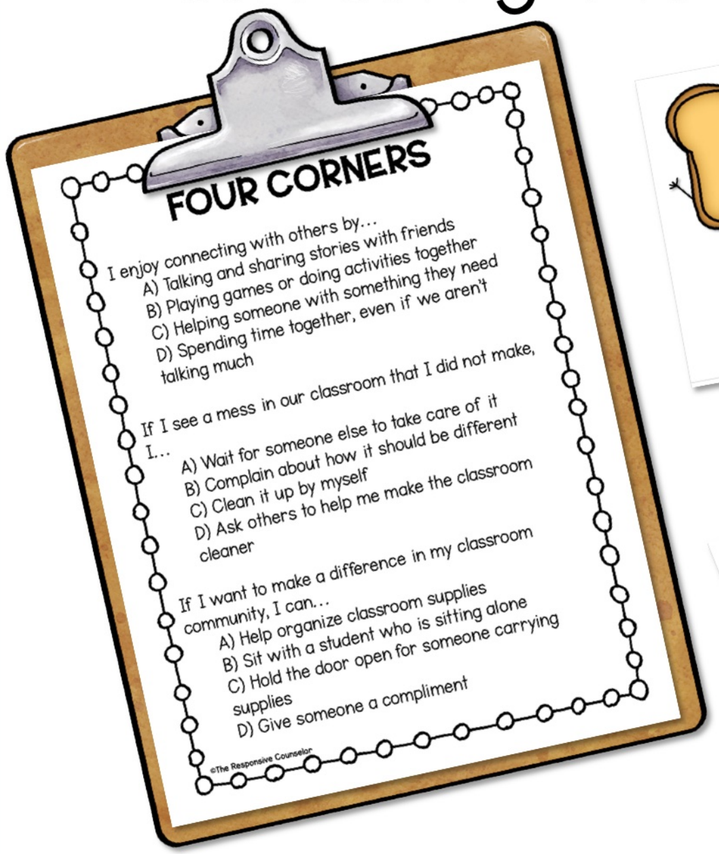
- This 30-45 minute lesson on helpfulness and building community can be used separately or as part of a unit using other books in the food group series by Jory John.

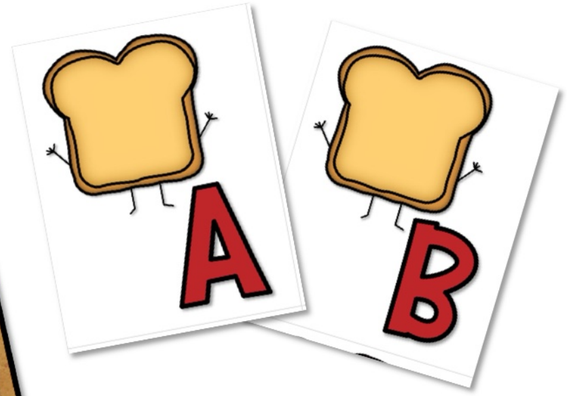
- It was created using these SEL research-based best practices:
  - Opportunity to apply/practice the skill
  - Cooperative learning
  - Self-reflection

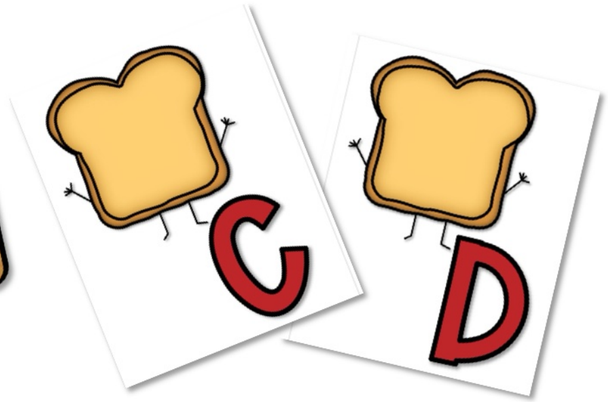


engaging + interactive

Opening hook to get students moving, activate their brains to the main ideas in the story, and begin connecting it to themselves





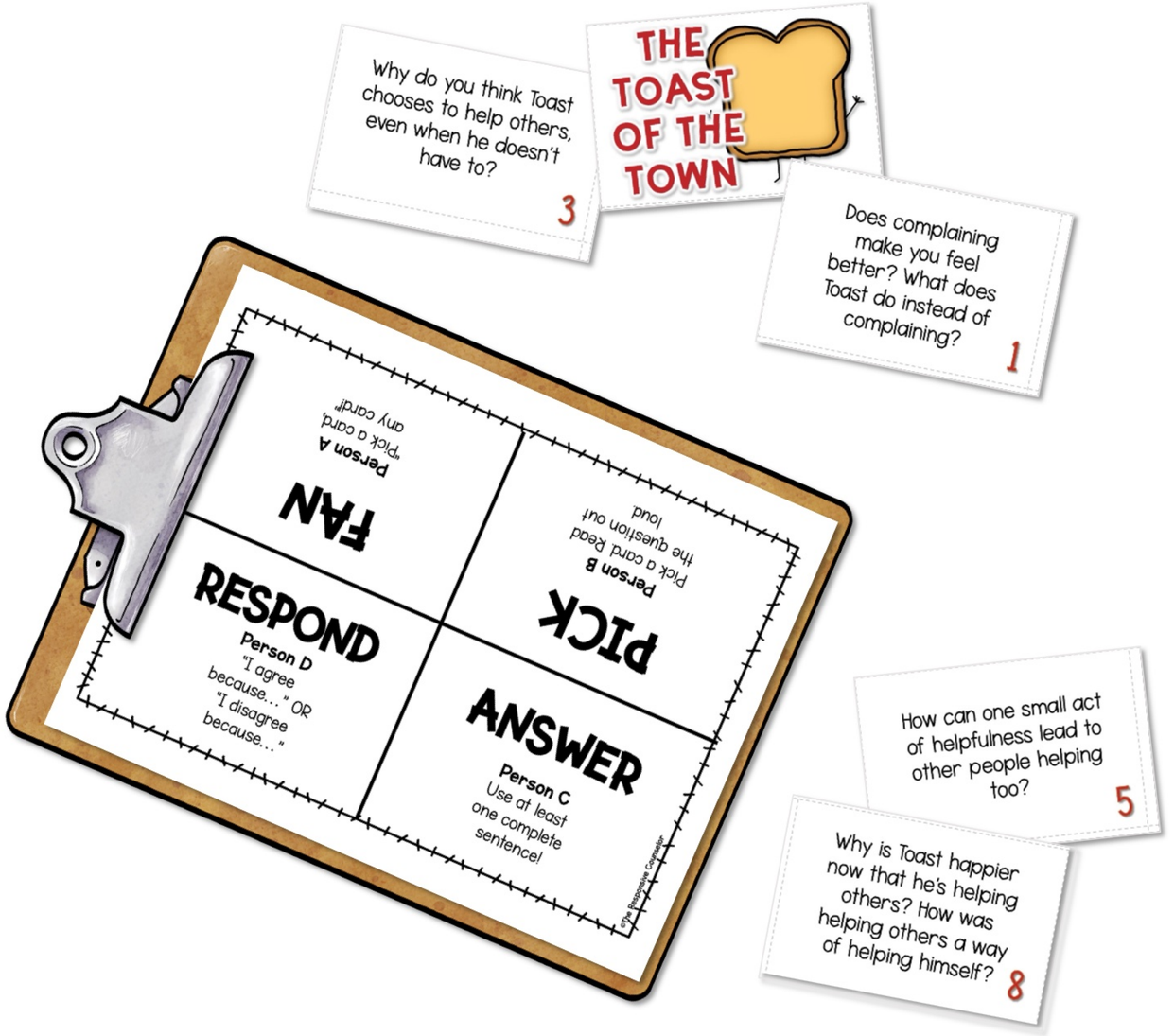




Mini-book toast craftivity to express their own ideas and beliefs as they relate to the story

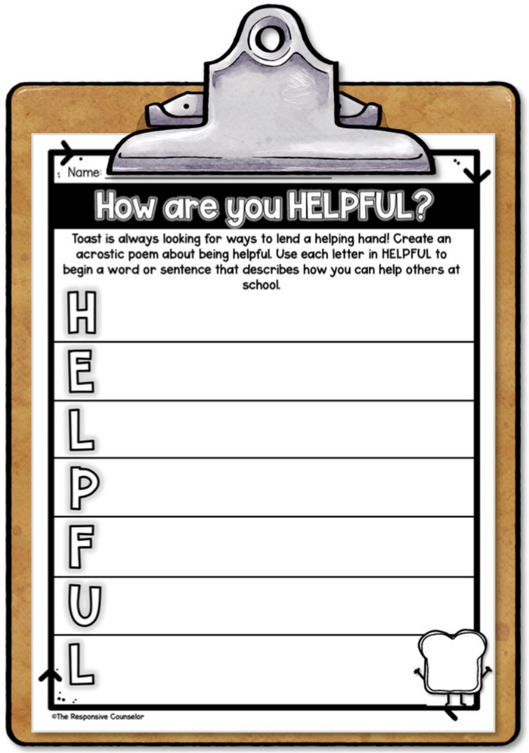
practice activity

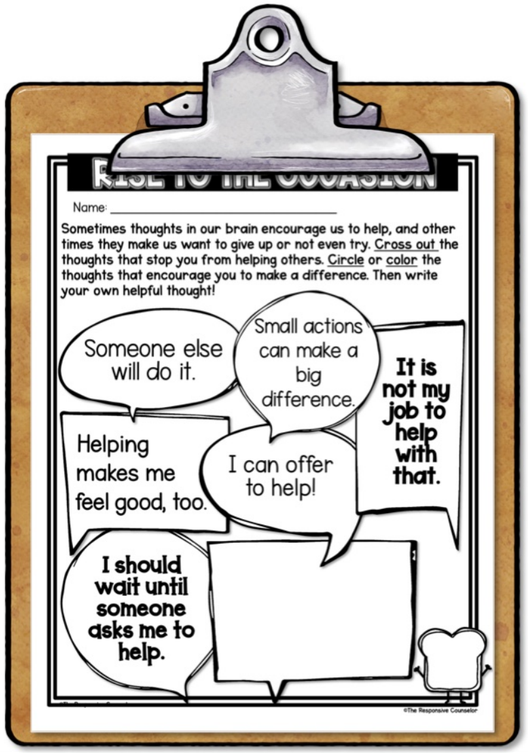
- 8 question cards to process the book, self-reflect, and practice or apply the book's messages
- Use in whole group or small group (activity directions included for both)

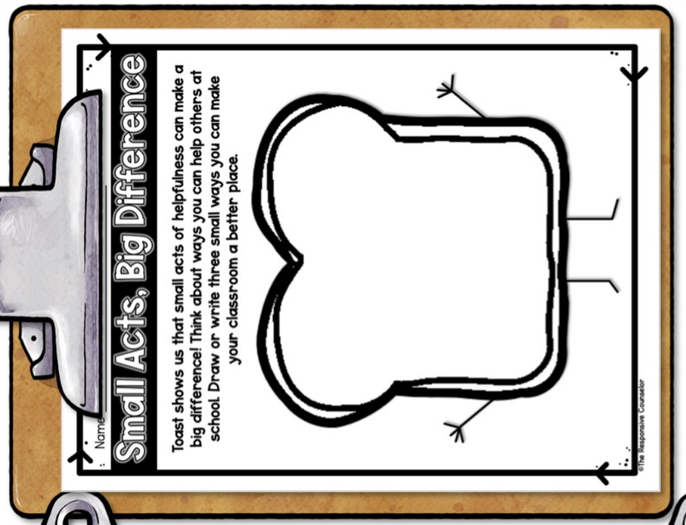


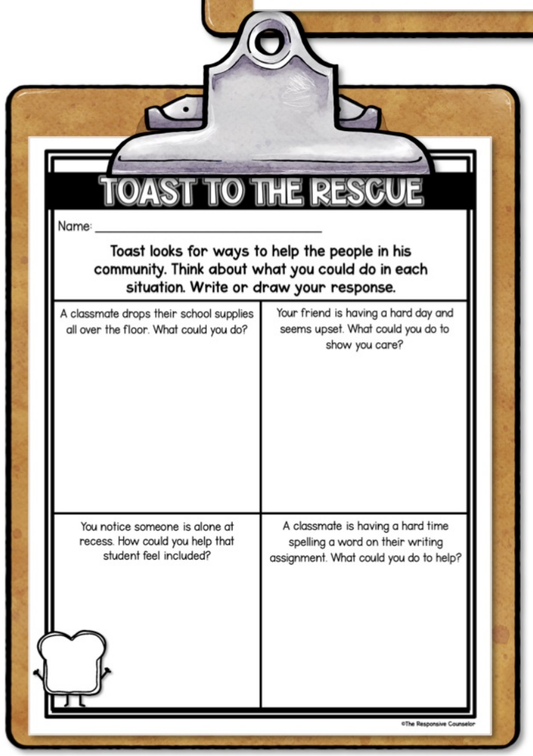
independent reflection

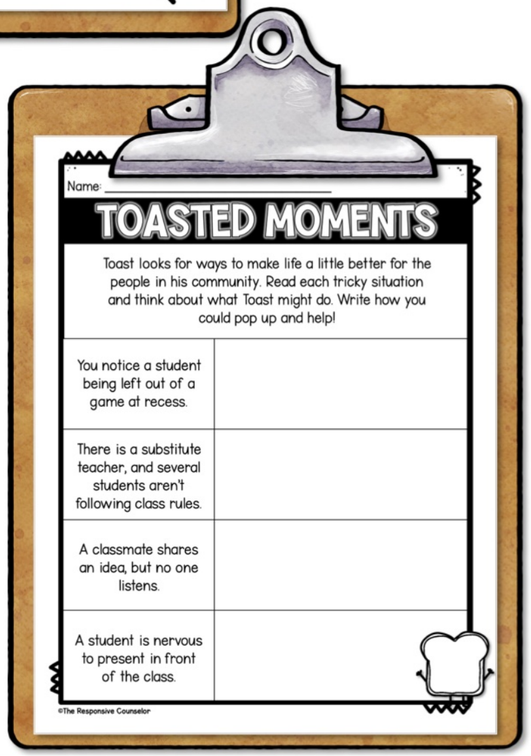
5 worksheets for students to more independently express themselves and practice being helpful and recognizing strengths







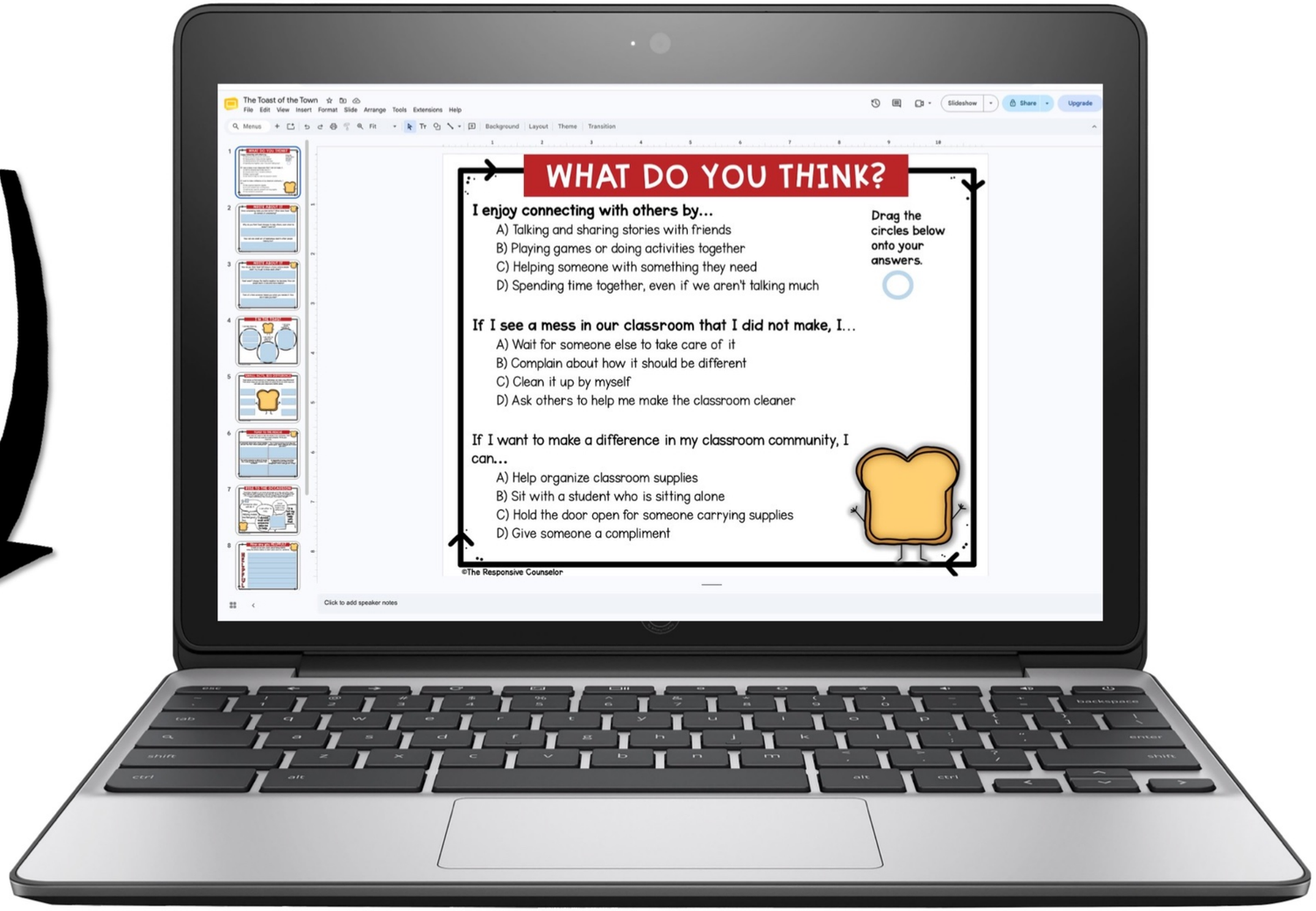




google slides™

Want to go zero-prep?
Into digital resources?

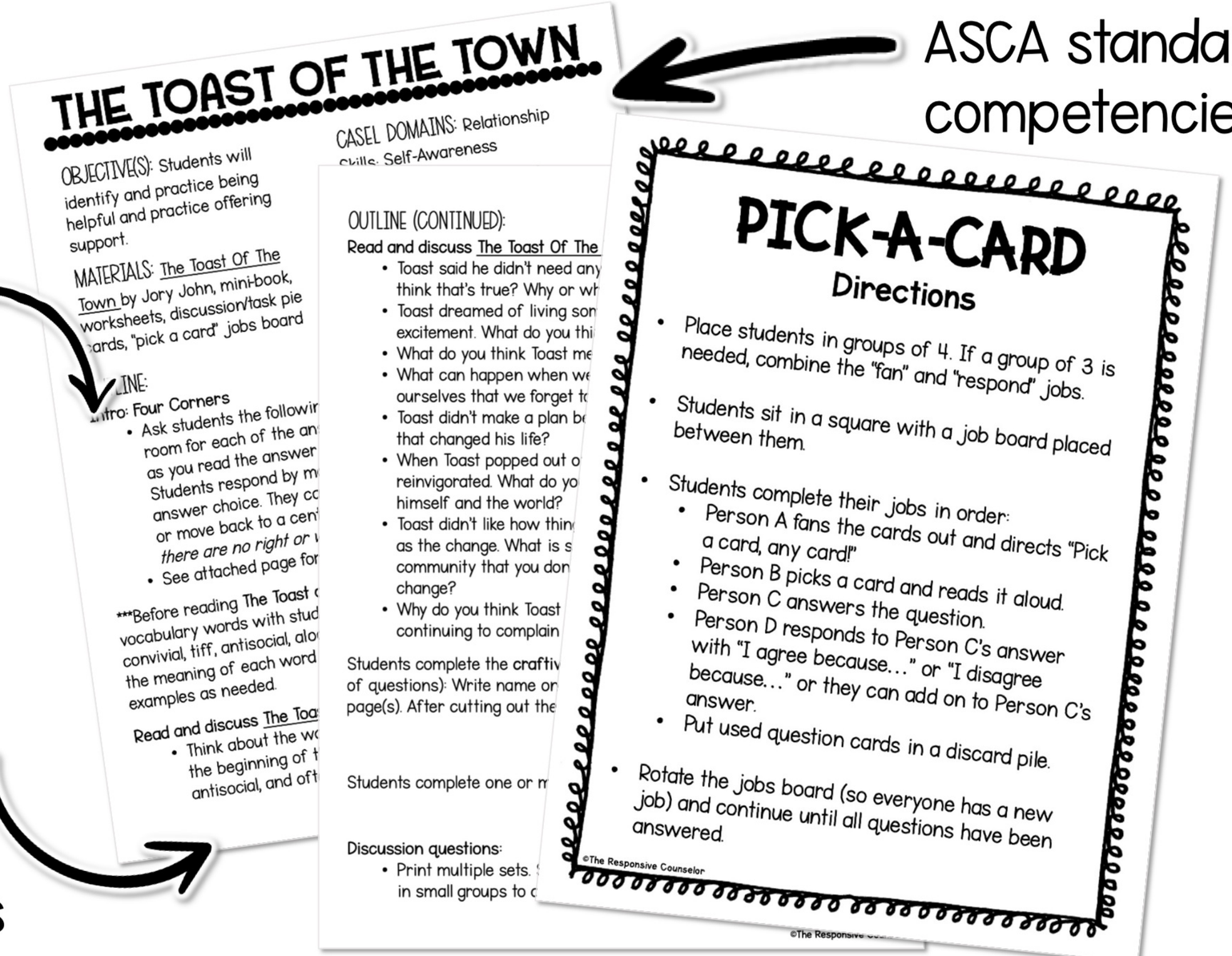
Most activities are included as interactive Google Slides!



written lesson plan

ASCA standards and CASEL competencies aligned

Comprehensive lesson plan including objectives, pre and post story discussion questions, and activity directions



THE TOAST OF THE TOWN

OBJECTIVE(S): Students will identify and practice being helpful and practice offering support.

MATERIALS: The Toast Of The Town by Jory John, mini-book, worksheets, discussion/task pie cards, "pick a card" jobs board

CASEL DOMAINS: Relationship Skills: Self-Awareness

OUTLINE:

Intro: Four Corners

- Ask students the followin
- room for each of the an
- as you read the answer
- Students respond by m
- answer choice. They co
- or move back to a cent
- *there are no right or*
- See attached page for

***Before reading The Toast
vocabulary words with stud
convivial, tiff, antisocial, alo
the meaning of each word
examples as needed.

Read and discuss The Toa

- Think about the wo
- the beginning of t
- antisocial, and oft

OUTLINE (CONTINUED):

Read and discuss The Toast Of The

- Toast said he didn't need any
- think that's true? Why or wh
- Toast dreamed of living son
- excitement. What do you thi
- What do you think Toast me
- What can happen when we
- ourselves that we forget to
- Toast didn't make a plan be
- that changed his life?
- When Toast popped out o
- reinvigorated. What do yo
- himself and the world?
- Toast didn't like how thing
- as the change. What is s
- community that you don
- change?
- Why do you think Toast
- continuing to complain

Students complete the craftiv
of questions): Write name on
page(s). After cutting out the

Students complete one or m

Discussion questions:

- Print multiple sets.
- in small groups to c

PICK-A-CARD

Directions

- Place students in groups of 4. If a group of 3 is needed, combine the "fan" and "respond" jobs.
- Students sit in a square with a job board placed between them.
- Students complete their jobs in order:
  - Person A fans the cards out and directs "Pick a card, any card!"
  - Person B picks a card and reads it aloud.
  - Person C answers the question.
  - Person D responds to Person C's answer with "I agree because..." or "I disagree because..." or they can add on to Person C's answer.
  - Put used question cards in a discard pile.
- Rotate the jobs board (so everyone has a new job) and continue until all questions have been answered.

©The Responsive Counselor

Hi, I'm Sara! At The Responsive Counselor, we create resources for school counselors, child therapists, and teachers that improve social emotional learning and help students be their best selves.

Our focus is creating resources that are effective (using research-based best practices) and engaging (through collaborative learning and relevant scenarios) for students.

education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling: School Counseling & Mental Health

experience

I'm a former school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I share my ideas and resources to reach students and help educators across the world!



the responsive counselor

let's connect: