

# Making Friends Is An Art

**OBJECTIVE(S):** Students will identify characteristics and behaviors that attract vs. repel peers, both globally and personally.

**MATERIALS:** Julia Cook's Making Friends is An Art, task cards, poster, exit tickets

**ASCA MINDSETS/BEHAVIORS:**  
Create positive and supportive relationships with other students; Use leadership and teamwork skills to work effectively in diverse teams

**CASEL DOMAINS:** Relationship Skills, Self Awareness

## OUTLINE:

- Read and discuss Making Friends Is an Art (\*\*2nd Edition):
  - (Before beginning) This story is about the different ways that we can be good friends to others. The main character is brown – why do you think that is? What do we know about mixing colors?
  - (p. 10) Turn and talk with a partner. What were two of the friendship talents Brown said his friends had?
  - (p. 17) What does Red mean when she says “in order to have good friends, you need to be a good friend”?
  - (p. 23) What are putdowns? What does it mean to put someone else down? Why would Brown say he would never use putdowns?
  - (End) What were some of the ways Brown used his talents to be a good friend?
- Use the task cards for “Ask, Ask, Switch” (directions on the next page).
- Students complete exit ticket

# Ask, Ask, Switch

- Give each student a card. Students then stand up and find a partner.
- Partners take turns reading their questions aloud to one another and answering each other's questions.
- Partners switch cards, then find new partners and repeat.
- Continue as time allows.
- Consider modeling every step of this (how to find a partner, voice volume, turn taking, etc.)
- If extra structure is needed, use a signal to indicate when it's time to switch cards and find new partners.
- When time is up, gather whole group. Pre-select questions with the most meaning/impact for your group and draw stars on them. Ask students holding those cards to read their questions and discuss whole group.



**BROWN**

What does it mean to be yourself?

**BLACK**

How are you

**PINK**

How are you a good listener with your classmates?

**LIGHT GREEN**

Tell about when you are honest and tell the truth.

**YELLOW**

How do you make good

**BLUE**

How do you help

What is something you do that makes your classmates smile?

What is a question you could ask someone to get to know them better?

When you're mad at a friend, why is it a bad idea to say "you're not my friend anymore"?

Is giving other kids things or money a good way to get them to be your friend? Why or not why?

What is a question you could ask someone to get to know them better?

What is personal space? Why is it important to respect someone's personal space?

How can you tell if someone thinks a joke you make is funny or annoying?

What is something that kids do that make other kids not want to be their friend?

What does it mean to have a positive attitude?

Think of someone that you want to be friends with. Why do you want to be their friend? What is something great about them?

**NAME:** \_\_\_\_\_

I can show the same  
friendship talent as

\_\_\_\_\_ pencil.

I can do that by \_\_\_\_\_

\_\_\_\_\_

**NAME:** \_\_\_\_\_

I can show the same  
friendship talent as

\_\_\_\_\_ pencil.

I can do that by \_\_\_\_\_

\_\_\_\_\_

**NAME:** \_\_\_\_\_

I can show the same  
friendship talent as

\_\_\_\_\_ pencil.

I can do that by \_\_\_\_\_

\_\_\_\_\_

**NAME:** \_\_\_\_\_

I can show the same  
friendship talent as

\_\_\_\_\_ pencil.

I can do that by \_\_\_\_\_

\_\_\_\_\_

# Be a Friend to Make a Friend!



Look out for  
others.



Always do what's  
right.



Have hopes and  
dreams.



Help people be  
peaceful.



Be trustworthy.



Listen to everyone.



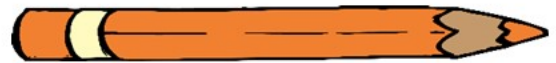
Be honest.



Make everyone  
feel included.



Cheer people up.



Have fun!



Be yourself.



# the RESPONSIVE counselor



Hi, I'm Sara! I create resources for elementary students, counselors, and teachers that improve social emotional learning and help students be their best selves. My focus is creating resources that are *effective* (using research-based best practices) and *engaging* (through collaborative learning and relevant scenarios) for all types of learners and populations.



## Education

B.A. from Michigan State University  
Psychology and Anthropology

M.S. from Vanderbilt University  
Community, Research, and Action

M.Ed. From Vanderbilt University  
Human Development Counseling:  
School Counseling and  
Clinical Mental Health

## Experience

I'm a school counselor from a large southeastern school district with a wonderfully diverse group of students. I created and implemented a data-based comprehensive school counseling program while helping classroom teachers and administrators implement schoolwide SEL and restorative practices. Now, I also share my ideas and resources to reach students and help educators across the world!

Let's  
Connect:

