

GROWTH MINDSET + PERSEVERANCE

COOPERATIVE BOARD GAME



DON'T LET YOUR BRAIN
FALL ASLEEP!

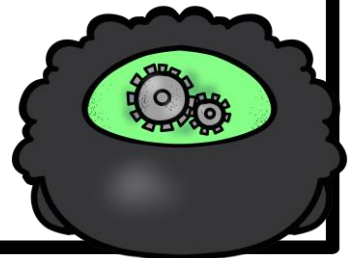
BRAIN POWER BOARD GAME

DIRECTIONS

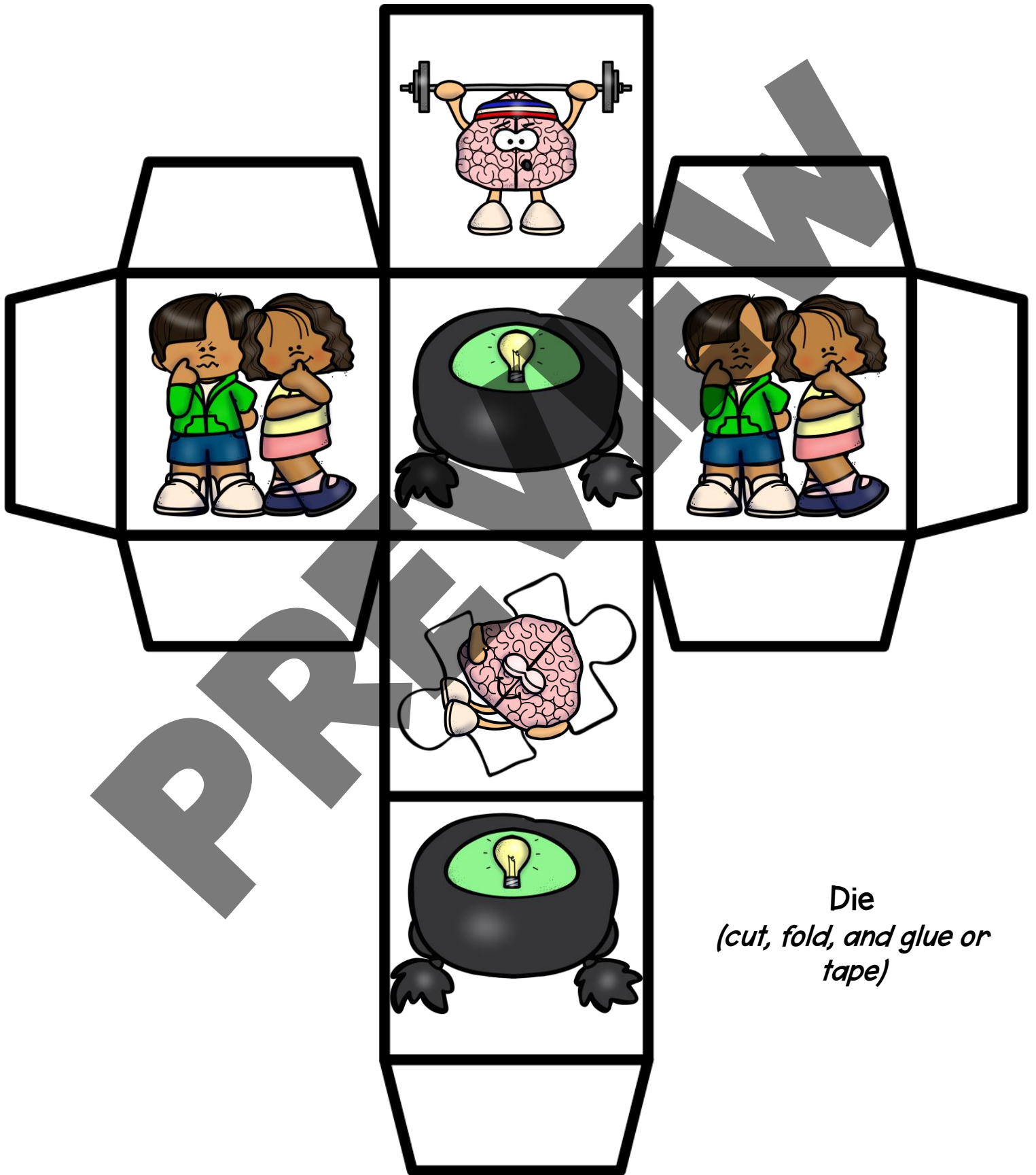
Objective: Get your player piece to the end of the board before the puzzle is complete and your brain falls asleep!

Game Play:

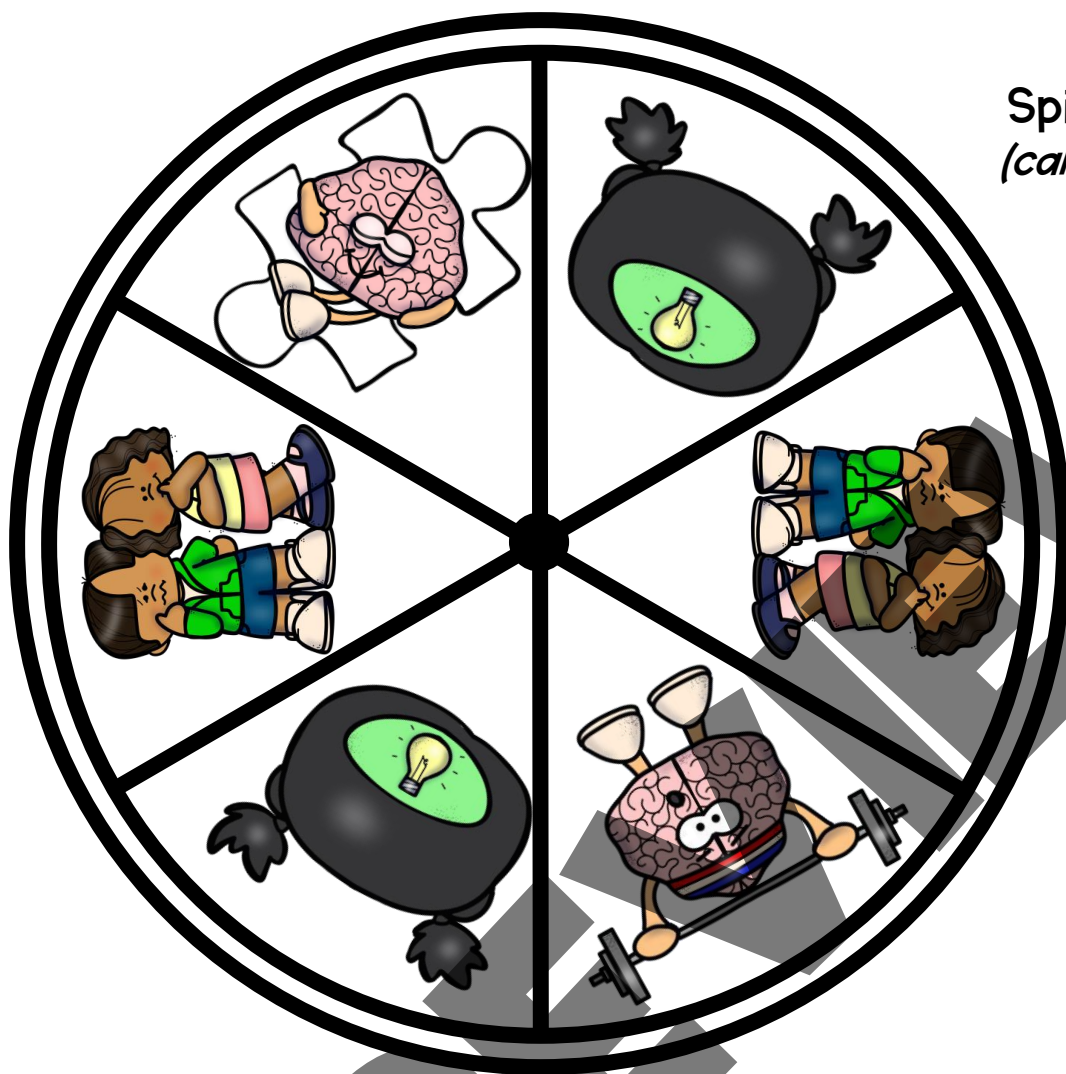
- The whole group uses just one playing piece.
- Players take turns rolling the die (or spinning the spinner), starting with the youngest student.
- If the die/spinner lands on the:
 - **Workout Brain:** Everyone does 3 jumping jacks and says "Challenging work makes my brain stronger!" 3 times.
 - **Lightbulb Head:** Player pulls a "*Think About It*" card. Read, answer, and follow the directions on the card.
 - **Thinking People:** Player pulls a "*Helpful or Unhelpful*" card. Read the thought and decide if it's helpful or unhelpful. If it's helpful, explain why. If it's unhelpful, turn it into a helpful thought. Move the number of spaces forward on the card.
 - **Puzzle Piece:** Add a puzzle piece to the sleeping brain puzzle.
- If your playing piece lands on:
 - **A brain:** Nothing happens! Your playing piece rests here until the next move.
 - **A "Kiss Your Brain" spot:** Kiss your brain! Player tells about something challenging he or she did this week.
 - **A question mark:** Player pulls a "*CHANCE*" card. Read it aloud and do what it says.





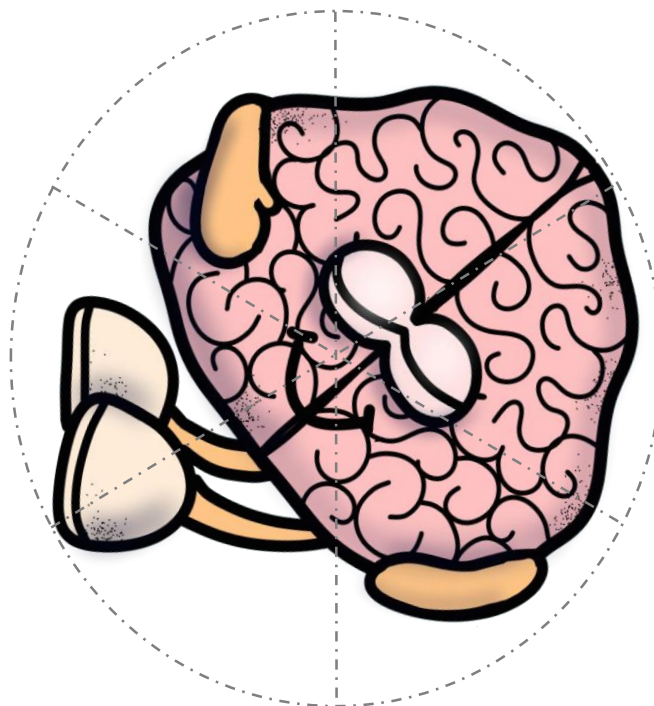


Die
(cut, fold, and glue or
tape)

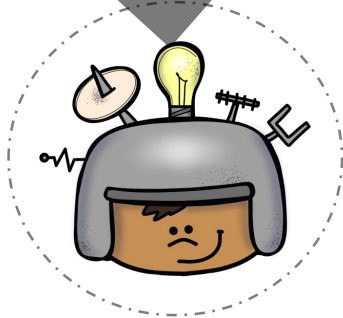


Spinner and Arrow
(can also use paperclip
and pen/pencil)

Puzzle Pieces



Playing Piece
(cut and use flat)



THE Responsive COUNSELOR



Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling and
Clinical Mental Health

Experience

I started my post-grad career as a school-based therapist before becoming an elementary school counselor. Social and emotional learning in youth is my passion, whether through large group prevention, individual intervention, or parent and teacher education! I have been at my current school for 5 years now, providing a comprehensive school counseling program.

Philosophy

- I only sell resources that I create for my own students and use first with them!
- All of my work is rooted in evidence-based instructional, SEL, and/or therapeutic practices.
- My aim is to make things **effective** and **engaging** for wiggly learners and use wording accessible to underserved and EL populations.

Connect With Me!

