

SOCIAL SAFARI

Think Before You Speak

Social Filter Story and Activities






TEACHING VIRTUALLY?

This lesson can be used for either in-person or virtual learning and includes an interactive Google Slides version. The story is meant to be used in PRESENT mode but the activities are meant to be used in EDIT mode.



You can post any or all of the slides as an assignment in Google Classroom  (just make sure to select “make a copy for each student”) or you can share with any student (or parent) that has a Google login. It also will work as a PowerPoint assignment for Microsoft Teams (just download it from Google Slides and then upload it – it downloads as a PowerPoint!).

SAFARI SOCIAL FILTER

OBJECTIVE(S): Students will learn about and practice using a social filter.

ASCA MINDSETS/BEHAVIORS: Use effective oral communication and listening skills; Create positive and supportive relationships with other students

OUTLINE:

- Read Use Your Filter! stopping to emphasize parts as needed.
- Hold up model thoughts and ask students to identify what they should do with them: filter it or say it. After each, ask how the thought would make someone feel if said out loud.
- In small groups, students put together social filter puzzles.
 - Each puzzle consists of three pieces: thought/words, feeling a person would have if you said that to them, and say it or filter it.
 - Model whole group, including how you want them to work cooperatively. Show to select a speech bubble piece first, then find the feeling piece, then the filter/say it.
 - Depending on time: Debrief whole group.

MATERIALS: Safari Use Your Filter! story (hard copy or PPT), model thoughts, puzzles (enough copies for each group), example thoughts (1 set per class)

CASEL DOMAINS: Relationship Skills, Self-Management

OUTLINE CONTINUED:

- Safari Snowball Game:
 - Give each student a half-sheet example thought. Give them think time to decide if they should say it, filter it, or if they're not sure.
 - Students walk to the area of the room representing their answer (signs provided if needed) and look over each others' thoughts to make sure they're all in the right place.
 - Ask students to hold up thoughts; walk past and briefly review them to check for correctness. Ask students at "not sure" to read theirs aloud and ask peers to indicate where they should go.
 - Students crumple up thoughts, underhand throw to center of room (model this part!).
 - On your cue, students retrieve a "snowball", carefully unwrap, read, and go to correct part of the room.
 - Repeat as time allows.

Hard Copy Story

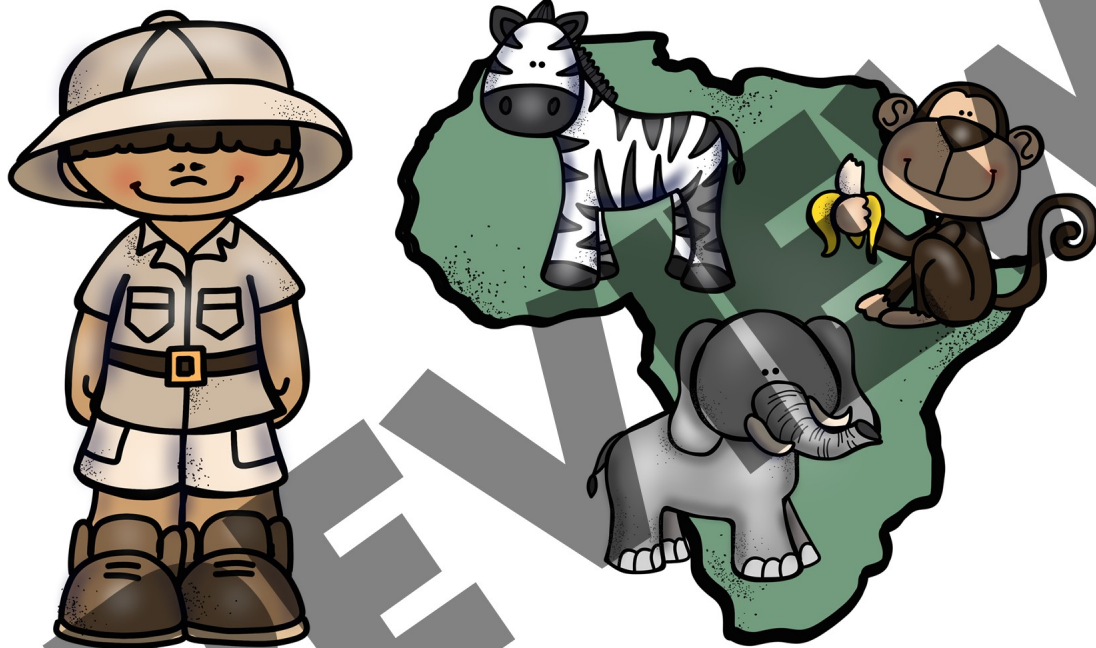
- PowerPoint Included in Zip File for Zero Prep Option
- For printing double sided, select “short end to short end” option

USE YOUR FILTER!

A Story About Thinking Before You Speak



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Carlos was a biologist who traveled to Africa to study all of the animals in the savannah and the jungle. His job was to learn as much as he could about them and sometimes even get a hair or skin sample.

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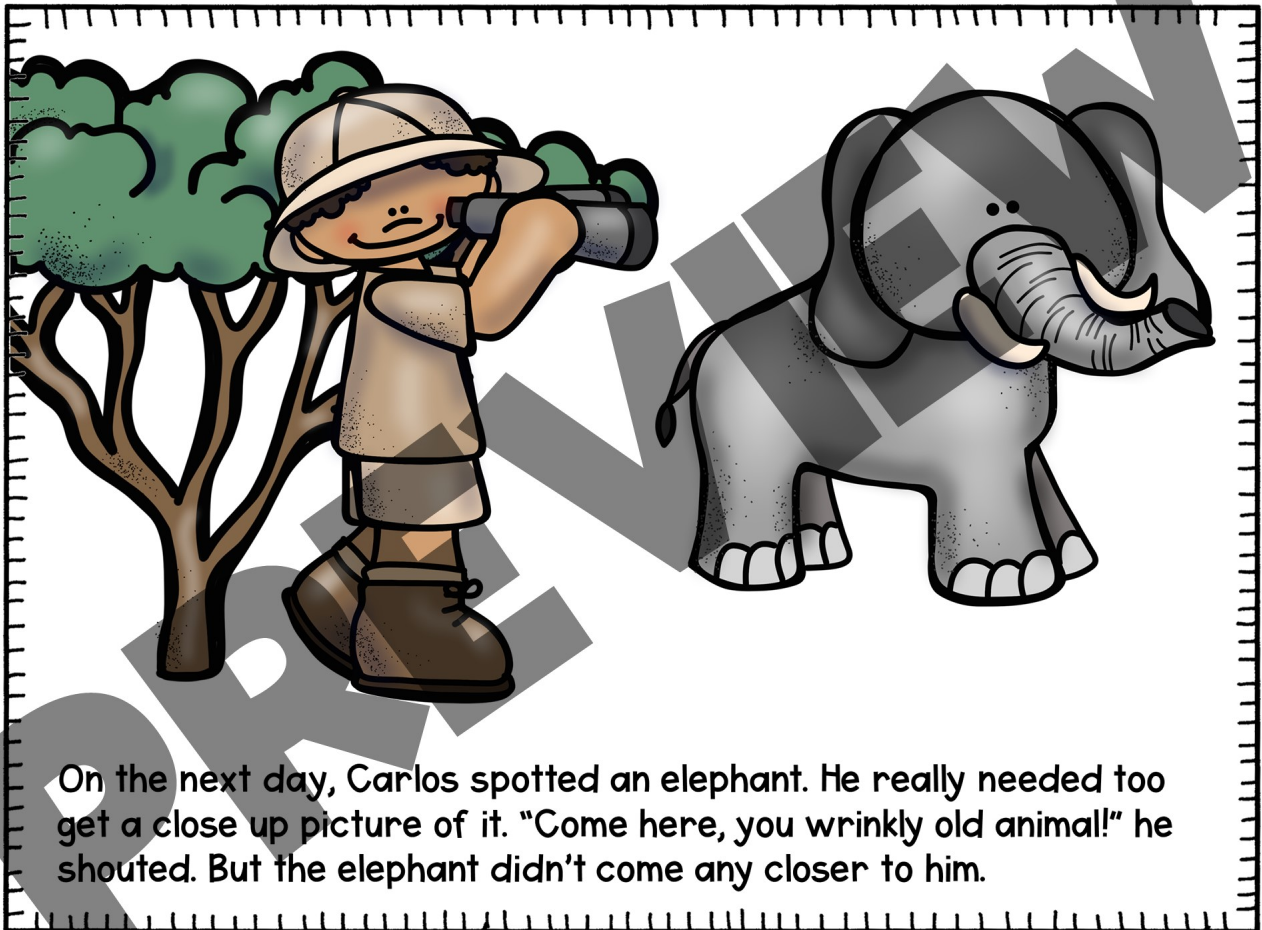
He would need to crawl through the grass, hide behind bushes, and get the animals to feel safe around him so that he could get as close as he could to them.

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On the first day, Carlos saw a warthog that looked like the perfect animal to study. As he approached it, he said "Wow, you smell terrible!" But to Carlos' surprise, the warthog ran away!

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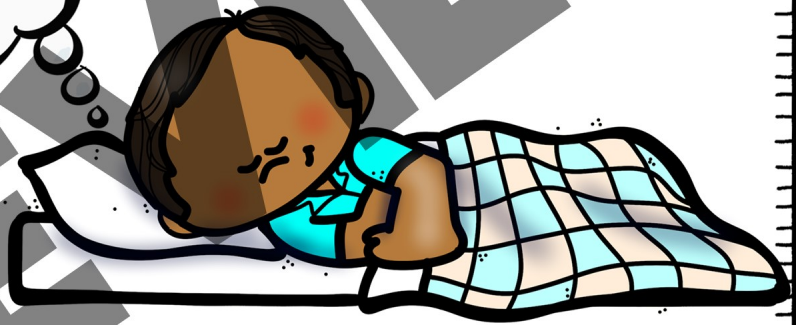
On the next day, Carlos spotted an elephant. He really needed too get a close up picture of it. "Come here, you wrinkly old animal!" he shouted. But the elephant didn't come any closer to him.

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Carlos was certain that the third day would be his lucky day. There was a beautiful gazelle in the distance. He approached very slowly so he didn't startle it. "I'm going to get you! I'm going to get you!" he sang. But Carlos didn't get the gazelle, because it sprang into the air and was gone before he could even get a good picture of it.

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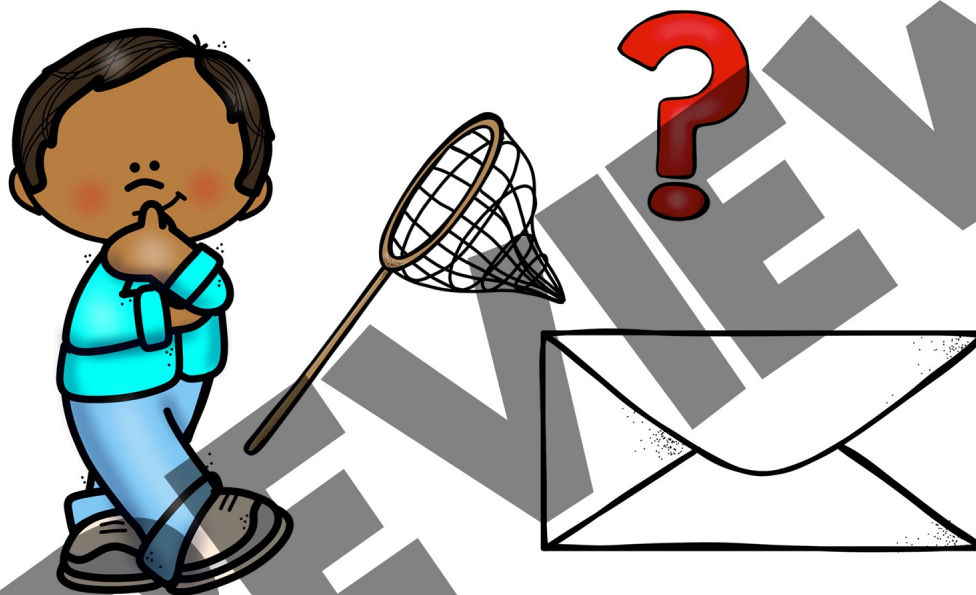
That night, Carlos fell asleep feeling super disappointed. He was supposed to be a wonderful biologist, learning exciting new information about these animals, but he hadn't gotten close to a single one! Then, as he slept, he dreamt of a leopard speaking to him and saying "Look in your backpack!"

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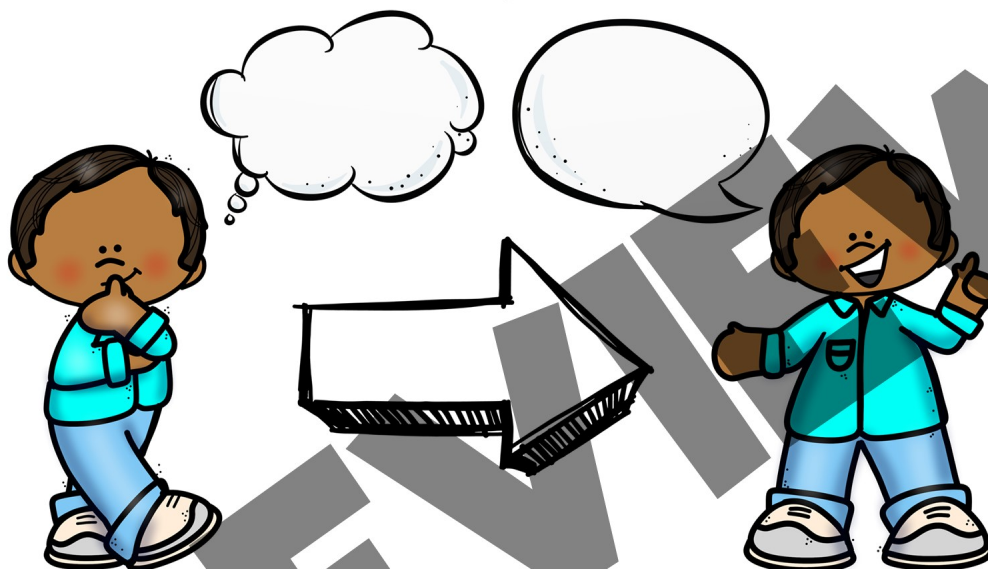
When Carlos woke up, he remembered his dream. It seemed silly to listen to a talking dream leopard, but Carlos decided to look in his backpack anyways. He was desperate for his trip to starting going as he planned. Inside were all of his regular supplies...and also some sort of net.

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"Hm. I don't remember packing this. What is this for?" wondered Carlos. "I'm not supposed to actually catch anything with this, right?" And then he found a note in his bag, from his friend Michelle, another biologist.

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The letter read: "Dear Carlos, This net is a reminder for you to use your social filter. Make sure you think before you speak. Think about how the words would make others feel. *Catch* your mean or unhelpful words before you let them out of your mouth! If you don't filter your words, the animals won't want you to come close to them."

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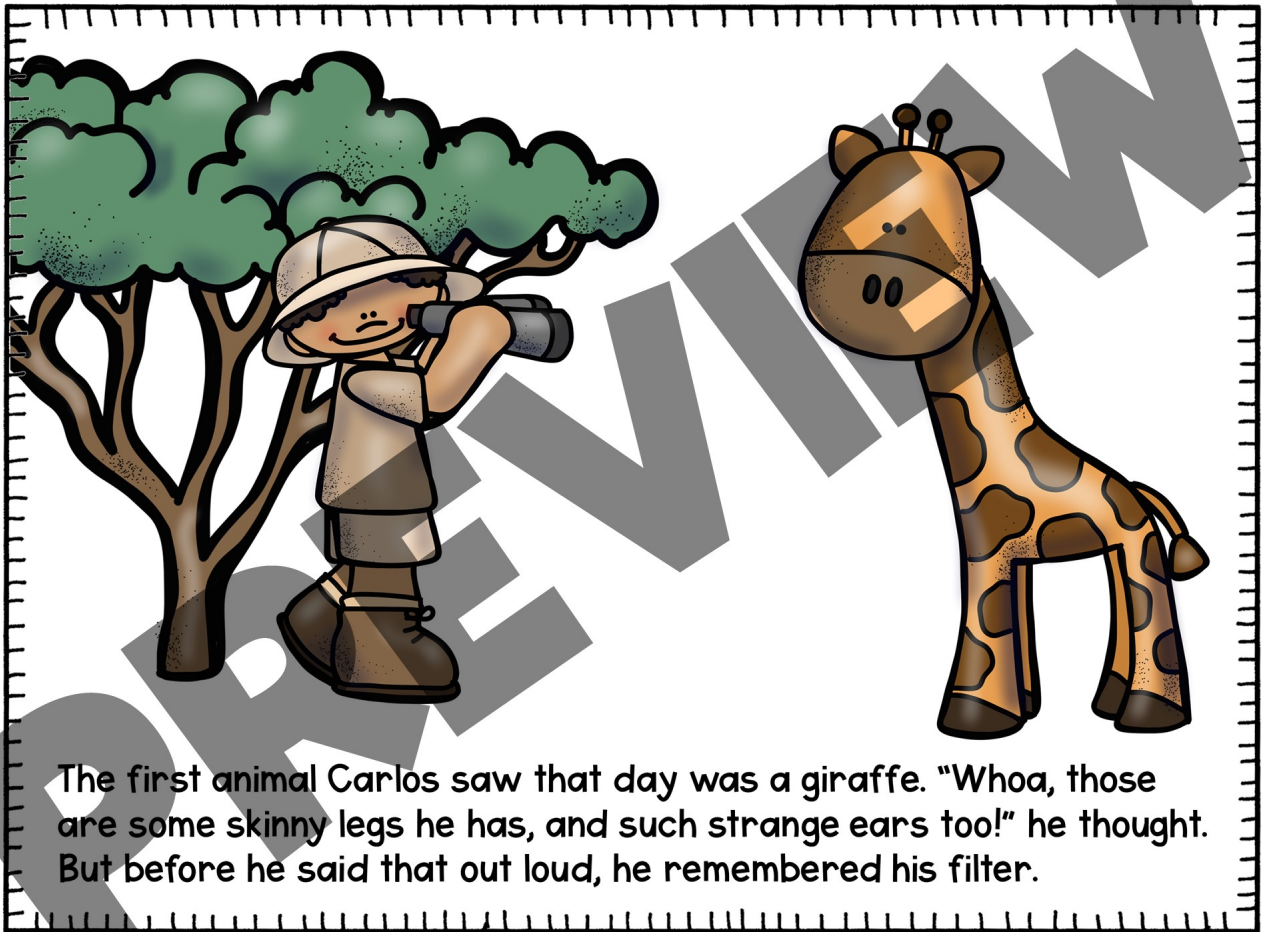
Carlos realized he had definitely forgotten about his social filter. He had been saying everything out loud that he thought in his mind – and the animals had not liked it. Carlos had made the elephant angry, he hurt the warthog's feelings, and he'd scared the gazelle.

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"Well," thought Carlos, "I've had a rough start to this trip but now I know how to make it better! It's time to start using my social filter." Then off he went, ready to try again.

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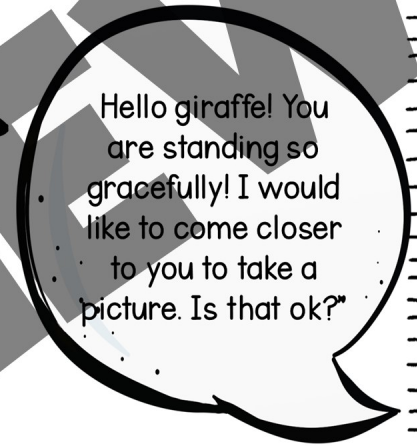
The first animal Carlos saw that day was a giraffe. "Whoa, those are some skinny legs he has, and such strange ears too!" he thought. But before he said that out loud, he remembered his filter.

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Carlos asked himself, "How would the giraffe feel if he heard me say this?" After a moment of thought, he decided the giraffe probably wouldn't feel too good and might even feel really sad or angry. "I guess I should use my filter."

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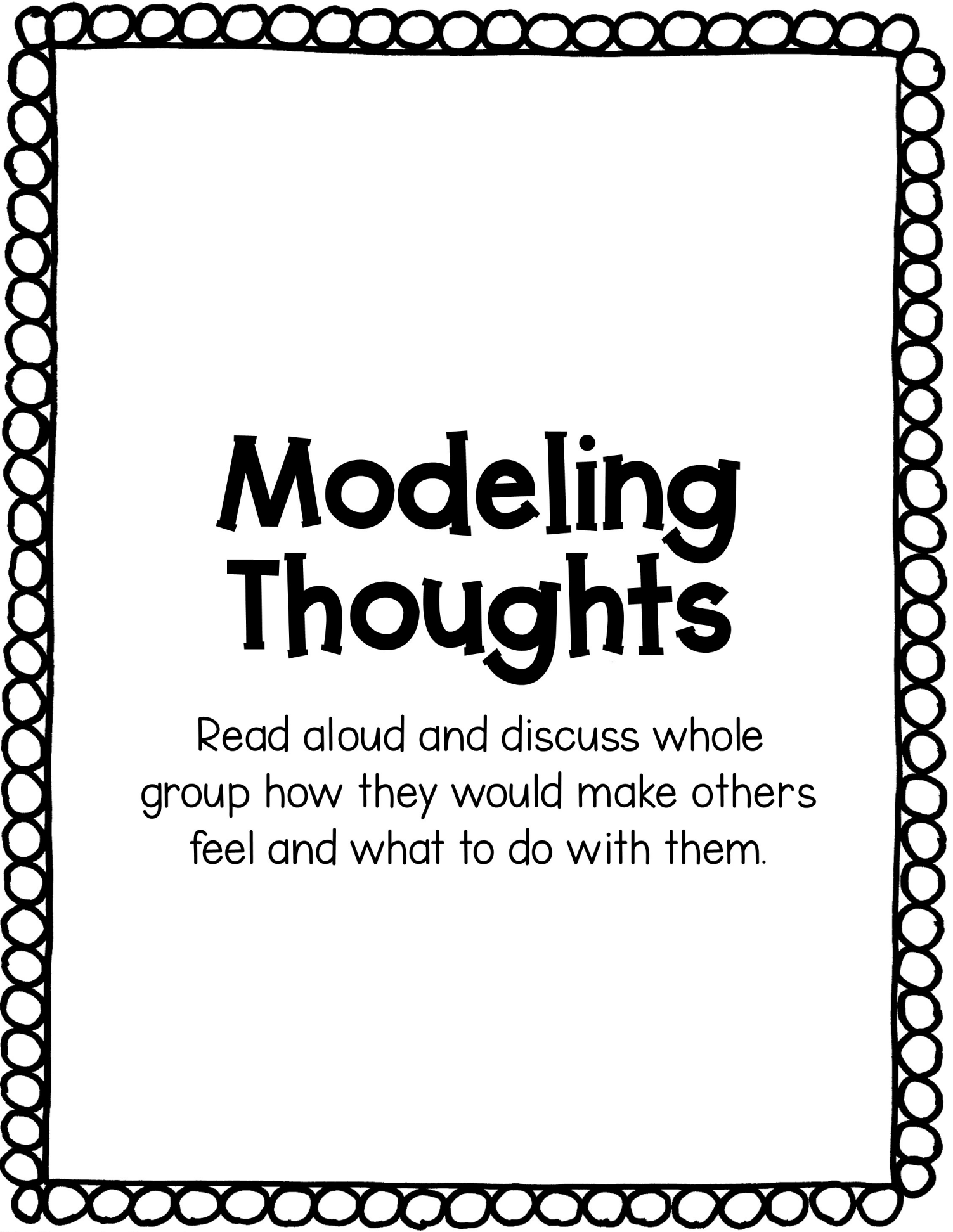
Carlos let his filter catch those unkind thoughts and stop them from coming out of his mouth. Instead, he said "Hello giraffe! You are standing so gracefully! I would like to come closer to you to take a picture. Is that ok?"

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And it worked! The giraffe let Carlos come close to take his picture! After Carlos started using his social filter, he was able to study ALL of the safari animals. When he thought before he spoke, he was the best animal biologist ever!

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Modeling Thoughts

Read aloud and discuss whole group how they would make others feel and what to do with them.



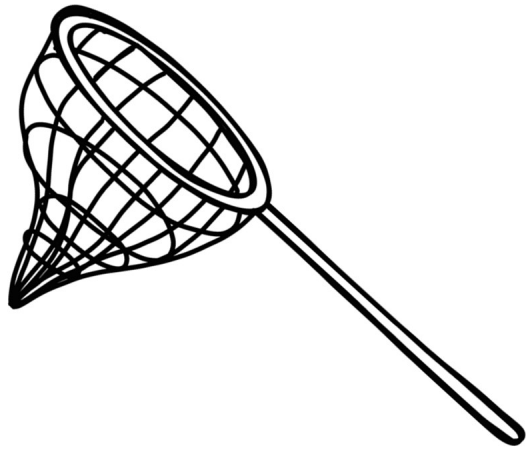
"I can help
you if you
want."



"Your
drawing
looks ugly."

Puzzles

FILTER IT

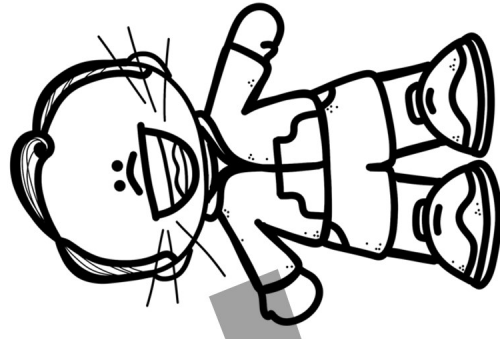


ANNOYED

This game is
dumb, I should
have won!

(INCLUDES 8)

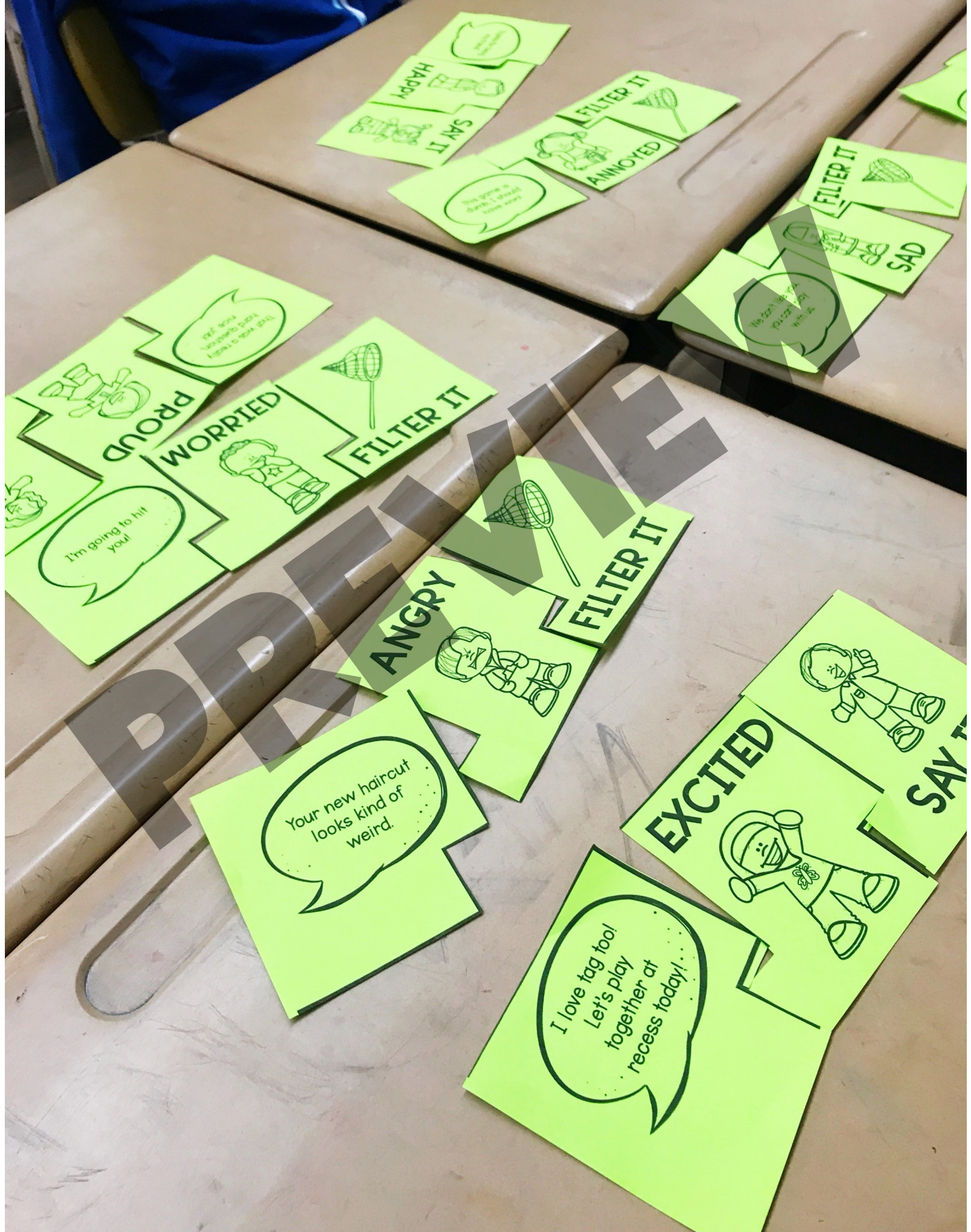
SAY IT



BRAVE



I know you can
do it, give it a
try!



HAPPY

SAY IT

ANNOYED

FILTER IT

SAD

FILTER IT

PROUD

WORRIED

FILTER IT

ANGRY

FILTER IT

ANGRY

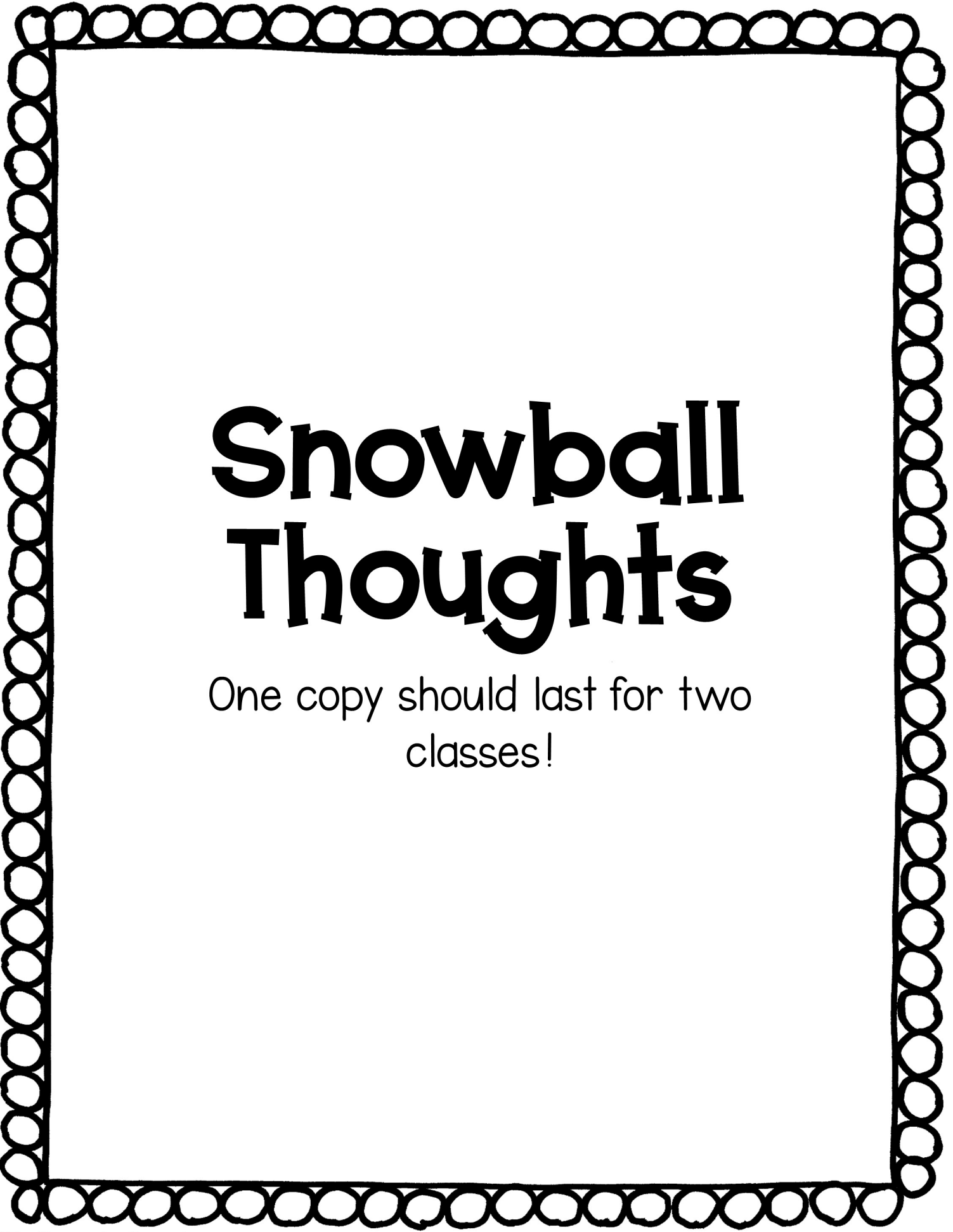
YOUR NEW HAIRCUT LOOKS KIND OF WEIRD.

EXCITED

SAY IT

EXCITED

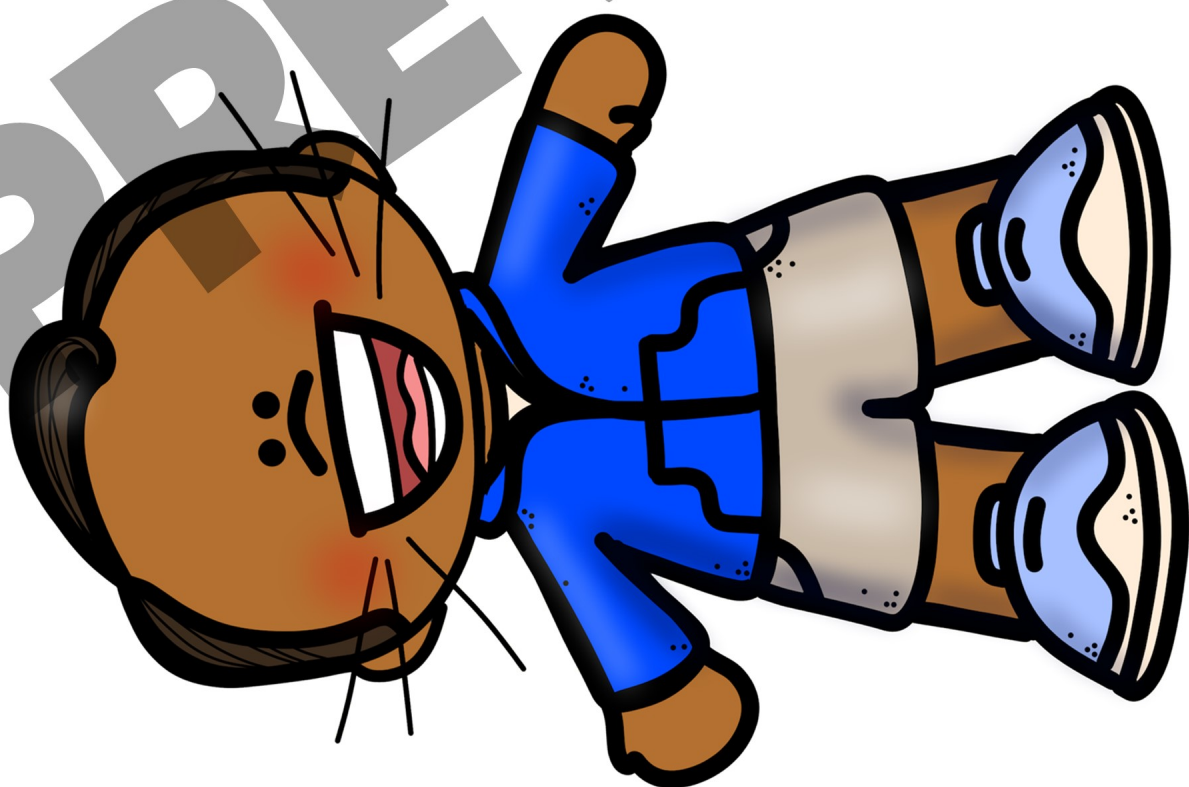
**I LOVE TAG TOO!
LET'S PLAY TOGETHER AT RECESS TODAY!**



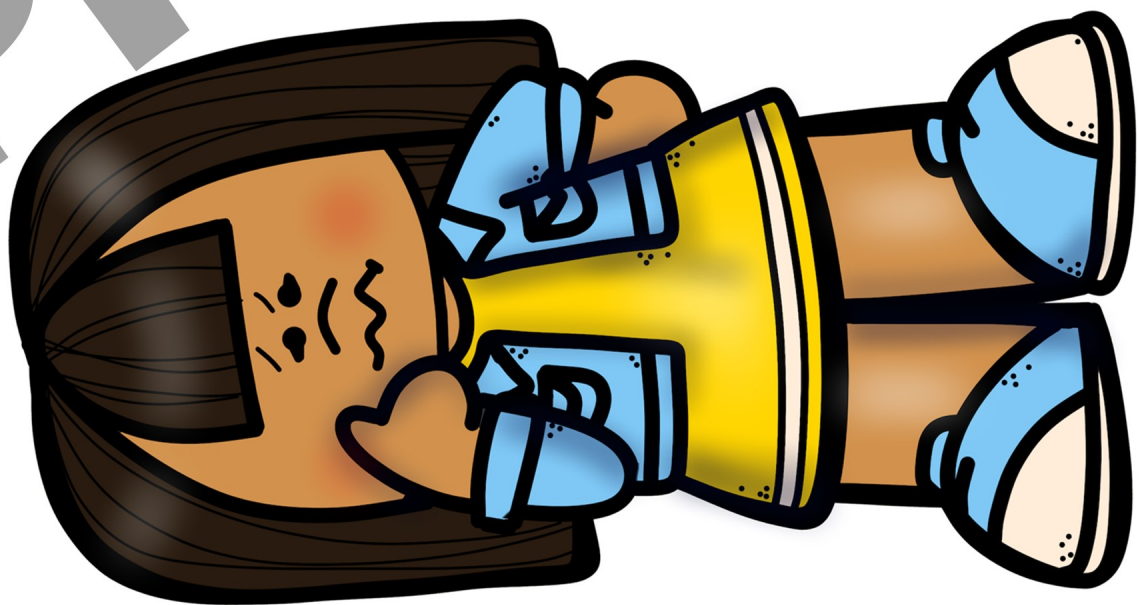
Snowball Thoughts

One copy should last for two
classes!

SAY IT




NOTES






PREVIEW

ITJER



Those cookies
you brought
are gross.

(INCLUDES 24)




That's a dumb
game, I'm not
playing.



Want to be
partners?

(INCLUDES 24)



You can sit
here.

THE Responsive COUNSELOR



Education

B.A. from Michigan State University
Psychology and Anthropology

M.S. from Vanderbilt University
Community, Research, and Action

M.Ed. From Vanderbilt University
Human Development Counseling:
School Counseling and
Clinical Mental Health

Experience

I started my post-grad career as a school-based therapist before becoming an elementary school counselor. Social and emotional learning in youth is my passion, whether through large group prevention, individual intervention, or parent and teacher education! I have been at my current school for 5 years now, providing a comprehensive school counseling program.

Philosophy

- I only sell resources that I create for my own students and use first with them!
- All of my work is rooted in evidence-based instructional, SEL, and/or therapeutic practices.
- My aim is to make things **effective** and **engaging** for wiggly learners and use wording accessible to underserved and EL populations.

Connect With Me!

